

AGAWAM

Advertiser News

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"Your Hometown Newspaper"

Volume XXIII Number 13

March 30, 2000

This Program Is Going To The Dogs!



ON A RECENT TUESDAY AFTERNOON, Agawam Middle School students in the "Link-Ages" program visited the residents at Heritage Hall South. Together, they made dog biscuits which were distributed to the MSPCA in Springfield and the Thomas O'Connor Shelter in Chicopee. From left to right: Analysa Haupt, Meghan Henry, Lynn Henry, Samantha Impionbato, and Ariana Galdamez. (See related photo and story in "Education.") Advertiser News

photo by Kathy Shepard.



STATE REP. DAN KEENAN shown at his new office at 375 Walnut Street Extension, Agawam. Advertiser News photo by Kathy Shepard.

Honored By The Hampden County American Legion...

State Rep. Daniel F. Keenan Named "Legislator Of The Year" For 1999

State Representative Daniel F. Keenan (D-Southwick) was recently honored as Legislator of the Year for 1999 by the Hampden County American Legion. Representative Keenan was acknowledged for his hard work and dedication to issues facing veterans.

The Legion specifically recognized Keenan for his work in establishing the first state-operated Veterans' Cemetery in Massachusetts. The cemetery will be located in Agawam, and it is expected to be finished by the fall of 2000.

The veterans also applauded Keenan's effort as part of a sub-committee that drafted legislation eliminating the tax on veterans' pensions. Previously, Massachusetts was the only state taxing those pensions.

"When we needed Dan's efforts, he was there for us. Dan led the fight in the House for the cemetery funding and the elimination of the tax on veterans' pensions," said Paul Morin, State

For A New AHS Principal...

Search Committee To Hold First Mtg. On April 6th

The search for a new Agawam High School principal will commence in earnest next week when the recently appointed search committee holds its first meeting.

According to Deputy Superintendent of Schools Donald J. Charest, the 10-member committee will meet on Thursday, April 6th to discuss ground rules on how the search will be conducted, as well as reviewing the credentials of those who have applied for the job.

Charest will serve as the committee's chairman. The deadline to apply for the post, which became vacant when former Principal Joseph Zabielski resigned on February 14th, is Friday, March 31st.

Charest said at presstime that he believes "eight to 10 people have applied so far."

"I admit to being surprised that we have not received more applicants," noted Charest. "I talked to other schools with similar vacancies and they have reported basically the same kind of response. I would expect to receive a few more before the March 31st deadline," Charest added on Wednesday morning.

Submit A Group Of Finalists

The committee will be charged with submitting a small group of finalists out of the pool of applications for Superintendent of Schools Frank A. Ameruso to consider. Ameruso has stated he will work with the committee to screen applicants' credentials and to conduct on-site visits to those applicants who reach the final stages of the process.

SEE SEARCH COMMITTEE - Page 2...

SEARCH COMMITTEE - from Page 1...

Ameruso is solely responsible for making the final decision on who will receive the job. Charest said he hopes to have the new principal on board sometime in August.

Charest told us each search committee member will receive the applications of all individuals who applied for the job. Charest will remove the name and address of each applicant. "This is being done so that the main focus will be on the resume and not on who the person is and where he or she may come from. Of course, names and addresses will become known once we begin paring down the list of applicants," said Charest.

Charest would not comment if any of the applicants are currently working for the Agawam School Department.

List Of Committee Members

Committee members include Mary Czajkowski, assistant superintendent of schools; Kevin Littlefield, Junior High principal; Susan Pettazzoni and Rosemary Sandlin, School Committee members; Frank Meagher, Agawam High guidance counselor; Dorothy Martin, Agawam High faculty member; Doris Schuh and Frank Buoniconti, community members; and Mary Elizabeth Dupelle, an Agawam High senior who is representing the student body.

Charest said he selected the committee primarily by using a lottery system. "For example, all seven School Committee members volunteered to serve on the search committee and I picked Mrs. Sandlin's and Mrs. Pettazzoni's names from a hat."

With Deputy Principal Paul Cavallo continuing to serve as the acting principal, Ameruso appointed Junior High Assistant Principal Marc Costanzi as the full-time acting deputy principal at AHS for the remainder of the school year.

To fill the void at the Junior High, Ameruso has brought in former Ludlow High Principal James Cavallo as the full-time assistant principal for the remainder of the school year. The two Cavallos are brothers.

* * *

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter...

April 8th Breakfast Mtg. For Agawam Republican Comm.

The Agawam Republican Town Committee will hold a breakfast meeting on Saturday, April 8th, at 8:30 a.m. at the Oak Ridge Country Club in Feeding Hills.

The agenda will include the regular monthly business meeting and the election of officers for the next two years.

Ron LaRiviere, committee chairman, asks that all members of the committee attend this meeting to elect the officers. Anyone interested in becoming an active member of the Republican Town Committee is also invited to attend this meeting.

Agawam Sister City Comm. Seeking New Commissioners

Joseph F. Langone, chairman of the Sister City Commission, has announced that any Agawam resident desiring to serve as a commissioner may submit a letter requesting appointment to Mayor Richard A. Cohen, c/o Town of Agawam, 36 Main Street, Agawam, MA 01001.

The recent passage of the Sister City Commission Ordinance, which fixed the number of commissioners at 30, has created approximately 10 vacancies.

Interested individuals must submit their letters no later than Thursday, April 20th.

Classified ads in the Advertiser News cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 14 Southwick Street (in the Crossroads Shoppes), Feeding Hills, or mail them (with payment) to P.O. Box 263, Feeding Hills, MA 01030.

LEGAL NOTICE**LEGAL NOTICE**

PUBLIC NOTICE TO THE COMMUNITY
Heritage Hall East Center
Genesis Eldercare Network
464 Main Street
Agawam, MA
(413) 786-8000

The Joint Commission on Accreditation of Healthcare Organizations will conduct a triennial accreditation survey of this organization on April 11-14, 2000. The purpose of the survey will be to evaluate the organization's compliance with nationally established Joint Commission standards. The survey results will be used to determine whether, and the conditions under which accreditation should be awarded the organization.

Joint Commission standards deal with organizational quality of care issues and the safety of the environment in which care is provided. Anyone believing that he or she has pertinent and valid information about such matters may request a public information interview with the Joint Commission's field representatives at the time of the survey. Information presented at the interview will be carefully evaluated for relevance to the accreditation process. Requests for a public information interview must be made in writing and should be sent to the Joint Commission no later than five working days before the survey begins. The request must also indicate the nature of the information to be provided at the interview. Such requests should be addressed to:

Division of Accreditation Operations
Organization Liaison

Join Commission on Accreditation
of Healthcare Organizations
One Renaissance Boulevard
Oakbrook Terrace, IL 60181

The Joint Commission will acknowledge such requests in writing or by telephone and will inform the organization of the request for any interview. The organization will, in turn, notify the interviewee of the date, time, and place of the meeting.

This notice is posted in accordance with the Joint Commission's requirements.

Published: March 30, 2000

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you for your cooperation in this matter...

SCOTT M. HIBBERT

Attorney at Law

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Prices Effective Through Saturday, April 1st

1360 Springfield Street

786-8471

Feeding Hills Center

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APRIL WINE SPECIALS

Franzia (5 Ltr. Box) Chardonnay, Merlot, White Zinfandel, Cabernet \$10.99 Chablis, Burgundy, Rhine, Blush, White Grenache \$7.49	Woodbridge (1.5 Ltr.) Merlot, Cabernet, Chardonnay \$10.99 White Zinfandel, Sauvignon Blanc \$8.99	Carlo Rossi (4 Ltr.) All Flavors \$7.49
Gallo Livingston Cellars (3 Ltr.) Cabernet, Merlot, Chardonnay \$8.99	Kendall Jackson (750 ml.) Chardonnay - \$10.99 Cabernet - \$12.99 Merlot - \$12.99	Jacob's Creek (750 ml.) Chardonnay - \$5.99 Merlot - \$6.99 Cabernet - \$6.99

APRIL LIQUOR SPECIALS

Absolut Vodka (1.75 Ltr.) \$24.99	Bailey's Irish Cream (750 ml.) \$15.99	Crown Royal (1.75 Ltr.) \$32.99	Seagram's 7 (1.75 Ltr.) \$14.99	Cutty Sark (1.75 Ltr.) \$22.99	J & B (1.75 Ltr.) \$28.99	Seagram's Gin (1.75 Ltr.) \$13.99
Kahlua Combos - 4 Pk. Sombrero, Mudslide, Toasted Almond, White Russian, B-52, Bushwacker 2 For \$8.99		Jack Daniels - 4 Pk. Lynchburg Lemonade, Down Home Punch, Tennessee Tea, Blackberry Jack, Watermelon Spike, Hurricane Punch, Wild Berry Jack \$3.99		Bacardi Breezers - 4 Pk. Calypso Berry, Key Lime, Watermelon, Bahama Mama, Pina Colada, Strawberry Daiquiri, Purple People-Eater, Applelicious \$3.99		

APRIL BEER SPECIALS

Miller Lite (30 Pk. Cans) \$16.99	Coors Xtra Gold (30-Pk. Cans) \$11.49	Killian's Irish Red (12-Pk. Btls.) \$9.99	Rolling Rock (12-Pk. Btls.) \$7.99	
Longtrail Ale (12-Pk. Btls.) \$10.99	Guinness Pub (8-Pk. Cans) \$9.99	Harp (12-Pk. Btls.) \$10.99	Beamish (4-Pk. Cans) \$4.99	J.W. Dundee Honey Brown (12-Pk. Btls.) \$6.99

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WESTFIELD
568-8343

MRS. PHIPPS
RTE. 20
WESTFIELD
568-4377

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Letters To The Editor

Parks & Rec. Director Pleased With Winter Basketball Season

To The Editor:

I would like to take this opportunity to thank everyone who participated in the Agawam Park and Recreation basketball program this past winter.

Last weekend closed the season for both the Instructional Program for first- and second-graders and the In-Town Program for children in grades three through eight.

All-in-all, we had nearly 600 children in these two programs on 58 different teams. That means we had 58 dedicated volunteer coaches and assistant coaches who gave their time to run weekly practices and coach games every weekend since January. Thank you for your time and hard work.

Programs of this magnitude cannot run without the support and hard work of volunteers who give more than can be mentioned. Assisting with the organization and management of these leagues were eight commissioners.

Thank you to Tom Locke, Ralph Myers, Anthony Toto, Ray Francis, Guido and Paula Winter, Tom Tierney, and Mary Ellen Fydenkevez for your support and the time you put in to guarantee the success of our basketball programs.

Finally, thank you and congratulations to all the players, who had a tremendous season.

Sincerely,
Christopher M. Sparks
Director of Parks & Recreation

Please Express Your Views About Full-Time Kindergarten

To The Editor:

Dear Parents Of Any Kindergarten-Age Children For Fall Of 2000:

I am writing this to you in response to the "workshop" that was held on March 21st at the Agawam Junior High School. This program was held to discuss the proposal of adding more full-time kindergarten slots in the Agawam School System for the upcoming school year.

This "pilot program," as Dr. Ameruso presented it, would open up a total of 84 full-time slots for the next school year, in comparison to the 27 current slots in the "integrated" program. The beauty of this program is that it still gives the right of the parent to choose to have their child attend the half-day program, as those will still be available at each elementary school.

The full-time slots would still be filled on a lottery basis, but at least there would be opportunities in each of the schools, instead of only Robinson, Clark, and Granger. It would also get away from referring to the all-day program as the "integrated program," which carries a certain stigma for those Special Educational Needs children in the program, and still call it the full-day program.

Of the Mayor and the other School Committee members, there appears to be a split in the opinion of if this would be best for our children for the coming school year. Some of the Committee members feel that until we can afford to offer a full-day slot to every enrollee, then the program should not be started. This again would simply be a pilot program and would offer a strong foundation for everyone concerned to form an educated opinion on the total program.

What those same Committee members appeared to fail to realize is that not every parent wants full-time kindergarten for their child, but for those of us who do, we only have a small number of chances for full-time slots within the current system.

I personally took great offense to Mrs. Linda Galarneau's statement during the meeting that "the majority of the parents who are in favor of an all-day program are simply looking for an alternative to paying day care costs." SHAME ON HER! It is truly unfortunate that Mrs. Galarneau has such a poor opinion of a large part of her voting public.

We taxpaying parents are concerned about the best education for our children, and while day care is a consideration for all working parents, I would never forego the best interests of my child simply to avoid paying day care. In fact, I have been faced with that exact issue in the past and chose the part-time program and day care expenses because it was what was best for my child.

I am publicly pleading with all parents who have a child who will be entering kindergarten in the next year to write to the members of the School Committee to consider Dr. Ameruso's pilot program for the upcoming school year, and give those of us who wish the opportunity for our children to attend full-day kindergarten a chance.

Mrs. Galarneau spoke about the possibility of charging for the program. Although I would not be opposed to paying a fee (I do so now for my son to attend Perry Lane), I do not feel it is fair to afford the full-day program to a select few who enter into the "integrated" classrooms as peers for no charge and then charge the rest of us who are not so lucky.

Since we are the ones who put these School Committee members in office, shouldn't we be letting them know our opinions on the subject? Again, I urge you to "cast your vote" with one of the School Committee members on how you feel about the offering of more full-time kindergarten slots in Agawam.

As it should be with everything else in our children's lives, shouldn't we have the right to choose what form of kindergarten is best for them?

Sincerely,
Donna Viens
Agawam

Civil Servants Should Not Ignore Their Primary Duties

To The Editor:

Hidden and sometimes well-concealed in our society exists a group of civil servants who for whatever reasons, choose to ignore their primary function and duty as public servants.

Some are elected officials, others are merely appointed by elected officials. When they choose to perform in a manner not conducive to the best interest of the public, then a breach of conflict erupts. It can be best described as abuse of authority!

This is a country that based its origin on a simple yet pronounced democratic structure! It was conceived, united, and formed as a society that would be governed by and for the people. In a simplistic yet profound manner, our forefathers, in their infinite wisdom, took care and great strides to guarantee us certain unalienable rights. Having left a society denying its citizens freedom of choice served as a great incentive to reject such a culture. Doctrines were drafted to guarantee and forbid any form of government to attempt to rule in an oppressive manner!

The Constitution was the first doctrine conceived to outline and guarantee specific laws. As time went by, our forefathers recognized the need to both amend and add to the original doctrine. This new addendum is referred to as the Bill of Rights. They both serve as our laws and a constant reminder our society functions as a total concept, by the people, for the people!

Public officials are chosen through the elective process by the people. Not vice-versa. Having made our choices, we labor under the assumption they will labor for our benefit. We provide the opportunity and the means for these individuals to administer to our needs and our desires - not vice-versa.

In 1854, the state of Massachusetts further enhanced the people's right to question any and all public employees. The law is known as the Freedom of Information Act. It has since become a federal law!

The law insures our right to question the acts of public servants in the performance of their duties. It also, by question, insures the proper disbursements of all public funds at their disposal. All replies are mandatory within a

specified time-frame and can be considered a vital tool in a legal sense.

This law can be incriminating and very intimidating when applied properly. Answered properly, it can be the means to expose any improprieties by the individual questioned. When this is recognized is when the abuse of authority is likely to veer its ugly head!

Though a civil servant has at times a right to exert his authority in certain instances, he or she does not have the right to indiscriminately apply his power for personal reasons or staff members.

At the moment, I have two alleged trespassing restraints applied in my name by the former mayor and the present Executive Director of the Agawam Housing Authority. Both pertain to areas in the Agawam Senior Center. The first applies to Mrs. Beltrandi's office, work area, and staff. The second applies to Richard Mundo's office, work area, and staff.

Both were issued without a meeting or show cause hearing!! I view both restraints as a definite infringement upon my civil rights, and am in the process of challenging both. Based on the Freedom of Information Law, I have discovered damaging and embarrassing acts of indiscretion.

Attempts to protect both offices and staff and to hinder my efforts to gather more information is the only reason for both restraints. Both restraints are a definite abuse of authority as defined under the Bill of Rights.

Both Mrs. Beltrandi and Richard Mundo have shown an arrogance and a willingness to both ignore and to answer untruthfully to many of the questions I have raised under the Freedom of Information law.

Vincent Talevi
Agawam

Smoking Ban Has Not Hurt All Agawam Restaurants

To The Editor:

Now here is an interesting observation and commentary on the enactment of the no smoking rules for Agawam restaurants.

Isn't it great to have clear, clean air without the stench of tobacco smoke on your clothes?

There are three restaurants within close proximity of each other — Partners, American Classics, and Fran's. They are of the same general type — i.e., open for breakfasts and lunches.

The owner of Fran's has consistently indicated what the tragic consequences and heavy loss of business he has and does suffer with the no smoking ban, how government is trampling and interfering with our personal freedom, etc.

While this "tragedy" exists at Fran's, the owners of Partners and American Classics tell me they have had a very definite, significant, and dramatic increase in business since the smoking ban went into effect.

Dave MacWilliams at American Classics tells me he noticed the increase almost immediately, and it continues. Partners has former customers returning since the ban.

It does appear that the age-old business axiom remains true. Provide the customer with good service and product at a fair and reasonable price, you'll get your share of the business ... and in this case, without smoking.

John S. Mullen
Feeding Hills

SEE LETTERS -
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The Agawam Advertiser•News

786-7747

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786-8137

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LETTERS - from Page 4...

Seeking Help With Gold Award Proj. At State Park

To The Editor:

What is the Gold Award? The Gold Award I am writing about is the accumulation of many years of community service, interest project patches, selling cookies, summer camp, and dedication to a dream. Unknown to me for many years but started in first grade when I joined a Brownie Troop at Phelps School in Agawam.

The Gold Award is the Girl Scout's highest award a young woman can achieve. The Gold Award is similar to the Boy Scout Eagle Award. I chose Robinson State Park in Agawam for my Gold Award project. Cleaning, remarking hiking trails, and organizing the reconstruction crew for a bridge.

This bridge has deteriorated over years. There is another bridge that needs repair. Other people are interested in making one of the trails handicap accessible and a naturalist wants to mark rare and unusual plants for everyone to enjoy.

I sent out 50 letters to ask for volunteers from Girl Scouts and Boy Scout leaders. After holding two meetings on the project, I found that I need more people to help. If you should have April 8th or 9th open and are willing to help, please come.

Even if you only have an hour or two, it would be appreciated.

If you have any questions, please call Joe the Ranger at Robinson State Park regarding the Gold Award Project.

Maryann Connor
Agawam

On May 6th At The Oaks...

Public Is Invited To Retirement Dinner & Dance For Veterans' Agent Ruth Carr Bitzas

A gala Retirement Dinner & Dance is scheduled to be held Saturday, May 6 for Ruth Carr Bitzas, Agawam Veterans' Agent and Director of the Western Hampden District, who will be retiring on April 14th.

The event will be held at The Oaks, 1070 Suffolk St., Agawam as a tribute to this outstanding advocate for veterans the past 18 years.

Deadline for reservations is April 30th. A cocktail hour will be held from 6:00-7:00 p.m., with dinner at 7:15. The menu will include choice of prime rib of beef or baked filet of scrod. Cost is \$30 per person and tables of 10 are available.

Fire Wise...

by Fire Chief David Pisano
Spring Cleaning...

When it's time for spring cleaning, remember a clean house is a safer house.

The Agawam Fire Department reminds you that trash, boxes, piles of clothes, and other combustibles in the home are fuel for a fire. Getting rid of them will help reduce the chance of fire in your home.

When storing heating devices to be used again next winter, make sure electric cords are not frayed or separating. Remember to remove kerosene before storing your kerosene heater. Often overlooked is the electric blanket. Follow the washing, care, and storage instructions that come with the blanket.

Clean out storage areas such as garages, attics, closets, sheds, and basements on a regular basis. Even warehouses are limited to the amount of storage they can safely keep.

Don't allow areas in your home to become tempting fuel for a fire. Throw away or give away items you are no longer using. Clutter gives fire a place to start and creates obstacles that might prevent escaping safely.

Oily rags can ignite without a heat source because they produce their own heat. Throw them out or store them in a closed metal container. This includes dusting rags used with a furniture polish or spray.

For further information, contact the Agawam Fire Department at 786-2662.

Regular Town Council Meeting Agenda For Monday, April 3rd

1. Citizen's Speak Time
2. Roll Call
3. Moment of Silence and the Pledge of Allegiance
4. Minutes - Regular Council Meeting of 3/20/2000
5. Declaration from Council President
6. Presentation of Petitions, Memorials & Remonstrances
 - (a) Resolutions
 1. TR-2000-14- A Resolution Adopting Fiscal Year 2000 Supplemental Operating Budget II for the Town of Agawam (Mayor)(Tabled on 3/20/2000)
7. Report of Council Committees
 - Comm. on Rules - Coun. Bonavita
 - Comm. on Ordinances - Coun. Morassi
 - Comm. on Utilities - Coun. Mineo
 - Comm. on Licenses - Coun. Simpson
 - Comm. on St. Acceptances - Coun. Servis
 - Comm. on Finance - Coun. Young
 - Comm. on Zoning Review - Coun. Letellier
 - Comm. on Traffic and Street Safety - Coun. Perry

8. Elections

None.

9. Public Hearings

None.

10. Old Business

(a)

1. TO-2000-24-Transfer-\$30,000 from Reserve Fund (16605-57300) to DPW-Motor Vehicle Maint. Division-Fuel and Lube (14903-52130)(Mayor).

2. TO-2000-25-Transfer-\$2,000 from Reserve Fund (16605-57300) to the following:

\$1,000 to Treasurer/Collector-Salaries (11381-51010)

\$1,000 to Town Clerk-Salaries (11611-51010)(Mayor).

3. TO-2000-26-Application for License for four (4) automatic amusement devices for Joey's Pub 147, Inc., 827 Spfld. St., FH, MA.

4. TO-2000-27-Application for License for One (1) automatic amusement device for Luigi's Pizza, 7 So. End Bridge Circle, Aga., MA.

5. TO-2000-28-Renewal of Junk Dealer License: Block Jewelers

6. TO-2000-29-Renewal of Junk Dealer License: John Rosati d/b/a John's Trucking of Agawam, Inc.

7. TO-2000-30-Renewal of Junk Dealer License: T's Jewelers.

— ADVERTISER NEWS —



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— Agawam Obituaries —

Charles R. Granger

Charles R. Granger, 64, of 19 Orlando Street, Feeding Hills, died recently at Noble Hospital in Westfield.

He was a school courier and was previously the 35-year owner of Granger Trucking in Feeding Hills.

Born in Springfield, he lived in Feeding Hills for most of his life and was a 1953 graduate of the Agawam High School AG class.

He was a peacetime Army veteran, a 20-year former commissioner of the Springfield Street Cemetery Association, and a member and head trustee of Valley Community Church.

His first wife, the former Patricia A. Cleary, died in 1973.

He leaves his wife, the former Lois J. Vincelette; two sons, Charles R. Jr. of Feeding Hills and Matthew F. of Westfield; three daughters, Alice T. Granger of Peekskill, New York, Lynn S. Macey of North Grafton, and Christine A. Cowles of Feeding Hills; a sister, Joyce Grygeil of California; and two grandchildren.

The funeral was held in the church, with burial in Springfield Street Cemetery. Agawam Funeral Home was in charge of the arrangements.

Memorial contributions may be made to the church, 152 South Westfield Street, Feeding Hills, MA 01030.

Alfred L. Roberts

Alfred L. Roberts, 77, of Agawam, died recently at home.

He was 30-year sheet metal mechanic at William A. Hurley Plumbing and Heating in Springfield, and retired as field supervisor in 1991.

Born in Springfield, he was a graduate of the former Springfield Trade School.

An Air Force veteran who attained the rank of sergeant, he served with the 511th Fighter Squadron and was involved in air offensives in Europe, Ardennes, Central Europe, Normandy, Northern France, and Rhineland.

He received the American Service Medal, the Distinguished Unit Badge, and the European-African-Middle Eastern Service Medal.

He was a member of Agawam Congregational Church and the Academy of Model Aeronautics Association.

He leaves his wife, the former Audrey M. Guilbo; a son, Ross of Worcester; three stepsons, Richard Whitney and David Whitney, both of Agawam, and Jeffrey Whitney of Concord, New Hampshire; two stepdaughters, Charlene Collins and Laurie Whitney, both of Agawam; and several grandchildren.

The funeral was held at Colonial-Forastiere Funeral Home, with burial in Agawam Center Cemetery.

Stanley W. Peritz II

Stanley W. Peritz II, 56, of Agawam, died Tuesday, March 28th, at home.

He was a staff accountant for Arthur Anderson & Co. for several years. He also worked for Aetna Life Insurance Co. of Hartford, CT, from 1976 to last year, when he joined Anthem Blue Cross Blue Shield of Connecticut Medicare as an auditor.

Born in Springfield, he lived in Longmeadow and was a graduate of Agawam High School.

He attended the University of Indiana, the University of Maryland Europe, and received a bachelor's degree in accounting from American International College in Springfield.

He was an Air Force veteran.

He was a past master of DeMolay in West Springfield, a past master of Charles C. Spellman Masonic Lodge, a member of the directors unit of the Melha Shrine Temple, and a past patron of Corona Chapter 205 of the Eastern Star.

He was most recently the most wise master of the Springfield Rose Croix Chapter of the Scottish Rite Bodies.

He leaves his wife, Laura Peritz of Longmeadow; a son, Kevin of Enfield, CT; a daughter, Kimberly Peritz of Longmeadow; his companion, Judy Neylon of Agawam; and a granddaughter.

The funeral will be held on Friday morning, March 31st, at Forastiere-Smith Funeral Home of East Longmeadow, with burial to be scheduled. Calling hours were scheduled for the afternoon and evening of Thursday, March 30th.

Memorial contributions may be made to the Shriners Hospital for Children, 516 Carew Street, Springfield, MA 01104, or the Muscular Dystrophy Walk-A-Thon, in care of the Eastern Star, 14 Callender Avenue, East Longmeadow, MA 01028.

Lino C. Gatti

Lino Charles Gatti, 80, of Oak Hill Avenue, Agawam, died Tuesday, March 28th, at home.

He worked at Southworth Paper Co. for 39 years and retired in 1985 as an assistant foreman.

He was a lifelong resident of Agawam.

He was an Army veteran of World War II and served in the Asiatic-Pacific Theater.

He was a member of the St. Anthony of Padua Holy Name Society and the Victor Emanuel Society. He was also active with the Stigmatine Chapter 99 Scholarship Fund, the Tri-Parish Bowling League, and Golden Agers Chapter 1.

He received the 1988 Father Joseph Massaro Award.

He leaves his wife, the former Dolores M. Larese; a son, Louis F. of Grand Island, New York; three daughters, Lisa G. Whelan and Lynn G. Walton, both of Lynnfield, and Dina G. Bona of

Salem; a sister, Angela Gatti of Agawam; and 10 grandchildren.

The funeral will be held on Friday morning, March 31st, at Toomey-O'Brien Funeral Home and the church, with burial in St. Thomas Cemetery. Calling hours were scheduled for the afternoon and evening of Thursday, March 30th.

Memorial contributions may be made to St. Anthony of Padua Church, 108 Bridge Street, Agawam, MA 01001, or Stigmatine Chapter 99, P.O. Box 3843, Springfield, MA 01101.

William L. Warriner

William L. Warriner, 81, of 30 Rosewood Lane, a Navy veteran of the Pearl Harbor attack, died recently at home.

He served in the Navy for 20 years and was a chief hospital corpsman in the Pacific Theater during World War II. He survived the Japanese attack on Pearl Harbor, Hawaii, on December 7, 1941.

He was an area agent for Mutual Trust Insurance Co. of Chicago.

Born in Springfield, he lived in Agawam for many years and graduated from Agawam High School.

He lived in Southwick since 1958 and was a member of the Congregational Church.

He belonged to the Pearl Harbor Attack Survivors and American Legion Post 338.

He leaves his wife of 51 years, the former Florence Ring; a son, Bill of Dummerston, Vermont; and a granddaughter.

The funeral was held at the church, with burial at the convenience of the family. Southwick-Forastiere Funeral Home was in charge of the arrangements.

Memorial contributions may be made to the church at 488 College Highway, Southwick, MA 01077, or the Visiting Nurse Association-Hospice of Western Massachusetts, 50 Maple Street, Springfield, MA 01102.

Justin T. Lepore

Justin T. Lepore, the infant son of Thomas F. and Melinda M. (Wright) Lepore of Feeding Hills, died recently at Baystate Medical Center in Springfield.

Besides his parents, he leaves a brother, Josh H., and a sister, Jessica M., both at home; his grandparents, Linda and Larry Wilson of Easthampton, and Brenda Wright of Greenfield; and his great-grandparents, Albert and Carmella (Buoniconti) Lepore of Feeding Hills.

The funeral was held at West Springfield Curran-Jones Funeral Home, with burial in St. Thomas Cemetery.

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From Eleanor & Family



Families

On April 1st And May 13th...

Jr. Women's Club To Hold Scholarship Raffle On Two Dates

The Agawam Junior Women's Club is sponsoring a Scholarship Raffle on Saturday, April 1st, at Stop & Shop from 10:00 a.m. to 2:00 p.m., and on Saturday, May 13th, at Geissler's from 10:00 a.m. to 2:00 p.m.

The first prize is a photo session and an 11x14 framed portrait at a sitting location of your choice for your entire family, provided by Creative Images Photography (a \$500 value). The second prize is a basket of memories (valued at \$50), and the third prize is a memory album kit (valued at \$50).

The drawing will take place on Saturday, May 13th, at 2:00 p.m. at Geissler's. Winners need not be present to win.

Tickets may be obtained by mail (\$1 per ticket or \$5 for a book of six) through the Agawam Junior Women's Club, P.O. Box 332, Agawam, MA 01001, and your name will be entered in the drawing. You may also purchase a ticket from any club member. Entries by mail must be received before May 12th to be considered.

The proceeds from the raffle will benefit the Agawam Junior Women's Club Scholarship Fund, which helps Agawam High School students who are attending a two-, three-, or four-year college.

The Agawam Junior Women's Club is a member of the General Federation of Women's Clubs, Junior Membership.

Shannon Bielitz Becomes Bride Of Christopher Johnson

Shannon and Christopher Johnson were united in marriage on October 2, 1999 at St. George's Church in Chicopee Falls. Following the ceremony, a reception was held at the Sheraton Hotel in downtown Springfield. Parents of the bride are Dennis and Doris Bielitz of Agawam. The bridegroom's parents are Linda Johnson of West Hartford, Connecticut and John Johnson of Middletown, Connecticut.

Laura Bielitz (AHS 1993) attended her sister as maid of honor, and Carl Winkeler served his cousin as best man.

Bridesmaids included Jeanellen Heacock, Denise Polizzi, Kristen Schmaeizle (AHS 1995), Michele Wootten, and Cindy Zielenski (AHS 1991).

Serving as groomsmen were David Comora, Angelo Contino, Eric Freiler, John Korzendorfer, and David Rees.

Kyra Lacasse served her cousin as flower girl and Jack Polizzi served his uncle as ring bearer.

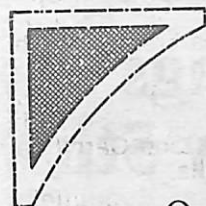
The bride is a 1991 graduate of Agawam High School and a 1995 graduate of Worcester Polytechnic Institute. The groom is a graduate of Rensselaer Polytechnic Institute and is pursuing a Master's in Business Administration at Rutgers University. Both are employed at Becton Dickinson in Franklin Lakes, New Jersey.

The couple resides in Hewitt, New Jersey.



MR. & MRS. CHRISTOPHER JOHNSON

PLEASE PICK UP YOUR "OLD" PHOTOS: If you've brought photos to our office for wedding announcements, scouting events, athletic teams, etc., we encourage you to pick them up during the month of April. As of April 30th, we will be disposing of all unclaimed photographs ... ADVERTISER NEWS.



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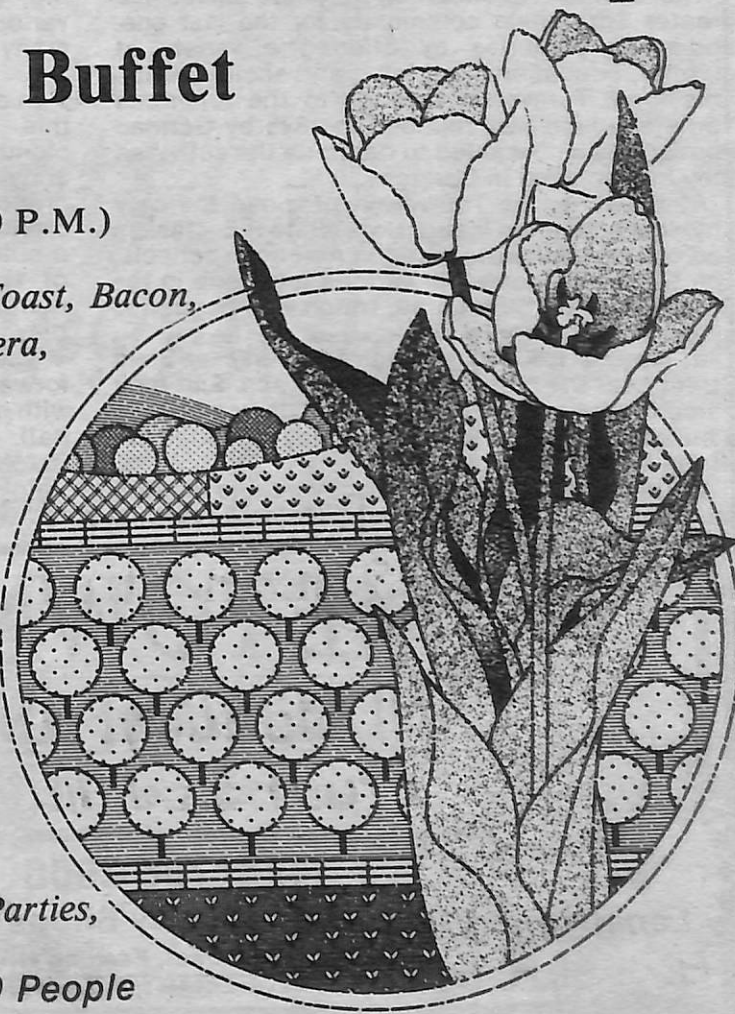
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IN LEFT PHOTO: Agawam Fire Chief David Pisano accepts a donation from Joann McGeoghan, co-president of the Agawam Lioness Club. **IN RIGHT PHOTO:** McGeoghan presents a check to Agawam Public Library Director Donna Campbell to be used for the purchase of large print books. Advertiser News

photos by Kathy Shepard.

Agawam Lioness Club Makes Donations To Agawam Fire Dept. & Public Library

The Agawam Lioness Club made a generous donation to the Agawam Fire Department to help purchase safety equipment recently, as well as a very generous donation of \$800 to the Agawam Public Library to purchase a new selection of large print books for the elderly/visually handicapped.

The Lioness Club has been very supportive of the Fire Department over the past few years, making donations towards the thermal imaging camera and dive rescue equipment.

For many years the Lioness Club has provided essential support for library services by making an annual donation. Large print books printed in special 16- to 18-point type are of tremendous value to the visually handicapped who cannot read standard type.

People whose vision problems once forced them to give up reading altogether just at a time when they had more leisure time for reading can now read for themselves with large print books. In fact, ophthalmologists report that large print

books can enable even some classified as legally blind to enjoy reading again.

Since large print books are far more expensive than regular books with little or no discount, such donations from the Agawam Lioness Club are all the more critical for the library to adequately fund these vital services in these harsh economic times. Stop by the library soon to see an exciting new selection of large type books identified with Agawam Lioness Club gift plates.

On Saturday, April 8th...

Springfield Turnverein To Celebrate 145 Years With Dinner & Dance

On Saturday, April 8th, the Springfield Turnverein will celebrate its 145th anniversary with a dinner and dance at its facility on Garden Street in Feeding Hills.

The social hour will start at 6:00 p.m., followed by a dinner of chicken cordon bleu and dancing to the Richie Mitnick Duo. Members of the community are invited to join the festivities.

Admission is \$12.50; call 786-0924 for reservations.

The German-American society has served the greater Springfield community for the last one-and-a-half centuries by offering a variety of cultural, educational, athletic, and social events. This local Turnverein belongs to the American Turners, which was founded in 1845 by German immigrants who wanted to continue the activities they had enjoyed in Germany.

At the time, the Turnverein provided the only physical education instruction, since P.E. classes had not yet been introduced in American schools. The Club was located in various locations in the State and Main Street area, which was populated by German immigrants.

In May of 1883, they bought property on State Street near the present courthouse and built their home for the next 40 years. In 1929, they moved to a building on Round Hill, where they remained until the building of Route 91.

Currently, the Springfield Turnverein is located on beautiful property off of Garden Street in

Feeding Hills. The building consists of a gymnasium, bowling alleys, and a club room and dining hall. The lovely outdoor grounds contain a pond with a nature path around the pond, picnic area with barbeque pit, playground, and horseshoes.

Over the years, members and guests have enjoyed programs such as gymnastics for the young and older folks; bowling leagues; volleyball; basketball; fencing; ladies' and men's choral singing; German language lessons; dinners with dancing; golf; horseshoes; fishing; swimming; and various crafts. The community will remember many Oktoberfest celebrations.

In addition to the Anniversary Ball on April 8th, this 145th year will also feature a Fourth of July picnic and an August 19th Oktoberfest. Regular activities include the men and women's choral groups; bowling leagues; golf league; monthly dinner dances (often in the German tradition); and a cultural/educational event on the third Sunday of the month. On two Friday evenings each month, the Club is open for supper, and Bingo is played on Sunday evenings.

The members of the Springfield Turnverein look forward to celebrating their 145th anniversary with new friends and neighbors at the Anniversary Ball, the Fourth of July picnic, and the Oktoberfest.

For information on activities and membership, call the club at 786-0924.

Grand Opening For Six Flags On Fri., May 5th

Six Flags New England will have their Grand Opening on Friday, May 5th at 11:30 a.m. Come and celebrate this new chapter in Agawam history with Bugs Bunny and Friends, at the special opening ceremony.

After the ceremony, stay and tour the park and, perhaps, take an inaugural ride on New England's largest and fastest roller coaster.

Tickets to this event are available for a \$10 donation. All proceeds will benefit the building of a new Skateboard Park in the Town of Agawam. No one will be allowed into Six Flags on this day without a VIP ticket, only available at the Agawam Park and Recreation Office, 760 Cooper St.; Agawam Friendly's Restaurant, 19 Springfield St.; and Theory Skate Shop, 532 Main St., West Springfield.

Group tickets can be purchased by calling Chris Sparks, Director of Parks & Recreation, at (413) 821-0513. Come and enjoy the Six Flags Grand Opening festivities and support the building of a new Skateboard Park for the Town of Agawam.

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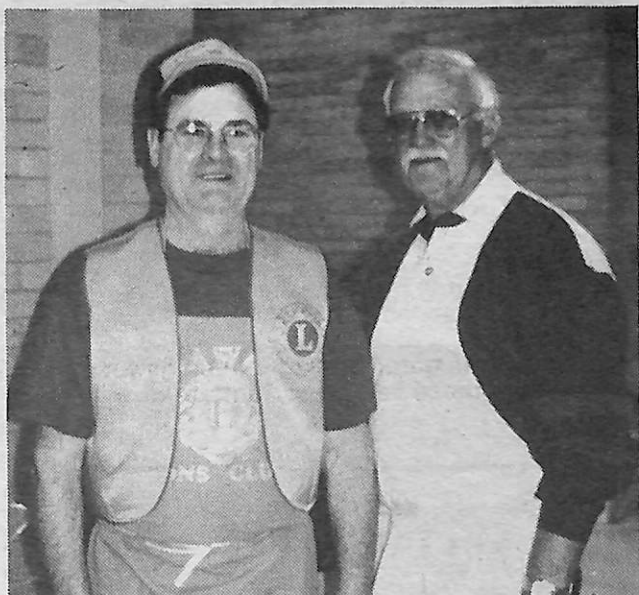
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Agawam Lions Hold Corned Beef Dinner...



IN LEFT PHOTO: Al Taupier and Mike Roy at the Agawam Lions Club's Corned Beef and Cabbage Dinner, which was held at the Agawam Middle School on Wednesday, March 15th. IN RIGHT PHOTO: Lioness Club members minding the bake sale table at the dinner — Joann McGeoghan (holding little Michael Johnson), Beverly Tetreault, and Bernice Burton. Advertiser News photos by Kathy Shepard.



Agawam Lions Club

Who are the Agawam Lions?
The Agawam Lions Club is a group of men and women who are dedicated to serving the community. They are known for their volunteer work and their commitment to helping those in need.

What do the Lions do?
The Lions Club is involved in a variety of community service projects. These include sponsoring youth sports, providing financial assistance to students, and organizing fundraisers for local charities.

What are the responsibilities of membership?
Members of the Lions Club are responsible for contributing to the club's efforts to serve the community. This can be done through financial contributions, volunteer work, or by simply being a part of the club's activities.

How do I become a Member?
To become a member of the Agawam Lions Club, you must first be recommended by two current members. Once recommended, you will need to complete a membership application and pay the initiation fee.

Member



CORNER BEEF LOVERS COME IN ALL AGES: J.T. McCarthy, M. Helen McCarthy, and Joseph McCarthy at the Lions Club's March 15th dinner. Advertiser News photo by Kathy Shepard.

RON WIENERS with membership information at the Lions Club's Corned Beef and Cabbage Dinner. Advertiser News photo by Kathy Shepard.

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Taking "Pride" In Their Dinner...



IN TOP PHOTO: Agawam Police Chief Robert Campbell (center), a member of the Agawam Lions Club, with two of his fellow "corned beef chefs" at the club's March 15th dinner. IN PHOTO BELOW: George Schlagel (standing, far right) socializes with Mr. & Mrs. Matt Blackak at the Corned Beef and Cabbage Dinner. Advertiser News photos by Kathy Shepard.



April 12th Seminar Dealing With Topics Of Interest For Seniors

There will be an exciting seminar, "Getting Your Own House In Order," for Council on Aging members and their families and guests to share information on a variety of topics of concern to seniors and their families.

The seminar will be held Tuesday, April 12th from 12:30-1:30 p.m. at the Senior Center.

Topics will include *Basics of Financial Planning*, *Health Care Proxy*, *Durable Power of Attorney*, *Estate-Tax 'Freebies'*, *Homestead Declaration*, and *Understanding Long-Term Care*.

The seminar will be presented by Jean M. Deliso, Representative of New York Life Insurance Co., and Julie Dialessi, Attorney with Murphy, McCoubrey & Auth, LLP.

The seminar will be informational in nature, designed to answer many of the questions seniors may have in these very important areas.

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Got A Hair, Nail, Or Beauty Problem? Send Us A Note, And We Will Answer It In Our Column...

Question: What can I do about those ugly age spots?

Answer: Age spots look like moles but are actually concentrated areas of pigment (brown spots) appearing on areas of the skin exposed to the sun over many years.

In some cases, heredity is a contributing factor. It usually shows up on the back, neck, arms, chest, and hands and increases the chances of skin cancer. There are treatment options, but first, check with a dermatologist to rule out skin cancer.

Options include:

Fade creams, which contain two-percent hydroquinone (bleaching agent), is used with glycolic acid moisturizer to smooth out the skin tone. It will gradually lighten, showing results within a few months. It does not show much effect on darker spots.

Retinoids is a prescription-strength vitamin A (Retin A and Renova) which fades discoloration and stimulates the growth of new, healthy cells. It can also be used with a prescription-strength hydroquinone for a more bleaching effect. This can be very drying and may take up to two or three months to see results.

Chemical peels are done by a dermatologist using 30- to 70-percent glycolic acid to remove age spots, wrinkles, and fine lines. Several peels are usually done within a month for best results.

Laser resurfacing is very popular for light-colored age spots with minimal pain. Recovery is a week or two with the cost from \$250 to \$2,500, depending on the size of the area(s) needed to be treated.

Laser removal is used for pigmentation problems such as dark age spots and tattoos. There is a mild to moderate pain factor, but a local anesthetic can be used for sensitive areas. Recovery time is about one to two weeks with a cost of about \$800 per session.

Whatever choice you make for your specific need, just remember that results may vary from one person to another. Don't compare yourself with others. Always investigate any specialist you may be considering and get more than one opinion. Your physician is a good person to get a recommendation from.

Remember to protect yourself from further sun damage and to prolong the results you've already accomplished by using a broad spectrum sunscreen product every day. Re-application is important if you are spending long periods of time outdoors.

Thought for a smile: a playful puppy with a new toy.

And remember ... Beauty is our Business!

The Litchfield Family Announces Birth Of Daughter, Rosalynn

Mark Litchfield and Sonia D'Alarcao of 280 Center Street, Bridgewater, MA, are proud to announce the birth of their daughter, Rosalynn Ines.

The baby was born on March 10, 2000 at 3:47 p.m. at Brockton Hospital.

Rosalynn's maternal grandmother is Wilma D'Alarcao of Bridgewater. Her paternal grandparents are Lynn and John Litchfield of Chestnut Lane, Agawam.

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Parish Cupboard Concludes "March Match" Fundraising

The Parish Cupboard, located at 1023 Main Street in West Springfield is coming to the end of its "March Match" fundraising efforts. On Wednesday, March 29th, the concert "Songs for Their Supper" emphasized that time was running out for donors to give to the area food pantry and soup kitchen so that funds are eligible for a match from the Feinstein Foundation.

Shawn Feinstein, a philanthropist from Providence, Rhode Island, challenged agencies like the Parish Cupboard with a percentage of his \$1,000,000 grant, based on the amount they bring in during the month of March.

Candy A. Boucher, Executive Director of the Parish Cupboard, and her family have presented two concerts as part of the fundraising effort, each raising around \$500.

"Songs for Their Supper" was the best way we knew to help raise funds to feed hungry people in our area," said Boucher, adding, "This concert took place on the front porch of the Parish Cupboard, so that I was able to share my music with our dinner guests and encourage townspeople who haven't contributed yet to come by and drop off their donation."

As of March 24th, the Parish Cupboard (formerly known as the West Springfield/Agawam Open Pantry) had raised \$14,585 toward its goal of \$20,000 for the month. The Parish Cupboard is the only food pantry and soup kitchen serving people in Agawam, Feeding Hills, and West Springfield. The agency serves approximately 1,000 people with food packages each month and serves over 1,000 hot meals each month.

According to Boucher, donations by March 31st at the Parish Cupboard are eligible for the matching funds. For further information, call her at 734-7969.

"Songs for Their Supper" was also my way to thank the 40 business and civic groups which have joined our advertising campaign; the 141 individuals who have sent donations thus far; and the churches which have participated in our 'March Match' fundraiser," said Boucher. "The concert was for our guests. Singing for them and serving them every day is my pleasure."

Fashion Show Scheduled By Italian Women's Club

The Italian Women's Club's annual Fashion Show will be held on **Sunday, April 16th** at Chez Josef, 176 Shoemaker Lane, Agawam.

For tickets, please call Patricia Camerota at 567-8313.

AFS Speakers...



AMERICAN INTERCULTURAL (AFS) STUDENTS spoke to the members of the Agawam Junior Women's Club at the organization's March meeting at the Captain Leonard House. From left to right: Ann Woodard (Junior Women's President), Elena Cattoni (from Italy), Marcelo Gonzalez (from Bolivia), and Betty Vershon (Chairwoman of the club's programs). Advertiser News photo by Kathy Shepard.

Agawam Lioness To Hold Ziti & Meatball Supper

The Agawam Lioness will be holding their Annual Ziti & Meatball Supper on April 13th.

The dinner will be at the Lion's Den, Big E grounds, from 5:00-7:00 p.m. The meatballs are homemade by the Lioness.

Cost for adults is \$5 and \$2.50 for children. Tickets may be purchased through any member of the Lioness Club or at the door.

For more information, call Joann McGeoghan at 786-1982.

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IZZY GESELL

Izzy Gesell To Speak At Chamber's Annual Breakfast

Izzy Gesell, well-known comedian and professional corporate speaker, will be the featured speaker at the Agawam Chamber's Annual Breakfast, sponsored by Six Flags New England on Wednesday, April 12th at Oak Ridge Golf Club.

The public is invited to hear Gesell speak to the business community on "Managing to Have Fun."

Tami Nelson, chair of the program committee, shared that the Chamber is "very lucky" to have Izzy make a return appearance in Agawam. According to Nelson, several years ago, Gesell had the local business leaders laughing out loud as he challenged them to use humor to manage stress. Gesell is originally from Brooklyn, New York, where he says a sense of humor is a survival skill. His clients include NASA, Hewlett-Packard, the IRS, HBO, and Lucent Technologies.

Also on the program are salutes to incoming and outgoing board members and to Chamber breakfast sponsor, Six Flags New England.

Reservations for the breakfast are \$12 and may be made by calling Laurie Brunelle at 755-1313.

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AHS's Class Of 1945 To Hold 55-Year Reunion

The Agawam High School class of 1945 will hold a 55-year reunion on Friday, June 9th, at Alexander's Restaurant in Feeding Hills at 6:00 p.m.

On Saturday, June 10th, there will be a luncheon at Storowton Tavern on the grounds of the Eastern States Exposition, starting at 12:00 noon.

The reunion committee is still trying to find the whereabouts of Rose Diliddo Douglas, David Cornfoot, and Elizabeth Magiera Carlson. If anyone has information about these people, please contact Rita Moore at 786-9094. Your help will be gratefully appreciated.

Please patronize your local businesses ... AAN!!!

Ag. Senior Center's Weekly Lunch Menu

Monday, April 3rd: Meatball stroganoff, egg noodles and carrots, whole wheat bread, bananas.

Tuesday, April 4th: Vegetable soup, turkey sandwich, broccoli salad, birthday cake.

Wednesday, April 5th: Chicken pot pie, tossed salad, breadsticks, tapioca pudding.

Thursday, April 6th: Strip steak, peppers and onions on a roll, scalloped potatoes, pears.

Friday, April 7th: Baked fish, rice Pilaf, pickled beets, rye bread, mixed fruit.

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Fresh Ground Round	
5 Lbs. Or More	\$2.49 Lb.
10 Lbs. Or More	\$1.99 Lb.
Fresh Ground Chuck	
5 Lbs. Or More	\$1.69 Lb.
10 Lbs. Or More	\$1.39 Lb.
T-Bone Steaks	\$4.89 Lb.
Porterhouse Steaks	\$4.99 Lb.
Boneless Center Cut Pork Roast	\$2.89 Lb.
Boneless Center Cut Pork Cutlets	\$2.99 Lb.
Grade "A" Chicken Breast	
Whole	\$1.19 Lb.
Split	\$1.39 Lb.

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Bananas	49¢ Lb.
Jumbo Size California Navel Oranges	49¢ Each
Cantaloupes	99¢ Each
Large Slicing Tomatoes	89¢ Lb.
Fresh Broccoli	99¢ Bunch
Red Onions	49¢ Lb.



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Land O' Lakes American Cheese	\$3.69 Lb.
Austrian Alps Imported Swiss Cheese	\$3.29 Lb.
Russer German Bologna	\$1.69 Lb.
Russer Virginia Baked Ham	\$2.99 Lb.
Citterio Rosemary-Flavored Ham	\$3.99 Lb.
Russer Cooked Salami	\$2.69 Lb.
Citterio Mortadella With Pistachio	\$2.89 Lb.
Thumann's Turkey Breast	\$4.99 Lb.
Store Made Meat Loaves	\$3.99 Each

SEAFOOD

Frozen Swordfish Steaks	\$4.99 Lb.
Large Sea Scallops	\$7.99 Lb.

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Hood 1% Low Fat Milk (Gallon)	\$2.19
Hood Skim Milk (Gallon)	\$2.29
Hood Orange Juice (½ Gallon)	\$1.39
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Church News

Saturday, April 8th...

Fountainhead Puppet Ministry To Visit Bethany In Agawam

Fountainhead Puppet Ministry is coming to Bethany Assembly of God in Agawam on April 8th. The puppet team is from the Pilgrim Orthodox Presbyterian Church in Bangor, Maine.

Fountainhead Puppet Ministry was founded in 1990 by Major James, Debra, and Leah Fader. They have performed at churches, nursing homes, and schools throughout the state of Maine and have also traveled to Connecticut, Rhode Island, Illinois, and Michigan.

Their performances are a combination of puppets, props, sign language, mime, drama, and music. The team ranges in age from seven to adult. "Their team has been practicing very hard and is very excited about coming to Agawam," said team leader Debra Fader.

This gold medal-winning team will be at Bethany Assembly of God on Saturday, April 8th, from 9:00 a.m.-12:00 noon. Admission is free and open to kids in grades kindergarten through sixth.

On Sunday, April 9th, they will present "The Colors of Love" at 9:00 a.m. in the children's chapel of Bethany Assembly of God.

Announcements From Faith Bible Church In Agawam

This Sunday, we are starting two services, as we have outgrown our building.

The first will be held at 9:00 a.m., with Sunday School and nursery for the children. The other will be at 10:30 a.m., also with Sunday School and nursery.

Our pot luck dinner last Friday was wonderful. We had about 60 people show up with great-tasting dishes, and the corned beef made everyone happy.

We all had a good time and probably too much to eat.

Excitement is building as our church moves forward with many fundraising ideas, and we are planning to break ground for our church addition.

Plans are being drawn up, workers are being sought out, and money is being raised as we move ahead to make room for the busting walls that we are now dealing with. We plan to break ground just after Easter and will work diligently through the summer.

Our new youth chapel will be named after a "special" member of our church who went to be with the Lord last month and will be called the "Wilma Powers Youth Chapel." There will be several Sunday School rooms, a larger nursery, a kitchen, and much-needed space.

This is an exciting time for us. Watch for groundbreaking on Shoemaker Lane next to the bus company after Easter, as this is quite an accomplishment and we are very proud of this work being done.

WEEKLY SCHEDULE OF EVENTS AT FAITH BIBLE CHURCH

Sunday: 9:00 a.m. to 10:15 a.m., First Service; 10:30 a.m. to 12:00 noon, Service; 12:00 noon to 1:00 p.m., Coffee/Fellowship.

Tuesday: 6:30 p.m. to 8:30 p.m., Bible Study/Book of Revelation.

Wednesday: 6:30 p.m. to 7:00 p.m., Prayer; 7:00 p.m. to 8:00 p.m., Praise & Worship Service.

First & Third Thursday: 6:00 to 7:00 p.m., Young Ladies Bible Study (at the Michalak home).

Friday: 6:30 to 8:30 p.m., Youth Group.

Saturday: 6:00 a.m. to 8:00 a.m., Leadership Prayer & Meeting; 8:00 a.m. to 9:00 a.m., Open Prayer; 9:15 a.m. to 10:00 a.m., Bible Study; 10:00 a.m. to 12:00 noon, Music Practice; 12:00 noon to 1:00 p.m., Outreach.

— ADVERTISER NEWS —



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THE OUTDOOR SIGN AT Bethany Assembly of God in Agawam is currently publicizing the upcoming appearance by the Fountainhead Puppet Ministry from Bangor, Maine. Admission to this performance is free of charge.

St. David's Episcopal Church Slates Chicken And Spaghetti Dinner

St. David's Episcopal Church will be hosting a Chicken & Spaghetti Dinner on Monday, April 3rd, at 6:00 p.m. The dinner will be held at St. David's Church, 699 Springfield Street, Feeding Hills.

The menu will include: half chicken and spaghetti, garlic bread, tossed salad, coffee, tea, and juice, and ice cream with fudge sauce (made by the cook!).

Tickets are \$7 for adults and \$3 for children under 12. These may be purchased in advance at St. David's or at the door.

Due to a sell-out on most of last year's dinners, we will be unable to hold unpaid reservations past 6:30 p.m. without prior arrangements.

Proceeds from this dinner will go towards the debt reduction of the new church building.

For more information, please call 786-6133.

Catholic Women's Club To Meet On Monday, April 10th

The April meeting of the Catholic Women's Club of Agawam will take place on Monday, April 10th in the Parish Center, St. John the Evangelist Church, 833 Main Street.

Chairwoman for the event is Jackie Toussaint. Guest speaker will be Jamie Selig, proprietor of Central Antiques located in Windsor, Connecticut. Mr. Selig will give an informative talk on antiques and present a mini antique road show. Members and guests interested in an appraisal may bring one item to be appraised.

Co-chairwomen for hospitality are Peggy Shoemaker and Jane Trevethan and will be assisted by the following committee: Eleanor Case, Ann Jackobek, Peggy Lepper, Stella Longhi, Alice Pietroniro, Grace Pio, Rosalie Ross, and Janet Wysocki.

New members welcome!

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Church News - continued...



Reflections...

submitted by
Rev. Peter Monahan
 Pastor of the New Life
 Christian Church,
 Suffield, CT
 (413) 789-1377 or
 toll free (877) 643-9801

The Amazing Love Of God

"If it's too good to be true, it probably isn't true." So goes the old saying. Sometimes people apply that proverb to Christianity. "It's too good for God to forgive my sins freely," they might think. Even if it might happen, why would God do such a thing?

We live in a period of time which some call the post-Christian era. God is not at the top of the list for many people. For still others, thoughts of God don't come up apart from a cause, such as the experience of trouble. Why, then, should God want to help us?

Even though God might not be on some people's minds, each of us are on His. The Bible records a story about a time which might be compared with our own. Moreover, all the leaders of the priests and the people transgressed more and more, according to all the abominations of the nations. Such a comparison might trouble or even offend us, but the raw truth is that in the freest most advanced civilization on the earth and for all time, parents no longer send their children to school without fear for their safety, if not their lives. We could be doing a lot better.

What was God's reaction to the condition of Israel? Was it to abandon them? Was it to immediately smite them? No. And the Lord God of their fathers sent warnings to them by His messengers, rising up early and sending them, because He had compassion on His people. God confronted Israel's sin with His love.

However, the people were unresponsive to God, and He had no choice but to punish them. But they mocked the messengers of God, despised His words, and scoffed at His prophets, until the wrath of the Lord arose against His people, till there was no remedy.

Perhaps we would do well to sit up and take notice. As the historian Lord Acton said, "Those who refuse to learn from the mistakes of history are condemned to repeat them."

Even though the people had given up on God, He had not given up on them. After a long period of time, God moved upon circumstances to give the people of Israel another try. Now in the first year of Cyrus king of Persia, that the word of the Lord by the mouth of the prophet Jeremiah might be fulfilled, the Lord stirred up the spirit of Cyrus king of Persia, so that he made a proclamation throughout all his kingdom; "Thus says Cyrus king of Persia: All the kingdoms of the earth the Lord God of heaven has given me. And He has commanded me to build Him a house at Jerusalem which is in Judah. Who is among you of all His people? May the Lord his God be with him, and let him go up!"

No matter how far away any of us may think or feel we have gotten from God, there is still hope and there is still time. God is still in the restoration business! God is still giving out hope and a

* * *

Rev. Peter Monahan's
 column, "Reflections...",
 is a regular feature of The
 Agawam Advertiser News.

* * *

David A. Ladizki

Attorney At Law



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future to anybody who is willing to receive it from Him.

But God, who is rich in mercy, because of His great love with which He loved us, even when we were dead in trespasses, made us alive together with Christ (by grace you have been saved), and raised us up together, and made us sit together in the heavenly places in Christ Jesus, that in the ages to come He might show the exceeding riches of His grace in His kindness toward us in Christ Jesus. For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast.

One of the more common objections to the Christian message is that God forgives freely, that is to say, apart from anything we could do to deserve such favor. It's as though some people think that there is something we could do on our won to be acceptable to a holy God. There is an incident in the Gospel which highlights the limited ability of humankind. Among other things, it can illustrate for us the futility of trying to earn our

own place in heaven.

Jesus lifted up His eyes, and seeing a great multitude coming toward Him, He said to Philip, "Where shall we buy bread, that these may eat?" But He said this to test him, for He Himself knew what He would do. Philip answered Him, "Two hundred denarii worth of bread is not sufficient for them, that every one of them may have a little." In other words, Philip was saying to Jesus, "I give up! I can't do that on my own." In that story, all Jesus asked was how to obtain food for a few thousand people. The question proved to be overwhelming for Philip. How could any of us give a good answer if Jesus asked us how come we deserve the grace and mercy of God, and to live forever in heaven? Such a thought should overwhelm us.

God's answer to the greatest needs of humankind is, and has been, always the same. God Himself does the heavy lifting; all that is required of us is the humility and wisdom to receive His grace. For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.

Who's Really Number 1 In Agawam?

Market Share Report — Agawam

OFFICE	Listed & Sold UNITS \$VOL	Lstd/not lstd UNITS \$VOL	Sld/not lstd UNITS \$VOL	TOTAL UNITS \$VOL	Sides %/\$VOL
AYRE REAL ESTATE	18 3,979,241	31 3,216,200	14 1,582,150	63 8,777,591	81 10.7
LANDRY LYONS	9 2,237,600	22 2,606,800	24 2,870,603	55 7,715,003	64 9.4
COLDWELL BANKER	9 2,000,800	22 2,521,050	16 1,989,200	47 6,511,050	56 8.0
LANDRY LYONS	7 1,935,986	28 3,799,889	3 328,500	38 6,064,375	45 7.4
LANDMARK REALTORS	12 3,422,306	13 1,814,000	6 793,000	31 6,029,306	43 7.4
GRIMALDI & BURZDAK	8 2,358,400	12 1,362,100	6 681,400	26 4,401,900	34 5.4
LANDRY LYONS	1 218,000	14 1,817,848	17 2,212,074	32 4,247,922	33 5.2
THE PIONEER GROUP	0 0	0 0	23 2,742,650	23 2,742,650	23 3.4
DEWOLFE NEW ENGLAND	4 941,800	6 563,800	11 1,227,485	21 2,733,085	25 3.3
RE/MAX TEAMWORK	1 312,000	7 1,105,500	5 631,000	13 2,048,500	14 2.5
LANDRY LYONS	1 250,000	7 846,400	7 926,725	15 2,023,125	16 2.5
CENTURY 21 A-1	3 853,000	4 619,200	6 479,300	13 1,951,500	16 2.4
CENTURY 21 NEWSCHU	1 164,000	7 745,000	8 897,425	16 1,806,425	17 2.2
COLDWELL BANKER	3 783,800	4 459,700	3 414,000	10 1,657,500	13 2.0
COLDWELL BANKER	1 229,000	6 610,500	2 485,000	9 1,324,500	10 1.6
LANDRY LYONS	0 0	5 631,925	4 532,300	9 1,164,225	9 1.4
LANDRY LYONS	1 375,000	4 456,900	2 279,500	7 1,111,400	8 1.4
LANDRY LYONS	2 283,800	5 477,400	2 330,000	9 1,091,200	11 1.3
LANDRY LYONS	1 132,400	3 430,000	4 350,500	8 912,900	9 1.1
COLDWELL BANKER	1 93,600	1 97,500	4 698,500	6 889,600	7 1.1
SEARS REAL ESTATE	2 381,800	1 110,000	3 389,000	6 880,800	8 1.1
CENTURY 21 FIORE	1 180,000	2 311,000	2 290,500	5 781,500	6 1.0
BOURQUE REAL ESTATE	1 223,800	2 154,600	4 393,400	7 771,800	8 0.9
FAZIO REALTY	2 760,000	0 0	0 0	2 760,000	4 0.9
ERA CLASSICS	1 260,000	1 128,500	4 339,900	6 728,400	7 0.9

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Church News - continued...

Announcements From St. John's Church

ST. JOHN'S OVER 60 CLUB

For the April 6th meeting, the Club will be driving to Northampton for a guided tour of the greenhouses at Smith College, then it's on to the Cracker Barrel for lunch (on your own). Club members will be car-pooling; if anyone would like to join them, call Lil Doyle at 786-9586. (Please let her know if you need a ride. There is limited parking at the college, so they would like to keep the cars to a minimum.)

The Thimble Island Cruise will occur on May 4th, with lunch at the USS Chowder Pot III. The bus will leave at 10:15 a.m., and the cost is \$49. If interested, call Barbara at 786-9830, or Lil, 786-9586.

Upcoming Over 60 trips: Victorian Cape May trip, June 12th-15th (four days, three nights - \$335); Saratoga Performing Arts ballet, "Sleeping Beauty," Thursday, July 6th (\$63 package); Tall Ships in Boston, Wednesday, July 12th (bus, lunch, harbor cruise, JFK Museum - \$69).

ST. JOHN'S NEWSLETTER

The Newsletter Committee is preparing for the next edition of the Parish Newsletter. Anyone who would like to submit an article is asked to call Donna Gregory at 788-7681 as soon as possible.

They are still accepting suggestions for a name for the newsletter.

ST. JOHN'S GUILD

The Guild members will gather in the church on April 4th at 7:00 p.m. for the Mass for deceased members. A brief business meeting will be held in the Parish Center after Mass.

Reservations will be taken for the May banquet at this meeting.

PARISH COUNCIL ELECTIONS

Elections will be coming up in May. As you know, one-third (five members) are elected each year.

If you wish to nominate someone or if you are interested in being nominated yourself, please call the Rectory or one of the present Council members (as listed in the foyer of the church).

HOLYOKE CATHOLIC PLACEMENT TEST

The Holyoke Catholic Placement Test will be held on April 1st from 8:15 to 11:15 a.m.

To register, call the school at 533-0347.

FINANCIAL AID FORMS FOR 2000

Those who wish to apply for financial aid to assist in parochial school education costs may pick up a form at the rectory office.

A new form must be submitted each year and must be sent in by May 1st.

MILLENNIUM ACTIVITIES UPDATE

The second Millennium Quilt has been completed. Have you found your name yet?

Soon, both quilts will be hung in the Parish Center for the remainder of the year 2000.

GIRL SCOUT EASTER PROJECT

The Girl Scout Troop will be participating in an Easter project, "Operation Hope Tote," in conjunction with the Springfield Rescue Mission.

There are boxes at the church doors for your contributions to their effort (toothbrushes/paste, soap, shaving cream, brushes, combs, tissues, etc. — only new and unopened).

Weekly News And Notes From F.H. Congregational

You are welcome to join with us at the Feeding Hills Congregational Church, which is located at 21 N. Westfield St. in Feeding Hills.

Our Sunday morning service of worship begins at 10:00 a.m. and will include a special collection for One Great Hour of Sharing. Diane Ball will be filling in for Rev. Donaldson while he is away with the Confirmation Class.

Her sermon is entitled "God So Loved the World." The Bible readings are Numbers 21:4-9, John 3:14-21, Ephesians 2:1-10. Ushers will be Perry and Rose McCobb. Jeff Chapman and Rick Rozanski will be our Acolytes.

Bernice Burton will be our hostess during Social Hour. Children, who are invited to attend worship with adults, will be dismissed for Sunday School at a designated time. Nursery care will be provided for the very young.

The Flower Committee will again be taking orders for Easter Lilies. The lilies are \$11 for a double stalk with about 10 flowers. Orders must be placed with the committee by April 9th. If you have any questions or would like to place an order, please contact Sharon Rozanski at 786-8743, Betty Bava at 786-0679, or Margaret Johnson at 525-7480.

Operation Friendship will host a Roast Beef Dinner here on Saturday, April 1st. Dinners will be served from 5:00-6:30 p.m. A Bake Sale featuring homebaked goodies will also take place.

There are many upcoming Lenten and Easter events. On Palm Sunday, April 16th, the Sunday School will have a special activity for students. On Maundy Thursday, April 20th, there will be a Seder Supper here in the evening. On Easter morning, April 23rd, we will meet at Valley Community Church for a Sunrise Service. This service will be followed by breakfast served here with members of our Sunday School helping. At 10:00 a.m., a traditional Easter Service will take place in our sanctuary.

On the calendar:

Sat., April 1st: 5:00 p.m., Operation Friendship Dinner. **Set your clocks ahead one hour before going to bed. Spring forward!**

Sun., April 2nd: 10:00 a.m., Worship led by Diane Ball; One Great Hour of Sharing Collection; 12:00-8:00, Church of Redemption

Mon., April 3rd: 4:00 p.m., Daisy Scouts; 6:30 p.m., Cub Scouts

Tues., April 4th: 7:00 p.m., A.A.; 7:30 p.m., Council

Wed., April 5th: 2:45 p.m., Girl Scouts; 6:30 p.m., Girl Scouts; 6:30 p.m., Confirmation; 7:30 p.m., Choir

Thurs., April 6th: 7:00 p.m., A.A.; 7:00 p.m., Church of Redemption Bible study

Calendar From Ag. Congregational

On April 2nd, the Fourth Sunday of Lent, worship will be held at the Agawam Congregational Church (745 Main Street, Agawam) at 10:30 a.m., and Church School will take place at 9:00 a.m. (for seventh- through 12th-graders) and during the 10:30 a.m. service (for Crib Room through sixth-graders).

The interim pastor, Rev. Dr. Eric Bascom, will continue his Lenten series, "Toughing It Through With Jesus," with the third sermon "Sell What You Have And Give To The Poor."

This is Communion Sunday. The Board of Deacons will serve communion to the congregation.

During the Lenten season, members of the Agawam Congregational Church will be crossing the street to the Agawam Baptist Church for regular Wednesday morning devotions at 7:00 a.m., followed by a continental breakfast at the Baptist church.

A Lenten series will be offered on Wednesday evenings at 7:00 p.m. in the Friendship Room. The series will be led by Gerry Desroches.

All are invited to attend. Join us as we journey through Lent together.

Men are invited to join the Men's Prayer Time, which meets at 7:45 a.m. each Tuesday morning. We read from the devotional guide "Under Room" for meditation and discussion, with time for coffee and fellowship.

The Annual Meeting will be on Sunday, April 9th, following the worship service.

All officers and new committee members will be installed at this time.

The Ladies Aid is sponsoring an "Appraisal Fair" on April 6th from 3:00 to 7:00 p.m. at the church. Stop by and have your "treasures" appraised.

The cost is \$5 for one item, and \$12 for three items. Coffee and tea will be served.

There will be a bake sale ongoing through the fair, and refreshments will also be available for purchase.

The Catering Group is holding a Baked Chicken Dinner on Saturday, April 8th, at 5:30 p.m. The cost is \$7.50 for adults, and \$4 for children 12 and under.

Call the church office today at 786-7111 for your reservations. (Reservations will close Thursday, April 6th.)

For more information concerning any of our events, please call the church office at 786-7111.

— ADVERTISER NEWS —

The Right Kind Of Faith

What kind of faith do you need to be forgiven of your sins and to obtain peace with God? The right kind of faith focuses on Jesus Christ. Here's what to do:

1. Admit your sinfulness and tell the Lord you want to turn from it. Jesus said, "Unless you repent you will all likewise perish" (Luke 13:3).
2. Believe that "Christ died for our sins according to the Scriptures, and that He was buried, and that He rose again the third day" (1 Corinthians 15:3-4).
3. Trust in Jesus as your personal Savior and Lord. Romans 10:9 says, "If you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved."

The time to trust in Christ, to make Him the object of your faith, is now. You can do it today by praying something like this:

Dear God, I know that I am a sinner and that in my own strength I cannot do anything to please You or to earn eternal life. I believe that You love me and that You sent Your Son to die on the cross to pay the penalty for my sin. I now put my faith in You and trust completely in Jesus Christ to rescue me. I desire to turn away from my sin and to let You take control of my life. Amen.

If you prayed that prayer in all sincerity, you can say, "Now I have the right kind of faith!"

Adapted from the booklet *Do I Have The Right Kind Of Faith?*
© 1986 RBC Ministries Q0603



SYMPTOMS: Do you...

- ☐ think spaghetti is a finger food?
- ☐ sleep "like a baby" (up at 10, 2 and 4)?
- ☐ write your grocery list in crayon?
- ☐ say "bye-bye" to everyone?

DIAGNOSIS: Mother of Preschooler! (MOP)

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- Creative activities
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Our Daily
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Church News - continued...**Fashion Show To Be Sponsored By Catholic Women**

Spring is in the air and once again the public is cordially invited to attend a fashion show presented by the Catholic Women's Club of Agawam, April 13th at 7:30 p.m., St. John the Evangelist Church Parish Center, 833 Main Street.

Doors open at 7:00 p.m., and the show will begin at 8:00 p.m. Admission is \$8 per person, and tickets may be obtained at the April 10th meeting of the Catholic Women's Club or from committee members.

Lil Doyle and Paula Raiche are co-chairwomen for the event, and will be assisted by the following committee members: Eleanor Balboni, Eileen Bronner, Betty Bury, Kay Capitanio, Clara Desotelle, Adele Gallano, Joan Malinoski, Rose Toti, and Virginia Zerbato.

Wine and cheese will be served before the main event with refreshments served during the intermission. Door and raffle prizes will also be awarded.

Models for this year's fashion extravaganza will present the latest styles by the Dress Barn, West Springfield. The models will be Angela Beaudry, Betsy Ciempa, Terry Clermont, Judy Clow, Mary Gontczaruk, Peggy Lepper, Joan Malinoski, Sheryl Mardeusz, Carol Pignatari, Paula Raiche, Kathie Schafer, Joan Teahan, and Jane Trevethan.

Evening Program At St. Anthony's On Friday, April 14th

St. Anthony/St. Theresa Church will be presenting "The Agony in the Garden and Jesus' Prayer" at St. Anthony's Church on Friday, April 14th at 7:00 p.m.

Part of their Lenten Series, this evening of reflection will feature guest speaker Rev. James McCurry, OFM, Conv., a dynamic and inspiring world-renowned lecturer, teacher, and world traveler.

He was a friend of Mother Theresa, giving retreats to her Sisters for more than 15 years. He is presently giving retreats in Ireland and Israel and in India this fall. He was in *Time* magazine being instrumental in St. Maximilian Kolbe's cause for sainthood.

Baked Chicken Dinner At Ag. Congregational On Saturday, April 8th

The Catering Group of the Agawam Congregational Church, 745 Main Street, Agawam, invites you to its Baked Chicken Dinner on Saturday, April 8th, at 5:30 p.m.

Tickets are \$7.50 for adults, and \$4 for children under 12.

Call the church office at 786-7111 to make your reservations. Reservations will close Thursday, April 6th.

Agawam Catholic Singles Group To Meet April 13th

The Agawam Catholic Singles Group consists of adults who are divorced, separated, widowed, or have never been married. They meet in St. John's Parish Center, 823 Main Street, Agawam, on the second Thursday of the month at 7:00 p.m.

The next meeting will be held on Thursday, April 13th.

For further information, contact JoAnn at 789-0774 or John at 786-2273.

"Weigh-Down" Program To Begin At St. David's Church

Don't be a slave to food any longer. God does not intend for food to control us, but sometimes we let this happen.

Join us at St. David's Episcopal Church for a free, no-obligation orientation about the "Weigh-Down" Program. Orientation will be held on Tuesday, April 11th, at 7:30 p.m. at St. David's Church, 699 Springfield Street, Feeding Hills.

This is a 12-week program for both men and women. For a registration fee, participants receive their own manuals and audiocassettes for home study. Classes will begin in May 2000. Since materials must be ordered before the start of class, individuals must be registered two weeks before the first class.

For more information about this exciting program, please call Sharon at (860) 668-8701 or the church office at 786-6133.

Chicken Supper On April 8th At Valley Community Church

A chicken supper will be held on Saturday, April 8th, from 5:00 to 6:30 p.m. at the Valley Community Church, 152 South Westfield Street, Feeding Hills.

The meal will consist of half a baked chicken, stuffing, gravy, mashed potatoes, vegetables, all the fixings, rolls and butter, beverages, and your choice of dessert.

Tickets are \$8 for adults, and \$4 for children under 12. For reservations, call 782-2445, 789-2552, or 786-2576.

Our classified ads will bring you FAST, FAST results...

* * *

Activities & Events At First Baptist Church In Agawam

The Ordinance of Communion will be celebrated this Sunday at First Baptist Church, 760 Main Street, Agawam.

The pastor's sermon topic will be "Making Sure There's Room," and the scripture reading will be from I Corinthians, chapter 4. Visitors are welcome.

Child-care is available during worship. Following worship is a time for coffee and fellowship, and then Sunday School classes for all ages.

Two adult classes are offered — the Pastor's class, "The Hurried Family," and the study of the New Testament class led by Rev. Mercy Gonzalez-Barnes.

* * *

Our Christian Education leaders extend an invitation to children of all ages to visit our Sunday School on April 30th.

We welcome you to meet the teachers and share in the Bible stories as they are read and discussed (as well as craft work performed) for further understanding of the lesson.

* * *

The Caring Connection is hosting an Ice Cream and Fruit Social for the "Over 60's" on Sunday, April 9th, at 2:00 p.m.

We are looking forward to an afternoon of fellowship and special treats.

* * *

Church office hours are 9:00 a.m. to 12:00 noon, and we can be reached at 786-7300.

* * *

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter ... AAN!!!

* * *

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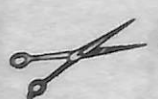
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Spotlight On Business

Agawam Chamber Tours EBTEC On Shoemaker Lane

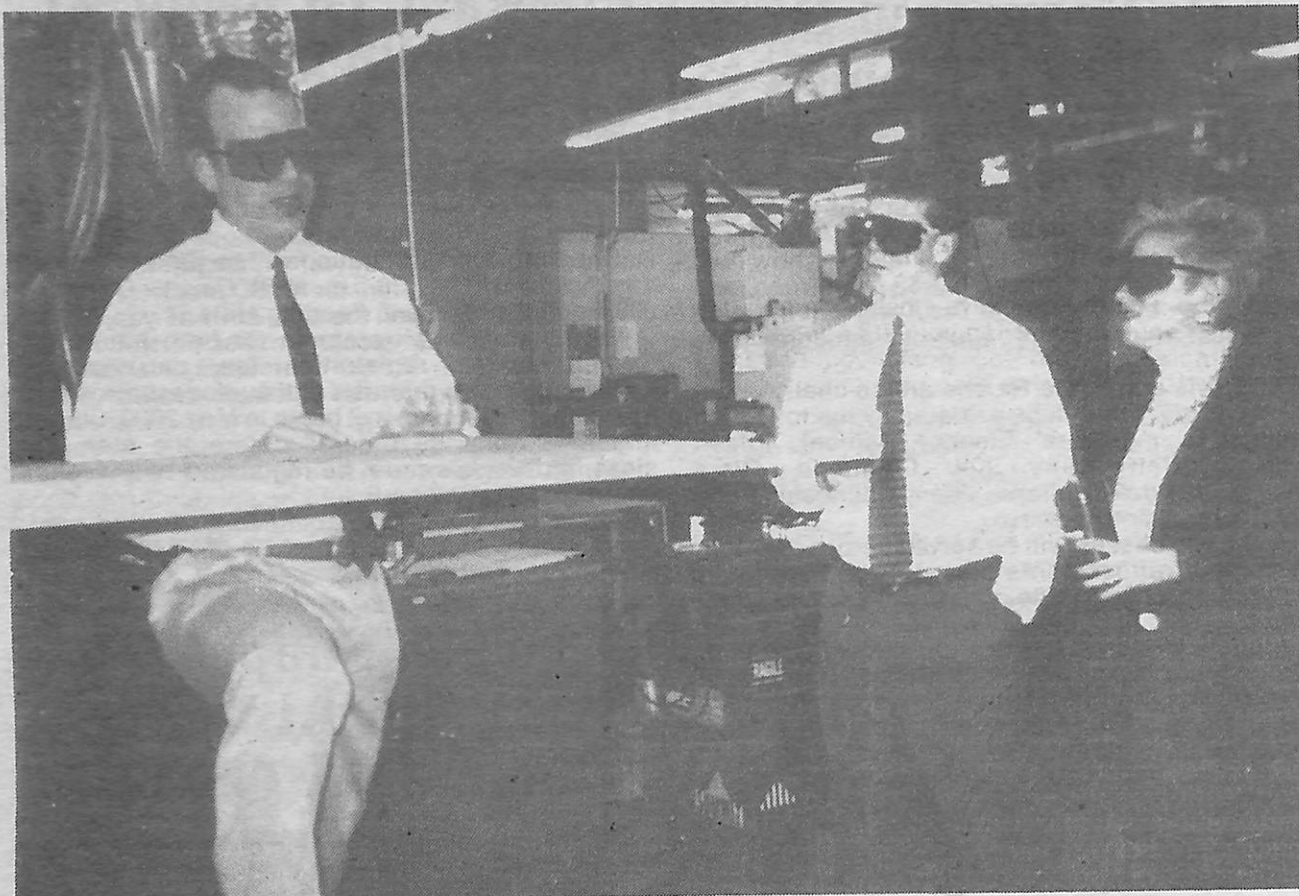
In March, the Agawam Chamber toured the EBTEC facility on Shoemaker Lane. John Leveille, president of EBTEC, and Paul Ray, Manager of Sales and Marketing, issued the group protective eyewear and toured Chamber and town representatives through the process of electron beam welding and laser machining.

Aerospace, industrial, commercial, and medical are all markets that call on this Agawam business for handling of individual pieces, volume production, and complete product manufacturing.

EBTEC pioneered the development of non-contact, high-energy beam technologies used in aircraft and space vehicles. Their laser services offer precision and control typically unattainable with conventional cutting, welding, and drilling methods.

As president, Leveille is proud of the facility, but noted that it is the dedication of employees that is at the core of quality control at EBTEC. A full team of engineering, production, quality control, and administrative support compliments innovative tools and technology.

EBTEC has been an Agawam Chamber of Commerce member since 1973.



WEARING PROTECTIVE EYEWEAR, Paul Ray of EBTEC (far left) explains precision cutting and welding services to Agawam Chamber of Commerce business members Mike Fiorini and Linda Northup Vitro. The Chamber members recently paid a visit to the facility on Shoemaker Lane, Agawam.



PAUL RAY OF EBTEC shows an example of how laser services offer reliable, repeatable control over cutting and welding equipment.

Legal Memo

by

Alan L. Ferrigno, Esq.
546 Springfield St., F.H.
(413) 786-9454



Motor Vehicle Negligence Car Accident Resulting In Death

This action arose when the deceased, an 84-year-old man, was struck and killed by an 85-year-old man who was driving his car on a public way. There were several witnesses who stated that the driver of the car allegedly never slowed down. The witnesses didn't see any brake lights come on.

The deceased was thrown in the air and sus-

tained several broken bones as well as head trauma. He survived for 45 minutes, which the plaintiff argued was enough to substantiate a claim for conscious pain and suffering for the estate.

The timeline of 45 minutes was confirmed by interviews immediately the next day with EMT personnel who were on the scene. The driver of the car later pleaded guilty to negligent motor vehicle homicide and, due to his age, lost his driver's license for 10 years as well as received a short-term probationary period with a minimal suspended sentence. The estate decided to settle the matter, due to the decedent's age and life expectancy.

The case settled for \$316,000.

Attorney Alan L. Ferrigno maintains an office at 546 Springfield Street, Feeding Hills, Massachusetts. If you have a legal question, Attorney Ferrigno will attempt to address the same in this column. Please send any questions to the address listed above.

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice...

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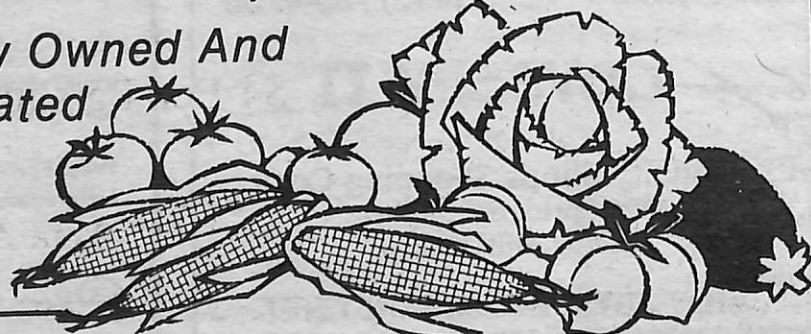
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Spotlight On Business - continued...

Timely Tips On How To Manage Your Finances

by Sue & Charlie Alvanos
Personal Financial Advisors
American Express
534-3883

Keeping Your Financial Plan Dynamic

Creating a comprehensive financial plan is a smart first step to achieving your life goals. But to make progress toward your goals, you'll need to take time to develop the plan, implement it, and adjust it when needed.

The following are actions you can take to make sure the time and energy you expend in creating a financial plan is a smart investment for you and your family.

Act on your plan. Some people who spend a considerable amount of time gathering information and creating a financial plan never implement it. Creating a financial plan is a futile exercise if you don't put the plan's elements into practice.

Your plan may call for you to write a will, purchase insurance protection, and invest a set amount each month into specific investments — but you must take the prescribed steps to activate the plan if you hope to make progress toward achieving your goals.

Keep your plan current. Financial plans need to be adjusted as your life changes. Events happen that you may or may not have planned for. You may change jobs, get married or divorced, have children, decide to retire earlier than you had originally planned, become responsible for aging parents, or experience other events that shift your financial position and create new possibilities or challenges.

To help stay on track for all of your goals, old and new, work with a financial advisor to update

your financial plan. Even if your goals don't change, revisit your plan at least annually to help ensure that you are on track to reach your goals.

Rebalance your portfolio. An essential component to keeping your financial plan current is ensuring that the assets in the portfolio are allocated properly for your particular financial situation. Every day, investments in the markets rise and fall.

So through time, the mix of stocks, bonds, cash, and other investments in your portfolio will stray from the asset allocation you initially set. If you don't rebalance your portfolio periodically to the investment proportions you intended, it may subject you to risk that you are unwilling to take.

For example, after the U.S. stock market's strong advance over the last several years, the percentage of U.S. stocks in your portfolio may have grown. It may now contain more equity investments, and potential risk and volatility, than you want — especially if you need some of the money in the near future. Be sure to review your portfolio annually to help make sure the allocation is still in line with your goals.

Your life is ever-changing, and if your financial plan is to serve you well, it will need to change, too. If you are experiencing events like those listed below, check to make sure your financial plan is still keeping you on track to reach your goals. If not, consider working with your financial advisor to adjust your plan.

- ☐ Home purchase.
- ☐ Other upcoming major purchases.
- ☐ Marriage.
- ☐ Divorce.
- ☐ Children.
- ☐ Death or disability.
- ☐ Education expenses.
- ☐ Aging parents.
- ☐ Sale or purchase of a business.
- ☐ Family health issues.
- ☐ Change of employment.
- ☐ Promotion/change in company benefits.

Financial plans are not one-time creations. They change over time and need to be adjusted. To help reach your financial goals, keep your plan current and act on it.

Pam Savioli

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"Still Home" While You're Away From Home...

If you're going to be gone for an extended period of time, you need to create the illusion you're still at home.

- Stop mail and paper delivery, or have a trustworthy person pick them up.

- Don't indicate that you're away on your voice mail.

- Turn your telephone ringer off or down so it can't be heard outside.

- Put lights, radios, and televisions on timers.

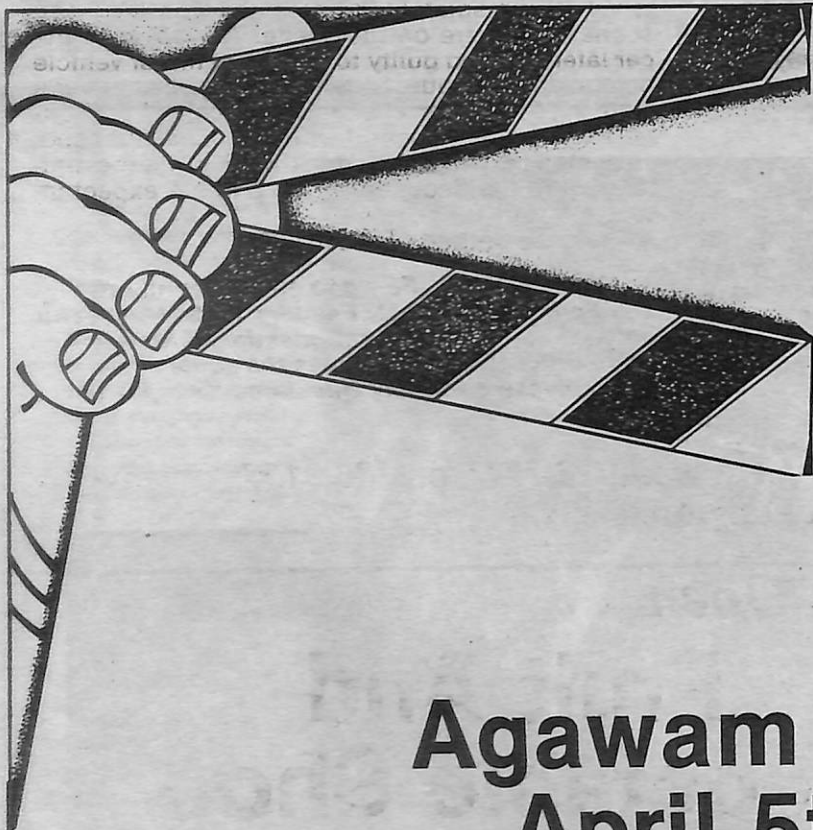
- Leave curtains, shades, and blinds in normal positions.

- Arrange for yard maintenance (mowing, snow removal, etc.).

- Ask trusted neighbors to watch your home while you're away.

PAM SAVIOLI is a full-time Realtor with the professionalism, knowledge, and experience to help you buy or sell a home. Call her at (413) 748-7565.

Classified ads in the Advertiser News cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 14 Southwick Street (in the Crossroads Shoppes), Feeding Hills, or mail them (with payment) to P.O. Box 263, Feeding Hills, MA 01030.



Family Movie Night To Benefit The Parish Cupboard

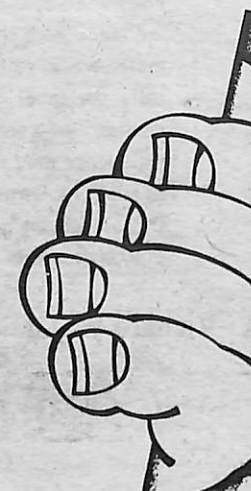
(Formerly Known As The Open Pantry)

Agawam Family Cinemas April 5th — 5:30 P.M.

Special Showing Of "Toy Story 2,"
With All Proceeds Going To The Cupboard.

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\$4 Per Person / \$10 For Family Of Three

*** Pizza Available During The Show ***



For Your Health



Your Back And Your Health

by Dr. Joseph
S. Schlaffer
Schlaffer
Chiropractic Offices
192 Shoemaker Lane
Agawam

Be Careful When Gardening...

Question: Rototilling my garden recently has resulted in nagging low back ache, with pain going down the back of the leg. What do you recommend?

Answer: Gardening and landscaping are great, if you recognize that they are activities that produce certain body stresses; if you recognize your own physical limitations; and if you do them with good sense as well as enthusiasm.

Most people fail to maintain the level of physical conditioning required to perform strenuous tasks around their homes. Then, as the warmer weather begins, they try to make their lawns or gardens the most attractive on the block — all in one day.

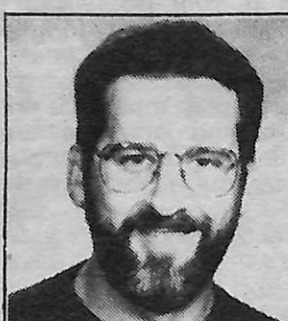
They dig, lift, bend, rake, and shovel for hours on end. The result is often similar to what you are now describing. Their backs hurt, their muscles ache, and they wonder why.

Doctors of Chiropractic, whose health-care services emphasize the structural integrity of the body, offer the following "golden rules" of gardening:

1. Warm up your muscles to the task you're about to start.
2. Don't bend over for long periods of time without taking standing breaks.
3. Don't lift more than you can handle.
4. Wear clothing that does not restrict or confine your movements.
5. Wear flat, comfortable shoes that offer firm support.
6. Use the proper tool for each job.
7. Avoid becoming overheated or chilled.
8. Avoid iced drinks when overheated.
9. Avoid doing your work in an awkward position.

As far as your immediate problem, if your aches and pains don't subside in a few days, a chiropractic spinal examination is advised. You'll find a unique approach to low back and related leg pain without medication. Continuing pain in any part of the back, neck, arms, and legs indicates more than muscular problems.

The Schlaffer Chiropractic Office, 192 Shoemaker Lane, Agawam, 789-1369, is happy to provide this information as a community health service.



"Let's Talk About It"

by Dan Pender
Marriage &
Family Therapist
P.O. Box 449
Agawam, MA 01001
(413) 789-4460

The Death Of Desire

Imagine for a few moments your own death. It may be less uncomfortable to imagine someone else's death, but try to focus on your own life and for now, your own death.

Will your death come with a list of regrets attached? Perhaps your list might contain desires not lived out. Take a moment to face the **what if of life**. *What if I only...*

Whatever comes to mind, try to keep this focus for a few moments. This can be very uncomfortable and you may even want to stop reading right now and move onto something less serious and heavy. That's okay, too!

Maybe facing this challenge could change your life! So many of us want change in our life, but are so unable to be in this uncomfortable space. *What if you took your own death, and more importantly, your own life seriously, what could happen?*

What if you looked now not just at your own death as the end point, but as a beginning? What if you understood death not simply as the end of your body living, but as a way of living; a living death, so to speak.

A living death could be seen as the repeated opportunities you fail to communicate and remain cut-off from important people in your life. A living death could mean letting fear inhibit real intimacy from entering into your life. It could also mean the inability to face your deepest desires.

A living death may also feel like the inability to face your responsibilities or inability to take on

any more responsibility. It may serve not doing something real good for yourself or another. It may also mean not taking the risk of asking the difficult questions about how you are living life now and how living could be done differently.

What if living meant living into your desire for a child or another child or not to have (another) child? What if it meant a job change or doing your job with more of yourself available? What if living wasn't about dying the kind of slow death that steals possibilities from happening? What if living was about facing an addiction or abuse? What if living meant really working at and/or leaving your marriage or important relationships? What if living was about parenting in a way that was about the best in your bringing out the best in your child(ren)?

It can be said that those who consider and/or commit suicide, for example, are very much in touch with their desires. The tragedy comes when they face the strong feeling, inability, and/or the reality that they cannot make the necessary change(s) happen so as to live into having their desires.

What are you embracing, life or death? If your desire is to live, then *what if* you faced the meaning of your own death? **Facing your own death** could be just what is needed to help you get unstuck from a poor relationship or an unhealthy way of looking at yourself and others. *Facing your own death* could also become a way to move beyond your life being much to do about missed opportunities and regret. **Choosing life** could be much to do about living in the moment, changing a behavior and living into God's potential for you.

The complexity of facing your own death and your desires for living.

"Let's Talk about it" is a regular weekly feature from Dan Pender, MA., M.F.T. Marriage & Family Therapist. Dan maintains a private practice in Agawam, MA. He is a Clinical member of the American Association of Marriage & Family Therapy. He is also a local professional Church educator and can be reached by e-mail (AOL screen name: dpmft449) or P.O. Box 449, Agawam, MA 01001, (413) 789-4460. Please respond with your feedback, relationship questions and topics and "Let's Talk about it."

PLEASE PICK UP YOUR "OLD" PHOTOS: If you've brought photos to our office for wedding announcements, scouting events, athletic teams, etc., we encourage you to pick them up during the month of April. As of April 30th, we will be disposing of all unclaimed photographs ... ADVERTISER NEWS.

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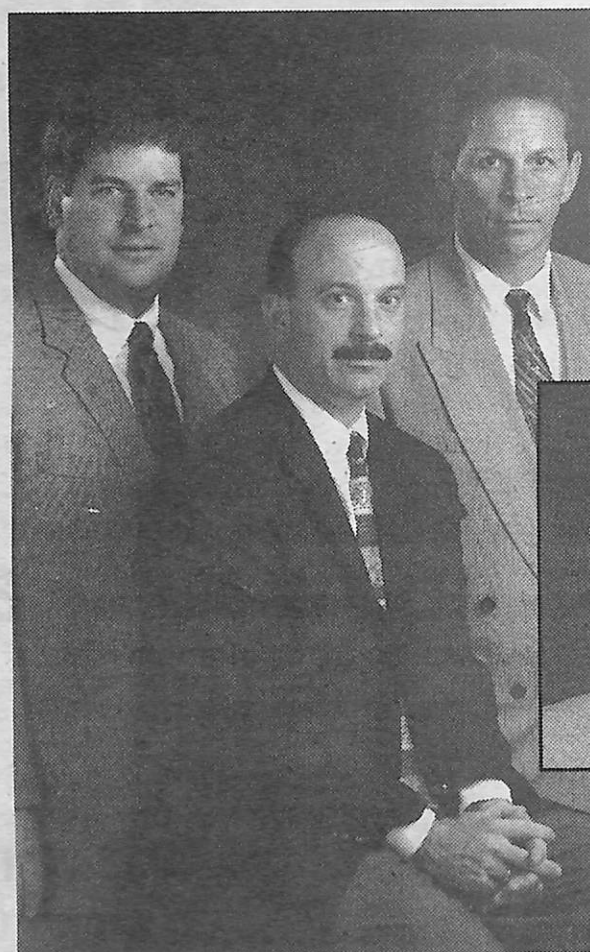
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We are pleased to announce the appointment of Steven Gould, formerly of Toomey-O'Brien Funeral Homes, as Funeral Director at Curran-Jones Funeral Homes. Steve has over fifteen years professional experience and possesses expertise in all aspects of the funeral service business.

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For Your Health - continued...



Food for Thought

by Nancy Dell
Registered Dietician

Some Bacteria Is Healthy For You

We've been taught that bacteria in our food is dangerous. But there is an exception. Yogurt has bacteria that can actually be good for your health.

It comes with fruit on the bottom, fruit already mixed in, not to mention just about any flavor you can imagine. But many yogurts come with something even better; live active cultures. Researchers show live action cultures may prevent colon cancer, lower serum cholesterol, improve hypertension, and may help boost your immune system.

There can be as many as seven different live active cultures in one product. The most common of these good bacterium are acidophilus and bifidus. If you have trouble digesting milk, these cultures can help you. The bacterium help break down the sugar in milk called lactose. So you can

meet calcium needs without the bloating, gas, or diarrhea that can come with lactose intolerance.

Eating yogurt is also a great way to boost your child's calcium intake. With soda consumption on the rise, many kids are getting so little calcium. Throw yogurt in the lunch box. After school, yogurt makes a quick snack that is low in fat. Check out our favorite yogurt recipes to make snacks nutritious and fun.

APE SHAKE

1 cup skim milk
½ cup plain yogurt
1 tbsp honey or molasses
1 banana, in chunks

Put all ingredients in a blender at high speed for 10 seconds. **2 servings. 140 calories, 0 grams of fat.**

YOGURT PARFAIT

Lowfat yogurt (any flavor)
Lowfat granola or whole grain cereal
of your choice
Fruit (such as crushed pineapple, diced oranges, berries, or peaches).

Put 2 spoonfuls of lowfat yogurt into a parfait glass. Sprinkle with a spoonful of lowfat granola or cereal. Add fruit. Add 2 more spoonfuls of yogurt. Top with a little granola or cereal. **3 grams of fat.**

Nancy Dell, MS, is a registered dietitian in private practice in Feeding Hills and the media representative for the Massachusetts Dietetic Association. She can be reached at 850 Springfield St., Suite 4, Feeding Hills, MA 01030; (413) 786-2957. Accepting Tufts, Secure Horizons, and Harvard Pilgrim.

Mercy Hospital Has Support Group For Parents Of Hearing Impaired Children

The Weldon Center for Rehabilitation at Mercy Hospital offers a support group for parents of hearing impaired children. The next meeting is scheduled for Thursday, April 6th, 6:30 p.m., in the Deliso Conference Center at Mercy Hospital, 299 Carew St.

Group-directed discussions offer parents the opportunity to share information and experiences in an understanding, supportive atmosphere.

For more information, call Kathleen Dow-Webster, CCCA/SLP or Lois Osetek, M.S., CCC/Z, (413) 748-6840.

Mercy Hospital is a member of the Sisters of Providence Health System (SPHS). The SPHS' member organizations provide hospital and ambulatory care, rehabilitation, behavioral health services, nursing home care, retirement living, employee health services, home care, and more.

The SPHS is a founding member of Catholic Health East, one of the nation's largest health care systems. Catholic Health East facilities serve communities in eastern states from Maine to Florida.

Educational Program For Newly Diagnosed Diabetics At Mercy

Newly diagnosed diabetics will benefit from "Know Diabetes, Know Yourself," a free educational program offered by the Joslin Diabetes Center affiliate at Mercy Hospital.

The next series will take place Monday-Thursday, April 10th-13th, from 2:30-4:00 p.m. in the hospital's Deliso Conference Center, 299 Carew St. Topics include an introduction to diabetes, dietary guidelines, a review of diabetes medications, and an overview of complications related to the condition.

Registration is required; call Mercy Hospital's Patient Education Department, (413) 748-9024, and leave your name and telephone number.

Mercy Hospital is a member of the Sisters of Providence Health System (SPHS). The SPHS' member organizations provide hospital and ambulatory care, rehabilitation, behavioral health services, nursing home care, retirement living, employee health services, home care, and more.

The SPHS is a founding member of Catholic Health East, one of the nation's largest health care systems. Catholic Health East facilities serve communities in eastern states from Maine to Florida.

Free Blood Pressure Clinic To Be Held At The Atrium

Home & Community Health Services, Inc. (formerly the Enfield Visiting Nurse Association, Inc.) is sponsoring a free Blood Pressure Clinic at The Atrium at Cardinal Drive, 153 Cardinal Drive, Agawam on Tuesday, April 11th from 10:30 a.m.-12:00 noon.

Cholesterol screenings will also be available for a fee of \$5. If you would like to schedule an appointment for a cholesterol screening, please call Judy Pothul at (413) 821-9911.

Check our classified ads...

"Agawam residents show surprisingly little interest in visual history book project."

WE HAVE TO ADMIT THAT WE'RE a little surprised by the lack of interest the residents of Agawam have shown regarding our request for photographs to appear in *Images of America: Agawam and Feeding Hills*, the pictorial history to be published by Arcadia Publishers. Since the notice first appeared in local papers several months ago, we've heard from people in Longmeadow, Hampden, Chicago, Florida, Suffield and East Longmeadow who all have photos and/or information they were excited to share with us. The response from local residents has been lukewarm at best. We know there are photos out there and we'd be thrilled if you'd share them with us. This project will be a success only with your help. In order to make our publishing deadline, we must have all photos in hand by the end of May. Call David Cecchi at 731-7600 (days) or 789-3338 (eve.) if you have any questions or would like more information regarding this project.

DEADLINE: MAY 31, 2000



 Agawam Historical Association

POST OFFICE BOX 552 AGAWAM, MASSACHUSETTS 01001

For Your Health - continued...

Chiropractic Care
by
Dr. Tami Nelson
Chiropractic
Physician
Hampden County
Chiropractic
850 Springfield St.
Feeding Hills
786-4820

What's the difference between a sprain and a strain? A sprain is a tear to a ligament, the soft tissue that connects bones at joints, and it occurs when movement forces the ligament beyond its limits. A strain is a tear to muscle and/or tendons, the soft tissue that moves a bone or joint, and it occurs when a muscle or tendon is forced beyond its limits.

When a strain occurs, blood fills the injured area, restricting range of motion and mobility. Strain is described as first-degree — a slight tear to the muscle tissue; second-degree — a larger tear to muscle tissue; or third-degree — a complete tear or rupture of the muscle tissue.

Chiropractors evaluate all types of sprains and strains, and know whether chiropractic care is appropriate or if referral to another type of health care provider would be in the best interest of the patient.

Muscles can be strained through improper lifting, poor posture, throwing a ball, swinging a racket, or gardening. Muscles can be injured through slips, falls, sudden movements, or exercise. Muscles weakened by fatigue or disease are more prone to injury than strong, healthy ones.

The simplest way to avoid a muscle injury is to stay in good physical condition. Start all strenuous activity with a warm-up that includes gentle stretching; end all activity with a cool-down period that also includes gentle stretching.

To avoid muscle injuries during sports, always wear the protective equipment associated with that sport. It's best to get in shape to play a sport; don't play a sport to get in shape. Listen to your body. Pain and fatigue are warnings — listen to them.

First aid for muscle injuries is **R.I.C.E. R** — **REST** promotes healing, reduces the chance of aggravating or worsening the condition. **I** — **ICE** the injured area immediately. Cover the ice with a cloth and apply ice to the injury for 20 minutes one time per hour. **C** — **COMPRESSION** through use of bandaging when needed. **E** — **ELEVATE** the region.

Pain from muscle injuries may take up to 48 hours to appear. If pain lasts longer than a few days, it would be wise to see your chiropractor. Chiropractic treatment may include bandaging, splinting, icing, physical modalities such as ultrasound and interferential therapy, and/or other treatments.

Gentle massage and manipulation of the related joints may also be used. Spinal adjustments are often used to influence the nerve supply to the injured muscles.

Also, chiropractic care includes prevention, so proper exercise, stretching, and warm-up activities are stressed. Chiropractic focuses on managing the healing process to insure optimal recovery without complications.

If you are suffering from an injury, call our office today!



Fitness Tips...
by
Carmela Kirk, R.N.
Fitness Director
Fitness First

Interval Work — The Next Level

When working with the cardiovascular system, it is important to build a solid aerobic base. It is also important to take it to the next level and exceed your limitations.

When I talk about cardiovascular work, I am referring to the walking, biking, or anything else that keeps the heart rate up for 20 minutes or more. Resistance training is just as important but not part of the topic today.

Building a solid aerobic base is your first goal when beginning a beneficial cardiovascular exercise program. In the beginning, we recommend consistent, continuous aerobic work for 20 to 45 minutes, three to five times a week.

Keeping your heart rate between 60 and 85 percent of your maximum heart rate for your age will help strengthen the heart and lungs and prevent

On Thursday, April 6th...

Mercy Hospital Has Support Group For Parents Of Hearing Impaired Children

You've been up all night ... again ... with a baby who cries and has difficulty sleeping. Your child is sensitive, intense, and demanding. You're concerned, frustrated, and overwhelmed. The Family Life Center for Maternity at Mercy Hospital can help with a new Fussy Baby Support Group.

Led by professionals from First Years First, the infant development program at Brightside for Families and Children, the group meets weekly at the Family Life Center, 271 Carew St.

Meet others who share your feelings, get the

disease. You will burn calories and feel stronger, able to do more.

Many people continue working at this level and that's okay. After a while, you can reach a level where the results are not as apparent, and perhaps it feels like a plateau. Continuing to exercise here is okay if you don't want to progress; you still burn calories, feel good, and prevent disease. If you want to progress to the next athletic level, it is now time to do interval work.

Interval work is difficult and challenging. It is not much fun, but it is very effective. What do I mean by interval work? I mean bringing your heart rate up to anaerobic levels for intervals ranging from 30 seconds to three minutes, and then recovering, and then doing it again. See what I mean by not much fun?

Anaerobic level is the point that you lose your breath. Anaerobic level is 85 to 90 percent of your maximum heart rate. Anaerobic level is difficult work. You should absolutely be sure that your heart and lungs are strong enough to handle this kind of workload. Please consult your health care provider before doing this type of intensity.

We do this interval work regularly at the club in spinning to get to that next level. You can do it regularly with any cardiovascular exercise. If you are just starting, push hard for about 30 seconds. Then recover as long as it takes. Then do it again.

Soon you will find your recovery time getting shorter, and your intervals getting longer. Soon you will find you are reaching that next level, and the motivation begins all over again.

For photo coverage in *The AAN*, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you for your cooperation in this matter...



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786-0555

For Your Health - continued...

Support Groups, Courses, And Programs Offered By Noble Hospital In Westfield

SUPPORT GROUPS

Alcoholics Anonymous: Sunday evenings, 8:00 to 9:00 p.m. In Conference Room A at Noble Hospital, 115 West Silver Street, Westfield. Free of charge. All are welcome.

Stroke Support Group: Wednesday, April 12th, 2:00 to 3:00 p.m. In the Bronson Rehabilitation Center Dining Room at Noble Hospital.

Beginning in April, the Stroke Support Group will meet once a month on the second Wednesday of the month.

Free of charge & open to individuals recovering from a stroke and their spouses, caregivers, and other interested persons. Participants are encouraged to suggest topics for future meetings.

Call Barbara Boulanger, M.S.W., L.I.C.S.W., at 568-2811, ext. 5809.

Better Breathers - "Pulmonary Potpourri": Wednesday, April 12th, 2:00 p.m. In the Third Room Cardiopulmonary Classroom at Noble Hospital.

Free of charge and open to individuals with respiratory or pulmonary difficulties and their support persons.

Please call ahead at 568-2811, ext. 5986, and tell us the topics you would like to discuss.

Diabetes: Tuesday, April 25th, 1:00 to 2:30 p.m. In Conference Room A at Noble Hospital.

Free of charge and open to individuals who have diabetes and their support persons.

For more information, call Karen Ranen, M.S., R.N., C.D.E., at 572-5178.

Caregivers' Support Group: Wednesday, April 12th and 26th, 4:00 to 5:00 p.m. In the Bronson Music Room at Noble Hospital.

On the second and last Wednesdays of each month, Noble Visiting Nurse and Hospice Services offers this group for those who are caring for someone with a life-threatening illness. Hospice families, staff, and community members are invited to participate.

Call Kim Cressotti, R.N., at Noble Visiting Nurse and Hospice Services for more information at 562-7049.

Bereavement Group: Wednesday, April 5th, 12th and 19th, 6:30 to 7:30 p.m. In the Bronson Music Room at Noble Hospital.

On the first, second, and third Wednesdays of every month, Noble Visiting Nurse and Hospice

Services offers this support group for people who have experienced the death of a loved one within the past year. We invite all Hospice families and anyone in the community to participate.

For more information, please call Kim Cressotti, R.N., at Noble Visiting Nurse and Hospice Services at 562-7049.

PROGRAMS/COURSES/CLINICS

Lecture On Menopause: Wednesday, April 5th, 6:00 p.m. In Conference Room A at Noble Hospital.

Dr. Richard Good will speak about menopause and maintaining good health. This lecture is free and open to the public.

Seating is limited and pre-registration is encouraged. To pre-register, please call Noble Hospital's Health Beat at 568-2328.

Cosmetic/Plastic Surgery with Dr. Gary Russolillo: Tuesday, April 18th, 6:30 to 7:30 p.m. In Conference Room B at Noble Hospital.

Gary Russolillo, M.D., will present a lecture about Body Contouring Surgeries, Lip Enhancements, Facial Surgeries, and Skin Care Procedures. Also included will be a live chemical peel demonstration.

The presentation will be followed by a complimentary personal consultation. Registration is free, and seating is limited.

Pre-registration is required; call Noble Hospital's Health Beat at 568-2328.

CPR Course: Wednesday, April 19th and 26th, 6:30 to 9:00 p.m. In the Education Department/Ground Floor at Noble Hospital.

This two-part course provides American Heart Association Adult, Child, and Infant Certification. The cost of the course is \$45.

To register or obtain more information, call Noble Hospital's CPR Line at 572-5172.

16th Annual Run for a Noble Cause - 5K Road Race and Kids' Race: Saturday, April 29th. Please note earlier start times - 5K Race begins at 9:00 a.m.; Kids' Race at 9:45 a.m. (Check-in begins at 7:30 a.m.) Sponsored by Noble Hospital.

Registration is limited to 350. The registration fee is \$10 in advance or \$12 on the day of the race. The Kids' Race is free. Awards will be given for all divisions.

Call Noble Hospital's Health Beat for a registration form or for more information at 568-2328.

14th Racquetball Tourney & Aerobathon At Fitness First

Fitness First Health & Fitness Center in Feeding Hills hosted the 14th annual Racquetball Tournament and Aerobathon on March 10th, 11th, and 12th.

Between pledges, court sponsors, raffle ticket sales, tournament applications, and auction bids, the club raised over \$36,000 for the Children's Miracle Network at Baystate Medical Center, surpassing their goal of \$25,000 by \$9,000!

This brings the total that Fitness First has raised over the past 12 years to \$146,000! "And all that money stays right here for our children," said Denise Moffatt, Fitness First's Marketing Director.

The weekend's events encompassed a variety of activities that staff, members, and non-members could participate in. Besides the racquetball tournament and the Aerobathon, the club also had a Spinning Marathon, Staff Treadmill Challenge, Silent Auction, BodyPUMP, Kid's Spinning class, bake sale, and senior Young At Heart aquatic class.

Thanks to **everyone** for their help and support!

Cancer Support Group Meetings At Mercy Hospital In Spfld.

Persons with cancer, their families, and friends are invited to attend Mercy Hospital's Cancer Support Group. The free meetings are conducted Mondays at 7:00 p.m., in the hospital's Deliso Conference Center, 299 Carew St.

The group offers information on topics of interest to cancer patients, and provides an opportunity to share experiences in a friendly, supportive atmosphere. Meetings are facilitated by Sr. Madeleine Joy, S.P., of Mercy's Pastoral Care Department.

For more information, call the Pastoral Care Department, (413) 748-9453.

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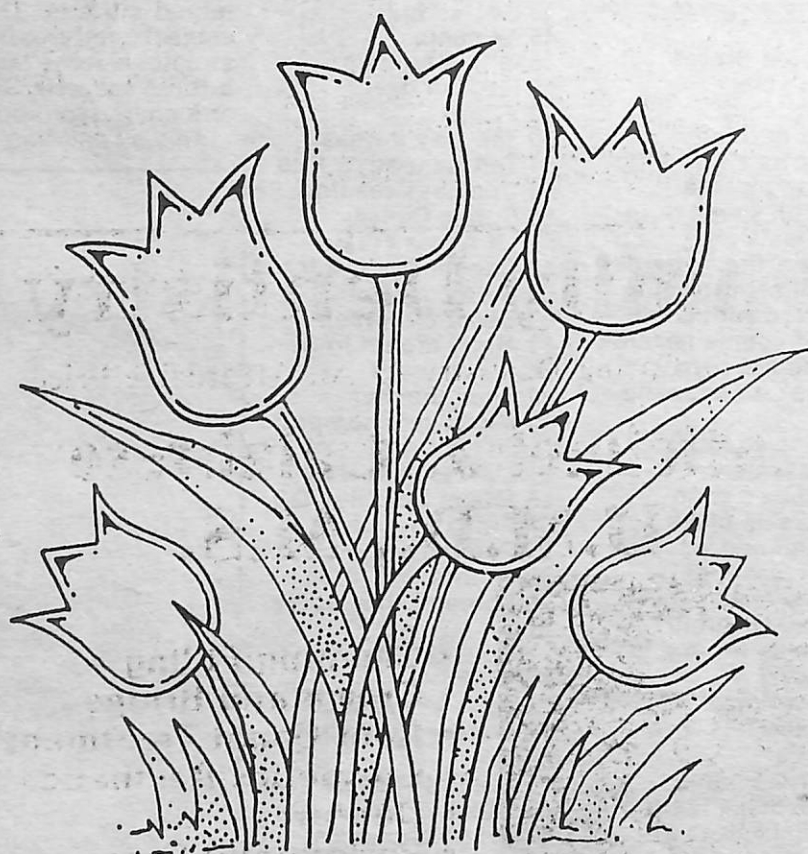
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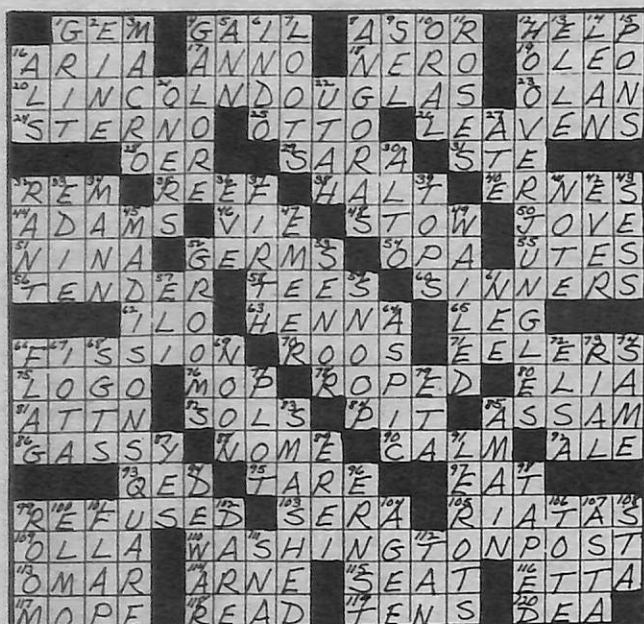
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Arts

Last Week's Solution...



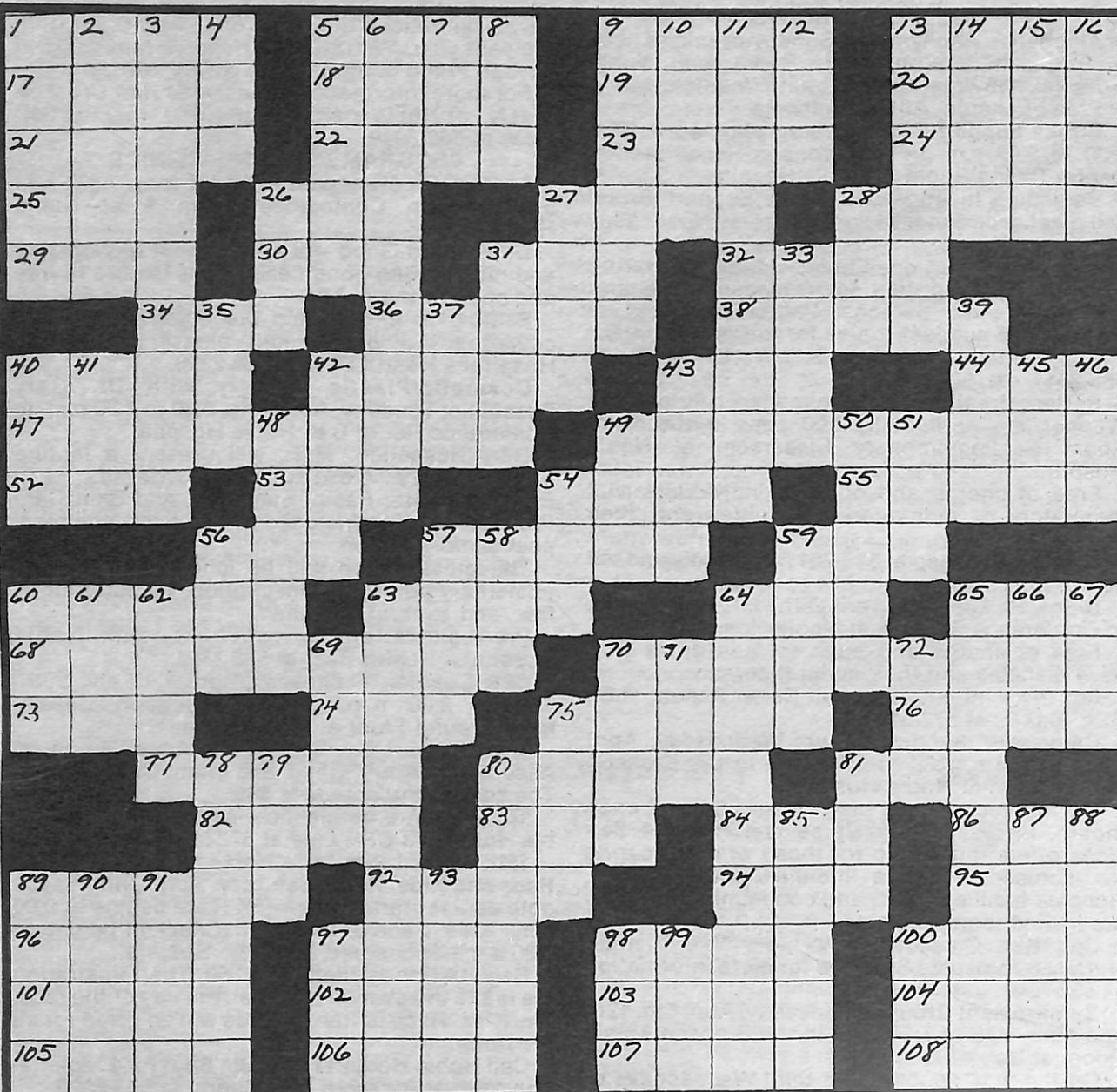
ACROSS

- 1 Air pollutant
- 5 Hebrew lyre
- 9 Arty N.Y.C. spot
- 13 Female fliers of WWII
- 17 Johnson of the N.Y. Mets
- 18 Despicable
- 19 Actor Arkin
- 20 Sea eagle
- 21 Soprano Ponselle
- 22 Fired (slang)
- 23 Fork part
- 24 "Wine and —"
- 25 Assam wild silk-worm
- 26 Cookbook abbr.
- 27 Bring together
- 28 Made eyes at
- 29 Clinton's party
- 30 Ike's WWII command
- 31 Stabler of football
- 32 Top drawer
- 34 Wendy's Peter
- 36 Newspaper blurbs
- 38 Barely afloat
- 40 Repose
- 42 — Gay (B-29)
- 43 We — not amused
- 44 Kimono sash
- 47 Nomar's position
- 49 Contest lovers?
- 52 Topeka's state
- 53 Certain linesmen for short
- 54 Boston Braves' pitcher of yore
- 55 Staggers
- 56 Red or Dead
- 57 Throws a lure
- 59 Swampy area
- 60 At full speed or in great haste
- 63 White, fire, or garden
- 64 Summer browning
- 65 Served with chips
- 68 Golf course hazards
- 70 "The hot corner"
- 73 Break a commandment
- 74 Ampere (abbr.)
- 75 Abasement
- 76 Celebe's oxen
- 77 Wake-up clock
- 80 Alan Ladd western
- 81 Buy weapons
- 82 Forever and —
- 83 Head covering
- 84 Lasalle for one
- 86 Lawyer
- 89 Slow down
- 92 — and tell
- 94 Ignited
- 95 Caviar source
- 96 Like hen's teeth
- 97 Dullard
- 98 Stepped
- 100 Actress Gam
- 101 State strongly
- 102 Existence (Lat.)
- 103 Slugger Jim of Red Sox
- 104 Unique one
- 105 Old Army hall or call
- 106 Gangsters' guns
- 107 Signs
- 108 DeLuise or DiMaggio

DOWN

- 1 Rip apart
- 2 Roger who played Bond
- 3 Footballer called "Juice"
- 4 Former Portuguese colony
- 5 Pull over at sea
- 6 Touchdown value
- 7 Bullring cheer
- 8 Danger color
- 9 Fine fabrics
- 10 Actor Ken
- 11 All-time home run King
- 12 Singleton
- 13 Clubs for Tiger
- 14 Seed covering
- 15 Actress Bancroft
- 16 Eat
- 26 Bo Derek's number
- 27 Champagne Tony
- 28 — clear day you can...
- 31 Seaweed
- 33 I.O.U. giver
- 35 Air (prefix)
- 37 Me —
- 39 Plate for scoring
- 40 Greenland native for short
- 41 Word of comprehension
- 42 That (Sp.)
- 43 Sacred bull
- 45 — canto
- 46 Office holders
- 48 English river
- 49 Posed
- 50 The way it goes
- 51 Ted Kennedy's title
- 54 Compass reading
- 56 Comic Caesar
- 57 Lil Abner creator
- 58 Capone and Kaline
- 59 Ride cost
- 60 Beast of burden
- 61 Merry month in St. Lo
- 62 Siam teacher
- 63 McGwire's competitor in '98
- 64 Marker in sports
- 65 Miami Dolphins QB
- 66 Prefix for bar
- 67 Pod item
- 69 — avis
- 70 Some of this, some of —
- 71 Solo of "Star Wars"
- 72 Bistro
- 75 Artie of music
- 78 Watery basketball team?
- 79 Summer cooler
- 80 Dinah or Eddie
- 81 Prado showings
- 85 Assts.
- 87 Indian pole of the N.W.
- 88 Rends
- 89 Author Stoker
- 90 Rant and —
- 91 God of war
- 93 Army
- 97 Supplicate
- 98 Three (prefix)
- 99 — Tin-Tin
- 100 — and reel

Meet The Master - by Dick Mastroianni...



April 5th "Family Movie Night" At Agawam Family Cinemas To Benefit Parish Cupboard

The Agawam Public Library is pleased to present the students of the Agawam Adult Education Oil Painting Class in the gallery for the month of April.

The students range in age from young adults to retired citizens. They work on their own chosen subject matter with individual attention. The instructor is Anne Mueller, a professional artist with a B.F.A. degree. She has been teaching the fine arts course for about 13 years.

This oil painting course is the only surviving art

class in the evening division at the Agawam High School, with computer and academic classes currently the main curriculum. Paul Cavallo, Adult Education Director, has always been very supportive of the art class and the students produce excellent work.

The gallery hours for viewing the artwork are Monday through Thursday, 9:00 a.m. to 9:00 p.m.; Friday, 10:00 a.m. to 6:00 p.m.; and Saturday, 10:00 a.m. to 5:00 p.m.

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Read more about this in today's FOR YOUR HEALTH column.

from

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At Red Door Theatre



BACKED BY PICASSO'S "GUERNICA," Megan Banks, Chris de Jongh, Tyler Pearsons, and Jason Young focus on the music "If We Only Have Love" from Jacques Brel, as they prepare for their musical revue — "Pictures At An Exhibition" — to be presented by STAGE's Teen Ensemble Theatre. The ensemble of 14 area young people will present this musical tour of the world's great art on March 31st and April 1st at 7:30 p.m., and on April 2nd at 2:00 p.m. All performances are at The Red Door Theatre in Feeding Hills; call 789-2026 for ticket reservations.

Part Of "First Friday" Series...

Agawam Cultural Council Announces April 7th Program

The Agawam Cultural Council will present Frank Federico as its "First Friday" guest in April. Federico is a nationally-known master pastelist and teacher. He will present an entertaining demonstration in pastel painting. Federico is admired by many local artists and patrons. He will be appearing at the Agawam Public Library on Friday, April 7th, at 7:30 p.m. The public is cordially invited to attend this free program.

"Birds Of Prey" Program At Agawam Public Library

To celebrate National Library Week, the Agawam Public Library is presenting a program entitled "Birds of Prey" on Tuesday, April 11th from 6:30-7:30 p.m. in the Community Room at the library.

Julie Collier from Wingmasters will show several live birds of prey, and explain these birds' place in the environment and their status in a rapidly changing world.

Julie is licensed to care for raptors and to house those that cannot be released into the wild. This program is geared for all interested adults and children five and up. No preschoolers at this program, please.

Registration is required and space is limited. Sign-up in the library or please call 789-1550.

Open Poetry Reading On April 12th At The Agawam Library

To celebrate National Library Week and National Poetry Month, the Agawam Public Library is holding an open poetry reading with Tom Nicotera on Wednesday, April 12th, from 6:30-8:30 p.m. in the Community Room.

Participants may read their poems or someone else's work, or may just listen to the various readings. Our host will also present several selected readings.

Tom Nicotera is a published poet, a member of the Charter Oak Poets at Charter Oak Cultural Center in Hartford, and editor of the forthcoming *Charter Oak Poets II* book.

He has hosted and/or participated in numerous readings in the Northeast and in the Washington, D.C. area.

This program is open to all ages. Please register in person or call 789-1550.

Sponsored By The Agawam Junior Women's Club...

26th Annual Arts & Crafts Fair Promises To Be Better Than Ever

The Agawam Junior Women's Club's 26th Annual Arts & Crafts Fair promises to be better than ever before with a wonderful selection of artisans and crafters from near and far. The fair is scheduled for Saturday, June 3rd, from 9:00 a.m. to 4:00 p.m. Featured will be a wide variety of items. Come see the selection of high-quality crafts!

The fair will be held on the grounds of the Captain Charles Leonard House at 663 Main Street (Route 159) in Agawam. The show will be juried and feature approximately 70 to 80 exhibitors.

Admission is free and all proceeds will benefit the Agawam Junior Women's Club Scholarship Fund. A raffle of items donated by crafters will be

held in conjunction with the fair. Winners need not be present to win.

Tours of the historic Captain Charles Leonard House will be available. A Youth Art Exhibit will be on display inside the Leonard House as well.

Anyone interested in obtaining an application should call Paula Macaulay at 786-0511, or write to: Agawam Junior Women's Club, Craft Fair, P.O. Box 332, Agawam, MA 01001.

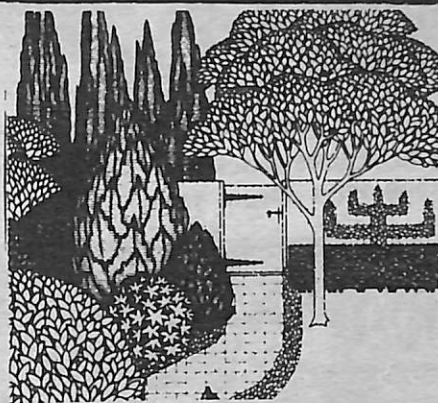
The Agawam Junior Women's Club is a member of the General Federation of Women's Clubs and the General Federation of Women's Clubs in Massachusetts.

Students Of Agawam Adult Education Oil Painting Class To Have April Showcase

On April 5th at 5:30 p.m., a "Family Movie Night to benefit the Parish Cupboard (formerly known as the Open Pantry) will take place at the Agawam Family Cinemas.

A special showing of "Toy Story 2" will be the feature, with all proceeds going to the Cupboard.

Tickets are available at the door for \$4 per person, or \$10 for a family of three. Pizza will also be available to buy during the show.



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Landscape Design & Planting



Education

Clark First-Graders Celebrate 100th Day Of School

February 9th marked the 100th day of school, and this "milestone" was celebrated by a day of 100's by James Clark first-graders.

First-grade bulletin boards already displayed "Hearts of 100" — hearts that the students decorated with 100 things that they love. Photos, stickers, beads, and newspaper cutouts were just a few of the decorations used.

Normally no hats are worn in school, but an exception was made for the "Hats of 100." Students created their headpieces by attaching 100 items to their hats to be worn for the day. Stickers, feathers, ribbons, and Tootsie Rolls were just some of the things won on a variety of different hats.

For a yummy treat, there was "Breakfast of 100." Students brought in 100 pieces of their favorite cereal for a delicious morning snack. Another delicious treat — done in the name of research — was the "Lollipop Lick 100." Test results showed it definitely takes more than 100 licks to get to the Tootsie Roll center.

Mrs. Ferioli's grandmother, Margaret Hocker, came to visit the students to be the "Visitor of 100." A resident of Heritage Hall South, Mrs. Hocker is 100 years-old and was invited to join the first-graders in their celebration.

The 100th day of school ended with a "Snack of 100." The students enjoyed a snack of 100 various treats, such as Conversation Hearts, pretzels, and fish crackers.



MRS. DEGEORGE'S FIRST-GRADE CLASS at James Clark Elementary School visits with 100 year-old Margaret Hocker as part of the school's recently held celebration of the 100th day of the 1999-2000 school year.

Ag. Middle School Counselor's News

by Thomas F. Dacey
Middle School Counselor

The Middle School would like all parents to know that report cards for the third marking period will be issued on or about April 7th. Since there is only one marking period left before the end of the year, parents are advised to monitor their children's progress carefully.

During the week of March 20th through March 24th, Mrs. Jeanne Trinke and Mr. Dennis Moran, the counselors at the Agawam Junior High School, visited the Middle School and talked to the sixth grade students. They explained the Junior High program to the sixth-graders and gave them information on what it will be like to be a student at the Junior High when they are in seventh grade next year.

The intramural pillo polo program is presently underway at the Middle School. Pillo polo, a type of floor hockey, is played after school in the gym. Competition is among the sixth-grade home-rooms. This winter sport is very popular with the students.



HAVING A "SWEET" TIME: James Clark first-graders didn't need much encouragement to participate in the project "Lollipop Lick 100" to determine how many licks it takes to reach the Tootsie Roll center.

Best local news
with us — AAN!!!

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Lucky Dogs Can Thank "Link-Ages" For Their Biscuits

by Kathy Shepard
Feature Editor

Every other Tuesday during the school year, fifth- and sixth-graders continue to participate in the successful and satisfying program known as "Link-Ages." The students are transported from the Agawam Middle School to Heritage Hall South Nursing Home and Heritage Woods, where there is always "something cooking" to keep the intergenerational lines of communication open.

During their last visit, the students and residents of Heritage South made dog biscuits following a special recipe. Half of the yield was donated to the Massachusetts Society for the Prevention of Cruelty to Animals in Springfield, and the other half went to the Thomas O'Connor Shelter in Chicopee.

Link-Ages is in its second year and is one of the partnerships resulting from The Eden Alternative philosophy, which promotes activities and interactions with the community and encourages a more home-like environment in nursing homes. Pets, such as cats, dogs, fish, rabbits, and birds, are part of the family life in these nursing homes.

Also, part of a home is having children on the scene and because of the fifth- and sixth-graders' visits every other week, the project called Link-Ages came to be. Last year, after the young people visited the Heritage residents every other week, learning about World War II from them, their education culminated in a special presentation. The presentation took the form of a smashing performance at Agawam Middle School by dozens of students and Heritage Hall residents called, "Letters From The Front."

The residents are seen as "Living History," and the students learned everything about war times, from the introduction of M&M's to the public, to the rationing of tires, to the invention of G.I. Joe dolls. Songs from that period in history were complemented with actual dances, authentic to the era. Everyone was very moved by the performance.

Kim George, state representative for Massachusetts for the Eden Alternative and coordinator of Volunteer Services, told us that this year's project for Link-Ages will be for the students to interview the residents of Heritage about several decades of their lives and to choose themes and music for each decade.

There will be a musical presented in June. The date will be announced in the near future and if last year's show is any indication, everyone will want to be there for the Living History/Link-Ages show this year.



PARTICIPANTS IN THE "LINK-AGES" PROGRAM enjoyed making dog biscuits during a recent get-together. Link-Ages is now in its second year and is a worthwhile program for Agawam fifth- and sixth-graders and residents of Heritage Hall South Nursing Home and Heritage Woods. From left to right: Madeline Romano, Domenic Moccia, John LaCroix, Rose Bajurny, Lauren Bell, Lauren Bava, Kevin Osgood, and Mary Hughes. Advertiser News photo by Kathy Shepard.

Tickets Are Still Available For Disney Vacation Raffle Sponsored By Clark PTO

Don't worry if you haven't bought your raffle tickets yet! The James Clark PTO still has plenty of tickets available.

The prize, a Disney World trip with a value of \$3,000, includes round-trip airfare, accommodations, and park hopper passes. Erin World Travel of Westfield is coordinating the trip.

To encourage Clark School families to sell tickets, the PTO is offering sales incentive prizes donated by area businesses. For every five books of tickets sold, a family gets a chance to win one of many family-oriented prizes.

Additional prizes donated are: Parthenon

Restaurant gift certificate, Holyoke Mall gift certificate, Springfield Falcons voucher for four tickets (2000-2001 season), Hershey chocolates gift package, and Malone's Farm & Garden Center (gardening gift assortment).

Raffle tickets are \$1 each or a book of six tickets for \$5. Tickets will be sold from now until May 1st, and the drawing will be held on May 10th (you don't need to be present to win).

Tickets may be purchased from any James Clark School student or by calling Carla Chase, 789-3846; Ann Marie LaZazzera, 789-3141; or Cathy Blood, 786-5103.

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A Huge & Sincere Note of Gratitude...



Thank you to all the individuals, staff, and companies for all your time, energy, and money in helping us reach our goal of \$25,000 for the Children's Miracle Network.

Not only did we reach our goal this year but we exceeded it by 11,000 bringing

*total this year to over **\$36,000** and growing!*

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Lyn Silverstein Photography
Mark Oil
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Mike Finnie
Mike Mason Massage
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Agawam Schools' Weekly Lunch Menu

Monday, April 3rd: Cheese-topped pizza wedge, tossed garden salad with spinach greens and dressing, chilled pears in syrup, milk.

Tuesday, April 4th: Hamburg in roll, oven potato rounds, catsup, seasoned green beans, chocolate pudding with topping or fruit cup, milk.

Wednesday, April 5th: Meatballs with brown gravy, whipped potatoes, niblet corn, wheat bread and butter, fresh Mac apple or Jello with topping, milk.

Thursday, April 6th: Oven-baked turkey nuggets, steamed rice, bread and butter, seasoned mixed vegetables, fruit cup or chocolate brownie, milk.

Friday, April 7th: Grilled cheese sandwich, pickle chips, oven potato wedges, chilled pineapple tidbits or ice cream cup, milk.

Agawam High School Guidance Bulletin

COLLEGE ACCEPTANCES: Congratulations! **Rebekah Battige:** Springfield Technical Community College.

Amanda Cunningham: Briarwood College.

Sheri Benton: Westfield State College.

Shawn Gloster: University of Massachusetts.

Dave Moore: Springfield College.

Megan Hoppe: Holyoke Community College, Springfield Technical Community College.

Jim Borowiec: Worcester Polytechnic Institute.

Irina Skovorodina: Elms College.

Pam Gervais: University of Vermont.

Jane Santucci: New York Film Academy.

Kristen Lawson: Westfield State College.

Tiffany Scaife: Bentley College.

Jason Rosenberg: University of Hartford, Westfield State College, Framingham State College, Fitchburg State College.

SCHOLARSHIPS: See your counselor for more information or an application.

Humane Society of the United States Shaw-Worth Memorial Scholarship: Each year, this scholarship is awarded to a New England high school senior who has made a meaningful contribution to animal protection over a significant period of time. Deadline: April 20, 2000.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays.

'Millennium Celebration' At Middle School



THE AGAWAM MIDDLE SCHOOL recently held a "Millennium Celebration," with the fifth-grade activities taking place on March 17th and the sixth-grade events on March 24th. About 470 students attended, and they were chaperoned by the PTO and their parents or guardians. Tom Melbourne Productions provided a D.J. for the students' dancing and listening pleasure. Ongoing games of volleyball and basketball were enjoyed, and the homerooms provided the decorations (the students made paper chains and wrote their thoughts/wishes on them). There was also a contest of the "best millennium theme" poster; homeroom 201 won for the fifth grade, and homeroom 206 won for the sixth grade.



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Session II

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Session III

July 17 - July 21

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Happy 30th Birthday, Uncle Mike



Kate, Pat, Sean, & JoJo



JUSTINA JUZBA (far right) of James Clark Elementary School is all smiles while having lunch with her mom, Diane, and younger brothers, Brandon and Cody. Sponsored by the school's Student Council, the Parent/Student Luncheon is an annual event that is looked forward to by the youngsters and adults alike.



MIKE LYONS (right) enjoys the French bread pizza during the sixth Annual Parent/Student Luncheon at James Clark Elementary School. However, his daughter, Crystal, decided to "brown bag" her lunch.

Sixth Annual Parent/Student Luncheon At James Clark School

James Clark School was the place to be for lunch on Tuesday, March 21st and Thursday, March 23rd. The sixth Annual Parent/Student Luncheon, sponsored by the Student Council, is a favorite of parents and students alike.

Tuesday, the first- and second-graders, along with the all-day kindergarten, invited their parents to join them for a lunch of chicken nuggets and lots of smiles. Thursday, the parents with third- and fourth-graders dined on French bread pepperoni pizza. After eating, parents could join outside recess or visit the book fair in the Media Center.

The Parent/Student Luncheon was a great success, and HUGE thanks go out to Miss Penny, Miss Jan, Miss Debbie, Miss Tina, and Mr. Rick for doing double-duty of coordinating four lunch times instead of the usual two.

On Saturday, April 1st...

AHS Band And Colorguard To Hold Indoor Show At AHS

The Agawam High School Band and Colorguard will once again hold a Colorguard and Indoor Percussion Show.

This year, the show will feature 15 colorguards and six indoor percussion groups. Schools from as far away in Massachusetts as Dartmouth, Milbury, Rocky Hill, and Billerica, as well as schools from Norwich, Cheshire, and Southington, Connecticut, will be represented.

Our closer neighbors of Northampton, Greenfield, South Hadley, and West Springfield will also be bringing their indoor colorguards to compete.

Students in the indoor guard and percussion groups rehearse two nights a week in addition to their regular band activities. The Agawam Indoor Guard has had two first-place and one third-place in Class A ranking this year at other shows. Our Indoor Percussion has brought home silver and gold medals for its performance this year.

The show starts at 5:00 p.m. this Saturday night, April 1st, at the Agawam High School gymnasium. The cost is \$5 for adults, and \$3 for students at the door.

See you there!

* * *

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice.



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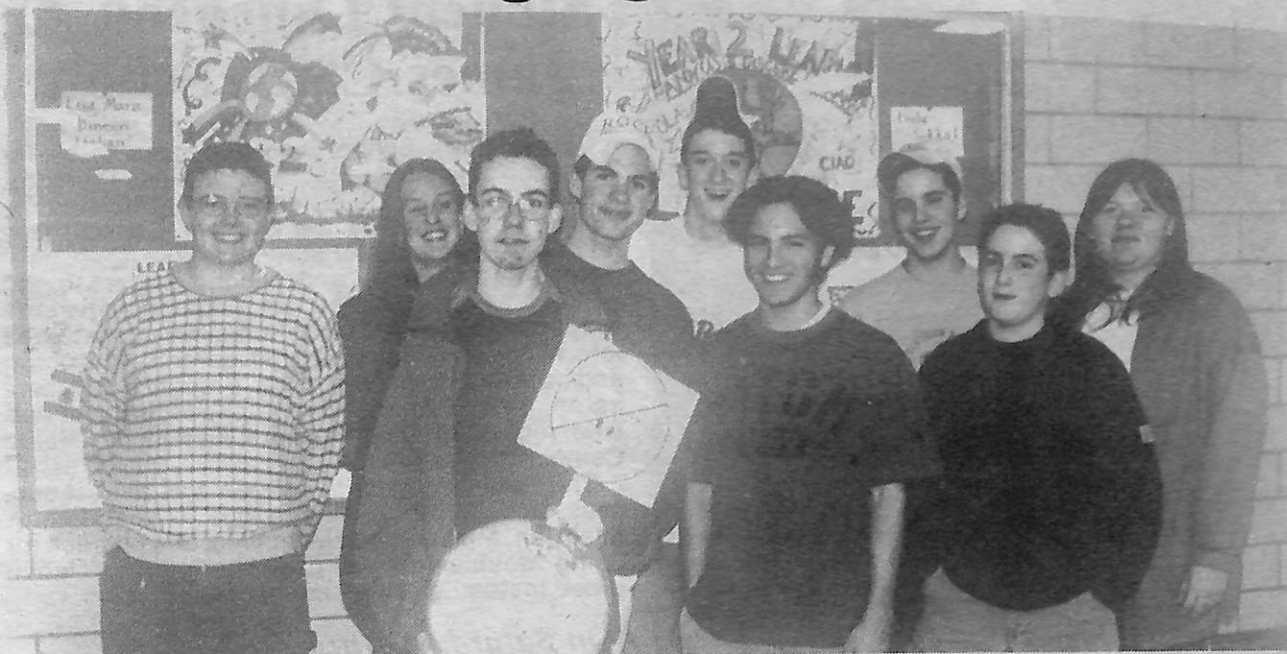
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Happy 18th Birthday, Ken

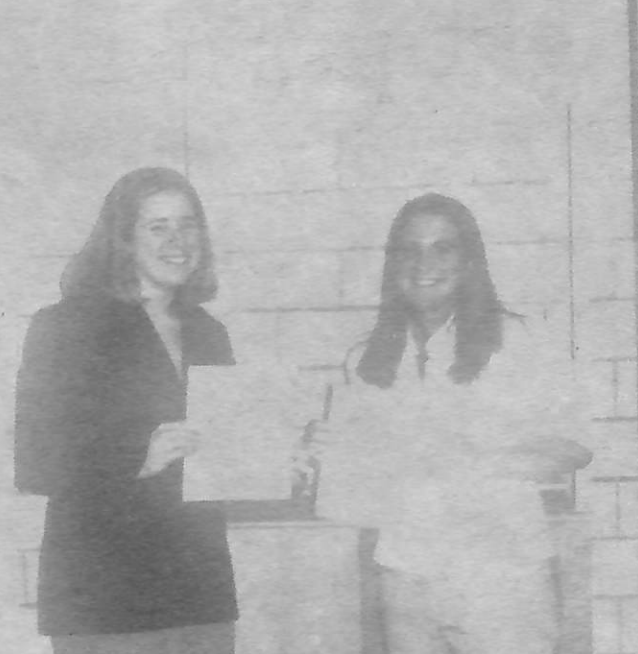


Love,
Mom, Dad, Amy & Mike

"World Language Week" At Agawam High School...



"WORLD LANGUAGE WEEK" was held at Agawam High School from March 6th through March 9th. A variety of activities culminated with an assembly and the awarding of prizes for various contests. Back row: Dan Drewniak, Jessica Martel, Michael DeFilippi, Juan Valdez, Mike Federico, and Crystal McNamee. Front row: Robert Torte (holding globe), Erick Serna, and Alonzo Mourning. Advertiser News photo by Kathy Shepard.



HOLDING THEIR "Most Improved" diplomas during "World Language Week" banquet: Lauren Kida (Spanish 4) and Jen Pietroniro (Spanish 3). Advertiser News photo by Kathy Shepard.



STANDING IN FRONT OF one of the displays for "World Language Week" at AHS: Tara Witte, Brittany Theriaque, Ashley Marek, Carey Federico, Kaitlin O'Brien, Scott Harris, Danielle Welner, Lex Chretien, Nicole Dominick, and Jenine Davignon. Advertiser News photo by Kathy Shepard.

Spring Vacation Program For Students At Storowton

Children age seven through 12 can step into the 19th century and learn more about Early American Village life during Storowton Village Museum's spring vacation program, titled "A Day Away in the Past."

The program will be offered twice; April 19th or 20th from 10:00 a.m.-3:00 p.m.

Children spending a day away in the past will dress in period costumes provided by the Village and try their hands at crafts such as candle dipping, tinsmithing, and quillpen writing. They will also participate in old-fashioned games on the Village green and experience the uniqueness of a working blacksmith shop where they can apprentice from a master craftsman at the forge.

The cost for the one-day program is \$25 and space is limited. To register or find out more about this unique historic program, call the Storowton Village Museum office at 413-787-0136.

Open House At Bay Path College On Saturday, April 1st

On Saturday, April 1st, from 10:00 a.m.-2:00 p.m., Bay Path College will hold an open house for prospective students and their families. Visitors will have campus tours, attend mini-classes with faculty and an informal college student panel, meet with financial aid representatives, and enjoy lunch.

Founded in 1897, Bay Path College is a small, private four-year women's college with a diverse student body from throughout the U.S. and around the globe.

Offering distinctive baccalaureate and associate degree programs that prepare women for professional roles in a contemporary society, Bay Path focuses on the development of leadership, communication, and technological skills.

For more information about the open house, please call the Admissions Office at 413-565-1331 or toll free, 800-782-7284, or visit the college's web site at www.baypath.edu.



"WHERE'S YOUR PASSPORT???" AHS foreign language faculty members at the "World Language Week" banquet: Melanie Poudrier, Judi Lech, Nancy Raufeisen Miller, Linda Sasso, Vladimiro Orefice, Christine Hatzipetro, Nancy Kundl, and Mary Ellen Bruce. Advertiser News photo by Kathy Shepard.

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RECEIVING THEIR "TIGER PAWS" and orange and white beads: Stephen Laflamme, Michael Perrot, Jacob Baskins (hidden behind Michael), and Brian Benson. These youngsters are looking forward to the Pack meetings.



HAVING FUN WITH "MAGIC DIPPING": Stephen Laflamme, Brian Benson, and Jacob Baskins. The design on each candle was unique, and the boys wanted to keep on dipping.



PINEWOOD DERBY WINNERS: first place, Jeffrey Simpson (first-year Webelo); second place, Jacob Baskins (Tiger Cub); and third place, Zachary Smith (second-year Webelo). The three of them will be going to the District Pinewood Derby in April.



THE TIGER CUBS recently took a trip to the fire station on Main Street, Agawam. Back row: Stephen Laflamme, Michael Perrot, and Brian Benson. Front row: Daniel Rivera and Jacob Baskins.

William D. Robinson Inducted Into AIC's Alpha Sigma Lambda

The American International College chapter of Alpha Sigma Lambda, the national honor society for continuing education students, held its annual candlelight induction ceremony Tuesday, March 14th. Eleven students were inducted into the honor society, including Agawam resident William D. Robinson, management and technology major.

Alpha Sigma Lambda recognizes the special achievements of adults who accomplish excellence while facing commitments of work and home.

"Adult students are unique; they face different challenges and they bring a wealth of experience to the classroom," said Elizabeth Ayres, dean of the school of continuing education and graduate studies.

The requirements for induction into the Alpha Sigma Lambda are: inductees must be within 18 credits of graduating with their first baccalaureate degree; a minimum of 30 credits must have been earned at AIC, half of which must be in courses outside of the major; at least 15 credits must have been earned in one academic year at some point in the inductees' studies; inductees must have attended AIC for at least four semesters part-time or two semesters full-time; and inductees must have a minimum cumulative grade point average of 3.2.

— ADVERTISER NEWS —

Happy 6th Birthday, Janelle Nicole



Love,
Mommy & Daddy



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From The AHS Guidance Office...

by Judy Cohen
Agawam High School
Guidance Counselor

Who Will Take Care Of The Caretaker???

I saw Karen in the hallway. There she was, deep in conversation with her arm around Ginny, who was clearly upset. Karen was doing her usual thing - reaching out to someone, listening to her and helping smooth her ruffled feathers.

A few days passed. Again, I saw Karen. She was collecting information for someone. Again, she was in the helping mode and she was helping with a smile on her face and a sprightliness to her step.

Later, Karen came into my office. We talked a little about her home life. I ascertained that she is the oldest of four. Mom is a single mom and Karen often takes care of her younger brothers and sisters. Because she is the oldest, she is often called upon to do household duties and work outside of the home. Not a complainer, Karen has accepted these roles. At times, when Mom has come home upset with work and life in general, it is Karen to whom she turns.

In school, Karen is very involved and does everything to perfection. Lauded by her peers and teachers, Karen seemingly has it all, or does she?

In psychobabble, Karen is the hero of the family, the "do-gooder," the achiever, the person to whom family and friends turn when there's a favor to ask or a problem to share. Yet, let's really take a good look at our hero.

During the day, Karen develops headaches. From time to time, her stomach becomes upset. Looking at her hands, one can see that her cuticles are ragged. Does she pick at them? If Karen does not receive an A, she is in to see the teacher to see how to improve. She dwells on her low grade and really pushes to do better. When one really looks at all of this, it is apparent that Karen is a caretaker who needs some caretaking herself.

It's hard to always be so perfect; it's hard to always be there for others; it's hard to always give and not receive. Yet, one may ask, why does she not complain? Well, verbally she's not complaining, but her body certainly is feeling the affects of her constant need to be so perfect.

Karen, like so many other heroes, is so intent on being so perfect that she never has time to take a breath and figure out if she is having fun yet. Being perfect has become her identity, so to keep herself intact as Karen, she must continue to excel.

What will happen? One day, she may just get really depressed, tired, and burned out. Physical ailments may become worse. Many heroes become anorexic; they can't control getting perfect grades all the time, but they can control what they eat.

And always being in control is key to the "hero." Hopefully, when she will hurt enough, she will recognize that hurt and seek help. Or, maybe a friend, sibling, or parent will recognize her physical signs for what they are...manifestations of stress...and someone will reach out to be her caretaker.

Someone will give her license to make a mistake, to not be so hard on herself, to receive as well as to give. Someone will realize that he/she has to take care of the caretaker.

PTO Meeting At Clark School On Tuesday, April 4th

James Clark will be holding their April PTO meeting on Tuesday, April 4th. The PTO business meeting will run from 6:00-7:00 p.m.

From 7:00-8:30 p.m., Dr. Rob Robinson has been invited to speak on parenting. He will discuss parenting from 7:00-8:00 p.m. with a question/answer period from 8:00-8:30 p.m., followed by refreshments.

Parents of James Clark students along with the three other elementary schools are invited to join us Tuesday evening (adults only, please).

All students have received information sheets to bring home. Please fill out and return the information sheet to your school so the PTO may estimate attendance.

For more information, call Cathy at 786-5103.

*Best local news with us,
each and every week...*

* * *

Sponsored By AHS Guidance Dept....

Annual Junior Night For Parents & Students On Wed., April 5th

The Agawam High School Guidance Department's Annual Junior Night for parents and students will be held on Wednesday, April 5th.

This night is a valuable resource for students and families as they prepare for senior year and the college application hassles.

This year, there will be representatives from STCC, UMass Amherst, Roger Williams University, the U.S. Army, and the Princeton Review. Topics will range from the 2-Plus-2 Program in community college to the military alternative to financing a college education.

If you have not experienced the paperwork, essays, and deadlines of senior year, then you owe it to yourself to be present in the auditorium on April 5th, beginning at 7:00 p.m.

Seniors need all the help they can get during this year and this presentation will enable you to be a significant participant in your son's/daughter's graduation year.

Agawam Garden Club Has Scholarship For Agawam High Seniors

The Agawam Garden Club is offering a scholarship for any senior attending Agawam High School and who is planning on majoring in one of the following: agronomy, biology (non-medical), botany, city planning, conservation, earth science, environmental control/science, floriculture, forestry, horticulture, land management, landscape design, plant pathology, or other related areas.

Deadline is April 15th. For application and/or further information, please call Ann at 786-6835 or Barbara at 562-1507.

At The Agawam Middle School...

Jr. Women's Club To Hold Annual Spelling Bee On March 31st

The Agawam Junior Women's Club is sponsoring the annual town Spelling Bee on Friday evening, March 31st, at 7:00 p.m. at the Agawam Middle School. The contest is open to the fourth, fifth, and sixth grades.

Competing in the Spelling Bee will be a representative from each homeroom class in each grade. The public is invited to attend the Spelling Bee.

Serving as the "Pronouncer" once again will be Paul Sutton, former meteorologist at News 40. The judges will be Judy Clini (Agawam Library Reference Librarian), School Committee member Sue Pettazzoni, and Mayor Richard Cohen.

Awards will be presented to all participants, and prizes will be given to the first- and second-place winners at each grade level.

The Spelling Bee will be televised on Cable Access Channel 15 on Wednesday, April 5th, at 7:00 p.m.

The Agawam Junior Women's Club is a member of the General Federation of Women's Clubs, Junior Membership.

April 12th Sign-Ups For Fall 2000 Youth Football Season

Sign-ups for the fall 2000 Agawam Youth Football season will be on Thursday, April 12th from 6:00-8:00 p.m. at the Agawam Middle School.

The registration fee is \$75. You must be between the ages of eight and 14.

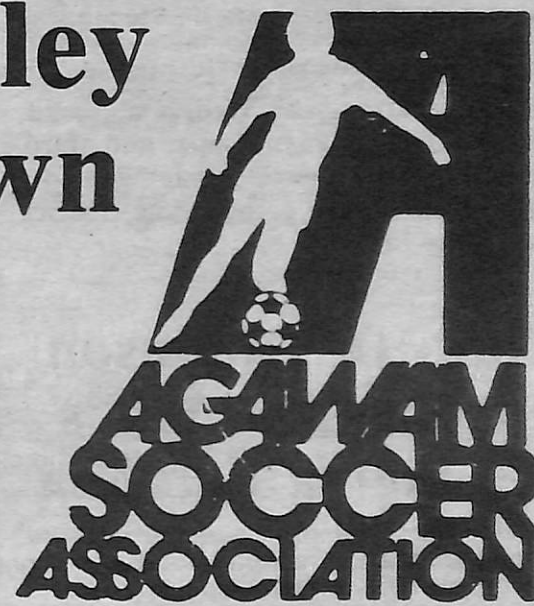
New players should bring a copy of their birth certificate.

Anyone interested in coaching should contact either Coach Parker at 786-6604 or Greg Barrows at 821-8984.

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Fall Soccer Sign-Ups



*** Saturday, April 1st
10:00 A.M. To 2:00 P.M.
At The Agawam Middle School**

*** Saturday, May 6th
10:00 A.M. To 2:00 P.M.
At The Captain Leonard House**

Meet Michael Ponti...

A Talk With The New Director Of Special Services

by Kathy Shepard
Feature Editor

New Agawam Director of Special Services Michael Ponti grew up in Adams up in the Berkshires and was a 1976 graduate of the University of Massachusetts with a bachelor of arts in psychology. After doing some social work and tackling various other jobs in Adams, Ponti then moved to Wyoming, where he remained from 1977 through 1982.

Ponti worked first in oil fields as a "roughneck" (on an oil rig). He then worked for Sinclair Oil Refinery. While in Wyoming, he and his wife brought two sons into their world, Jason (1977) and John (1980).

In 1982, the Ponti family returned to this area, settling in Hatfield, where Ponti went to graduate school at the University of Massachusetts, earning a master's in education and a CAGS (Certificate of Advanced Graduate Study) as a school psychologist.

Ponti has worked as school psychologist for the Gill-Montague Regional School District, which included three schools. From August 1996 through February 1997, he was appointed the interim Special Education director, returning to the school psychologist position through June 1997.

In October 1997, another position opened up as director of Pupil Services for Mohawk Trail Regional School, which Ponti accepted. He remained there in that capacity until January 2000, when he came to Agawam as director of Special Services.

"I am committed to including students with special needs in the regular education classes in a meaningful manner, in a collaborative style, working with other teachers and administrators. The needs of a school and of a district should be kept in sight, so I look for ways to balance the needs of the individual student and the resources available.

"The ideal would be to get a match between the needs of the student with services he or she requires. I feel we are a community of learners and that regular education and Special Education can and should work together. Administrators', staff, and parents' views should be included in decisions," noted Ponti.

A Commitment To Educate All Students

Ponti believes there is a commitment in this community towards educating all students. "This is what has drawn me here and caused me to be willing to switch mid-year. Despite all the change, I felt welcomed right away," he said.

Ponti's interests include many outdoor sports, such as golf and skiing. He is certified by Professional Ski Instructors of America as an instructor and has taught mostly at Berkshire East and for some periods at Brodie Mountain and at Mount Snow. He also coached The Development Team at Berkshire East.

His all-time favorite film is "Being There," the Peter Sellers classic. Ponti also rates "The Usual Suspects," "McCabe and Mrs. Miller," and almost anything by Woodie Allen as good entertainment.

Robert Ludlum is one of his favorite authors, and he likes many other mystery or suspense novels. He enjoyed "Dune" and its sequel and some other science fiction works, and he mentioned "The Foundation" series as among fiction he enjoys.

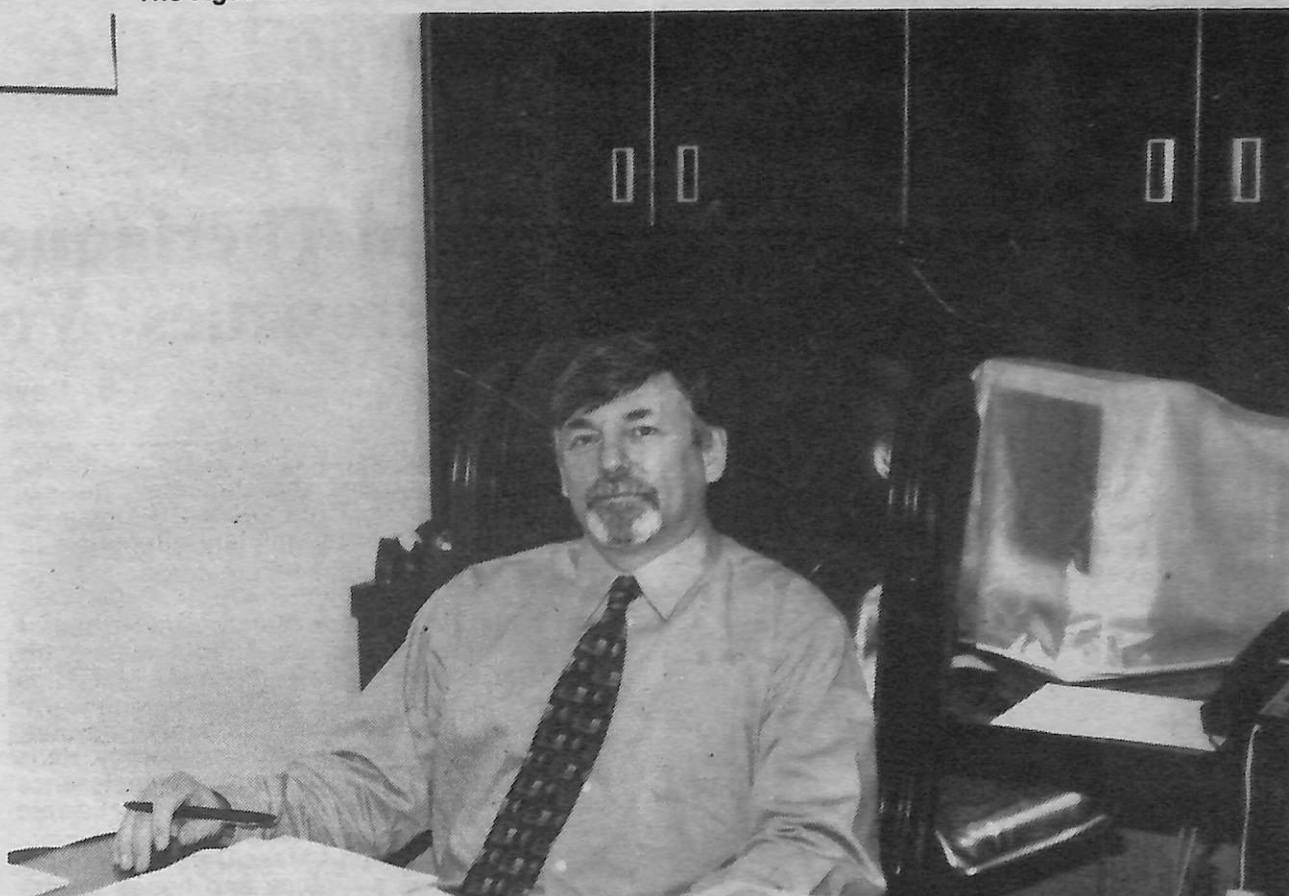
For non-fiction, Ponti reads a lot in the field of psychology, including various counseling theory and what causes certain behaviors. A few examples he gave were Rogers, Jung, and Freud. "My interests are not so much psychoanalytical as how to break the cycle of causation."

His appreciation for music includes groups like Crosby, Stills, Nash and Young, The Who, The Band, Jefferson Airplane, The Boston Pops, and especially Pink Floyd. He goes to shows at Tanglewood whenever there is an opportunity. Of late, Ponti has been enjoying old English music, with mandolins and fiddles, such as ballads. Some classical music appeals to him, like Vivaldi's "The Four Seasons."

Specializing in psychology has not stopped Michael Ponti from having a variety of interests and tastes. He seems to know his own likes and dislikes and is easy to talk to. There is a good chance this director of Special Services will relate well with students and adults alike.

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you for your cooperation in this matter...

* * *



MICHAEL PONTI (above), Agawam's new Director of Special Services, believes there is a commitment in this community towards educating all students. Upon assuming his new duties, "I felt welcomed right away," he stated. Advertiser News photo by Kathy Shepard.

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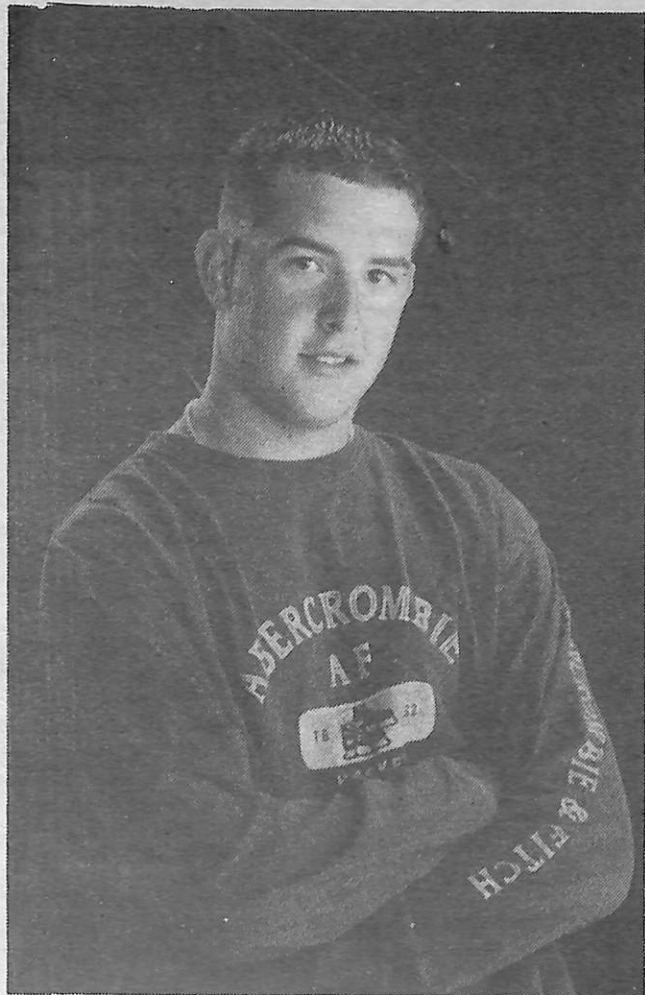
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Tim, 786-2084; Kathy, 789-0812; Or Rosemary Sandlin, 786-3256



Sports



DEREK MERCADANTE

Profile...

Derek Mercadante Looking Forward To 2000 Baseball

by Dave Rollins
Sports Editor

The Agawam High boys' baseball team will be looking to defend their Division I Western Mass. title in the spring of 2000.

One player who should help them realize another dream season could very well be Derek Mercadante. Recently, the senior took some time out to talk about his days as a three-sport standout at AHS.

Derek turned 18 on September 24th. He stands 5'11" and weighs 165 pounds.

He has spent all four years of his secondary education at the High School. Currently, he is taking math, sociology, social studies, entrepreneurship, and English. Entrepreneurship is his favorite course. Dean Vecchiarelli (physics) is his top teacher.

He is thinking of attending Metro College in Connecticut, where he hopes to major in sports management and maybe play baseball.

Derek played soccer (goalie), hockey (goalie), and now baseball (third base). Baseball is his favorite sport. His most memorable moment was beating Pittsfield last spring for the Western Mass. Division I baseball championship.

He sees the upcoming baseball season as another chance at glory. "I think we can go even further this time around," he said, alluding to the Brownies' loss to St. John's of Shrewsbury in the state quarterfinals, after beating Pittsfield in a thriller at Wahconah Park in downtown Pittsfield.

Chinese and Italian food please his palate.

Blue is his favorite hue.

His top ride would be a 2000 Maxima.

Atlanta Braves pitcher Tom Glavine is his favorite athlete.

He likes to kick back and relax in his cellar. "It's all finished up and really nice. I usually watch sporting events on TV down there," he said.

He likes casual clothes - jeans, cargo shorts and the like, which are purchased at American Eagle and Abercrombie and Fitch.

Rap tops his list of tunes. Eminem is his favorite rapper.

"Whose Line Is It, Anyway?" is his offering on the tube. "Friday - The Comedy" is his favorite flick.

Carol is his mom. Dean is his dad. He has two brothers, Sean (16) and Tommy (13).

He looks up to his dad, a 1974 AHS graduate.

SEE MERCADANTE - Page 37...

Profile...

Brad Theriaque To Co-Captain The Brownies' Volleyball Campaign

by Dave Rollins
Sports Editor

Brad Theriaque was one of the reasons the fledgling Agawam High Brownie boys' volleyball team won the Southern Division and grabbed the third playoff seed with a 15-3 record last spring. Brad took some time out from pre-season preparation to talk about his days at AHS.

The senior turned 18 on March 16th. He stands 6'3" and weighs 167 pounds. All four years of his secondary education have been at the High School.

Currently, he is taking calculus, physics, English, entrepreneurship, and psychology. He is a member of the honor roll and the Renaissance Club. Psychology is his favorite course. Edward Merrill (psychology) is his top teacher.

Brad plans to attend UMass/Dartmouth in the fall. He'll major in sociology and hopes to play volleyball there.

Soccer and volleyball (where Brad is co-captain) are his two sports. They both get top billing. His most memorable sports moment was last season in volleyball when the first-year program, under the leadership of veteran Coach Pat Demers, won their division and went two rounds into the playoffs (losing to eventual Western Mass. champion Minnechaug), ending up with a 16-4 record.

"We lost two setters to graduation and they'll have to be replaced. We have 22 players out for the team. Hopefully, the new kids will have enough skills to help us out. I think we can go even further than we did last season," Brad said when assessing the team's chances.

Prime rib tops the table for him.

Blue is Brad's favorite color.

According to the senior, any kind of Lexus would be his car of choice.

Ken Griffey, Jr. of the Cincinnati Reds is his top jock.

When he kicks back it is with his friends.

He prefers preppy clothes and gets them mostly at American Eagle.

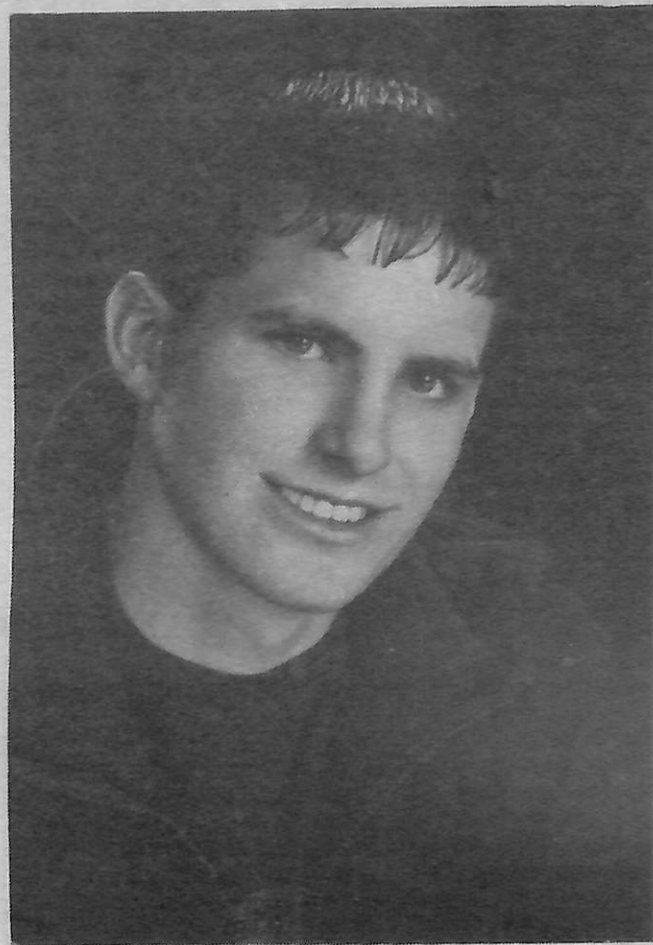
He likes all kinds of music. Creed (alternative rock, according to Brad) is his favorite group.

"Monday Night Raw" is tops on the tube for him.

"American History - X" is his choice on the big screen.

Brenda, a top female jock at AHS and a member of the class of 1974, is his mom. Bruce is his dad. He has a sister, Brittanay, who is in the ninth grade at AHS.

He looks up to his grandfather, Jack Devine, the



BRAD THERIAQUE

former outstanding photographer for *The AAN*, who retired last August after over 30 years with the paper.

Brad would like to be remembered as a good guy, not a troublemaker, who was never in a bad mood.

Demers had this to say about Brad: "He is a well-rounded kid. He is very dedicated and enthusiastic. He listens and is always willing to learn. He was new to volleyball last year and has come a long way."

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CONGRATULATIONS TO Sean Devall, who finished in 13th place in the A Division, and Brandon Donovan, who finished in 14th place in the A Division for skiing. Both young men were seeded for Western Mass. Individuals with paper bibs, and they went on to compete at the State level. This was a great season for both of these young men.

MERCADANTE - from Page 36...

who he says is always there for him. "He coached me in baseball and hockey before I got to high school and taught me a lot," Derek observed.

"I want to be remembered as a good person and a good athlete when my time at Agawam is over," he noted.

Varsity baseball Coach Pete Clark had this to say of the senior. "Derek is perhaps the most versatile player we have. He's comfortable at every field position and can also pitch if need be. He's a very good hitter and we'll look to him for a bunch of RBI's this year."

Derek is coming back from surgery for an arm injury he suffered last year during the baseball season. It cost him lots of playing time in both soccer and hockey in his senior year. He says it's fine and he's ready to go from the hot corner.

AHS Football Team Informed Of Schedule For 2000 Campaign

by Dave Rollins
Sports Editor

Don't look now, but the September-November 2000 Agawam High football schedule is out. That's right, the boys of spring, at least around here, haven't yet taken to the diamond in earnest yet and thoughts of fall are on the far horizon.

The gridiron Brownies, 6-4 a year ago, will find some tough cuts of meat on their plate when the leaves start to change. It will be an 11-game schedule and without a doubt, a bit more challenging than 1999.

Included will be three division title-holders and two Super Bowl champions, along with the usual suspects, some of which Agawam handily handled last season and others who handled the Brownies.

"Yeah, with the new realignment, we are going to have one great game after another," Agawam varsity football Coach Tad Desautels smiled. "We're going to have to show up with our 'A' game every time out."

Home-Opener September 8th

It reads like this. Their opener is at home on Friday, September 8th against visiting Chicopee Comp. The game wasn't on their original 2000 slate. "I had it added," the coach said.

There was a good reason for this, and not because it will give him a second chance to coach against his dad, Comp head man Wally Desautels.

"Our next game after that is against Central and we'll need some good competition under our belts before we meet them," Desautels said of the

powerful Golden Eagles, who beat the Brownies last season, 54-8.

That game will be Friday, September 15th at Harmon Smith Field. On Friday, September 22nd, we will see them up at Northampton. They'll host Division II contender Amherst Regional the following Friday, September 29th. The Hurricanes were the Suburban League champions last year and the Division II Super Bowl title-holders to boot, finishing with a record of 10-2.

Holyoke will be next, on the road on October 6th, followed by visiting Westfield on another Friday evening, October 13th. A big test will come Friday, October 20th when AA champion Cathedral comes calling. Then it's Chicopee High away on October 27th.

They have a date on November 3rd against another formidable opponent, Division IA Super Bowl champion and twice Division II top dog, Longmeadow High. The Lancers beat the Brownies last year, 49-22, on their way to that Super Bowl title and an 8-3 season.

Agawam will host Minnechaug on Friday, November 10th, and finish up on Thanksgiving Day, November 23rd at West Springfield, who fell, 27-6, to Agawam last year on Turkey Day.

Northampton and Amherst have been added to the schedule. Greenfield and South Hadley, who they beat 26-0 and 28-0, respectively, were dropped.

Moore Couldn't Make The Nationals

by Dave Rollins
Sports Editor

Dave Moore, Agawam High's outstanding senior wrestler, didn't attend the National Scholastic Wrestling Championships held last weekend in Pittsburgh. There was concern that he would be unable to go because of a possible conflict with lacrosse, which was in pre-season drills.

However, there turned out to be no conflict. Moore, a dedicated four-year veteran for the Brownies, just couldn't make the weight for the 119's.

It's no wonder. There was a two-week lag between Moore's last competition - the New England's and the National's. It's pretty tough to keep your weight down for such a stretch. While two weeks might not seem long to us, it's a lifetime when you've been struggling to meet a

certain weight limit for the four straight months of the wrestling season.

Moore should be very proud of his 1999 performance as well as his career with Agawam wrestling. This year, his record was 32-5. "I told him I'd never coached a wrestler who won 32 matches," Coach Kirk Parker, who has had over 20 years' experience in the sport, said.

Moore was also the Western Mass. champion in the 119's. It was his third straight Western Mass. title in three different weight classes. This year, he was also the state champion and the All-State runner-up in the 119's.

Moore will now concentrate on lacrosse, where he was the team's leading scorer last season with 34 goals and five assists.

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In Tri-Parish Bowling News...

Round 4 Heats Up As 2nd-Place Holy Cross Closes In On ND

Halfway through the fourth round of the Tri-Parish Bowling League, Notre Dame had its lead cut to one point by virtue of a three-point loss to Fordham on Monday, March 20th.

The first two games were close; F'ham took the first by three pins, and ND won the second by two pins. Then F'ham came on strong in the third game, winning by 44 (which game them total pinfall and the third point).

"Jolly" Olly Muldrew was able to best anchor bowler Flo "Rocky" Rochford by just a few (331 to 323) to help with the total pinfall.

Holy Cross took all the points in its match with St. Louis to bring them to second place (only one point out of first). Caroline "Peppy" CoelIn rolled a nice 304 to help her comeback, and Ron "The Don" Menard bested opposing anchor Glen "Not Sam" Adams, 368-339. "The Don" had three good strings of 114, 120, and 134.

The first string of this match was interesting. Both teams tied at scratch, but HC got one extra pin in handicap to get the point. After that effort, it was all downhill for St. L.

Catholic University won over Georgetown, 3-1. Bowling well for CU, Frank "Buck" Cerpovicz rolled a steady 100, 107, and 104 for a 311 total.

Sub anchor Lance "Lightning" Poirier rolled a big string of 150 and a 367 series for G'town. But it wasn't good enough because Kathy "Big Cat" Burlingham ran off a 345 series of her own for CU, which allowed them to win total pinfall by 22 and the third point.

In the last match, Boston College finally won a point in this round and now proudly stands at 1-15 (needless to say, they are still in last place). St. Mary was the charitable team that allowed this by letting down their guard in the third string (they did, however, win the rest of the points).

For BC, Betsy "Loaded" Cannon unloaded a 132 single and a 336 series. For St. M, Don "Reb" Stitt ran off a 327 series to help returning anchor Rich "Golden" Snyder, who had a 322 series of his own.

STANDINGS AS OF MONDAY, MARCH 20TH:

Notre Dame	12-4
Holy Cross	11-5
Catholic Univ. (Round Winner)	10½-5½
St. Mary (Round Winner)	10-6
Georgetown	7-9
St. Louis	7-9
Fordham (Round Winner)	5½-10½
Boston College	1-15

"Tri-Parish Bowling News" is a regular feature of The Agawam Advertiser News.

* * *



TIM BLACK (second from left), General Manager for Six Flags over New England, accepts the Agawam Soccer Association plaque from Mayor Richard Cohen (center). Looking on are (from left to right) Steven Rollins, Director of the Six Flags Soccer Classic; Jacques Wood, President of the Agawam Soccer Association; and Dean Brust, Director of the In-Town Boys' Soccer program. Advertiser News photo by Kathy Shepard.

Agawam Soccer Association Presents Six Flags With Plaque Of Appreciation

The Agawam Soccer Association has presented Six Flags over New England (formerly known as Riverside Park) with a plaque of appreciation. The award is in recognition for the tremendous amount of support Six Flags had shown in last year's Labor Day Classic.

The Soccer Classic, which has been running for over 15 years during the Labor Day weekend, is one of Agawam's largest functions with over 100 teams and approximately 3,000 to 4,000 players,

families, and friends from around New England here for the event every year.

Six Flags is a major sponsor of the event, which not only helps in keeping the escalating costs of fees for children to play soccer in the program at a minimum, but also creates a venue for teams from all over New England to meet, exchange ideas, and participate in an exciting and competitive environment.

Tryouts & Registration Scheduled For Agawam Youth Cheerleaders' 2000 Season

The Agawam Youth Cheerleaders will hold tryouts and registration for the 2000 cheerleading season at the Agawam Middle School on the following days:

Monday, April 3rd: 5:00-7:00 p.m.; Tuesday, April 4th: 5:00-7:00 p.m.; Wednesday, April 5th: 5:00-7:00 p.m.; and Thursday, April 6th: (tryouts), 5:00-7:00 p.m. (juniors), 7:00-9:00 p.m. (seniors).

A \$1 fee will be charged to cover tryout expenses. Please bring a blank tape (labeled with girl's name) on Monday, April 3rd if you would like a copy of the dance music.

All children who are entering grades five and six in September 2000 are eligible for the Junior

Squad. All children who are entering grades seven and eight in September 2000 are eligible for the Senior Squad.

Pee Wees (grades three and four in Sept. 2000) will be held Monday, April 24th, 5:00-7:00 p.m.; Tuesday, April 25th, 5:00-7:00 p.m.; Wednesday, April 26th (tryouts), 5:00-7:00 p.m. at Robinson Park School.

Please note that a parent must be present at registration, as a child cannot participate without the required consent forms, signed by a parent or legal guardian.

For more information, please call Sue Svadeba at 786-2592 or Irene Lemieux at 789-3071.



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Narrow Margins Decide In-Town Basketball Playoffs

On Saturday, March 25th, the Agawam Parks & Recreation In-Town Basketball program finalized its season for the third- and fourth-grade boys and girls and the fifth- and sixth-grade boys and girls. Margins of five points or less decided all four final playoff games.

The Junior High School gym was full of excitement as the third- and fourth-grade boys squared off in the playoffs. The boys' blue team, coached by Dave D'Amours, was victorious over the yellow team, coached by Joe Polaski, with a 15-11 final score.

The third- and fourth-grade girls' game had an even smaller margin of 11-9. Lynn Geiger's purple team topped the gold team, led by Coach Jerry Sibilia.

The Middle School hosted the fifth- and sixth-grade playoffs. In the first game, the girls' gray team, coached by Dan Beaudette, won 28-24 over the red team, coached by Mike Lyman. The second game showed fierce competition, as Brian Greaney's gold boys battled to a 31-26 victory over the gray team, coached by Ralph Dominick.

Saturday was also the semi-finals for the seventh- and eighth-graders at the High School. The girls' team, coached by Glen Smith and Ron Hamel, earned the right to play in the finals on Sunday, March 26th, by beating the teams coached by Stephen Rollins and Jim Mokrzycki. The boys' teams, led by Brad Prouty and Scott Skolnick, advanced by winning games over Dave Simpson and Ed Simone.

Sunday's finals closed the season for the In-Town program. The 1:00 game gave Glen Smith's blue team the champion title by defeating Ron Hamel's red team, 29-14. The boys' 3:00 game finished with a score of 38-33 after a very close game in which the lead changed hands many times.

The blue team, coached by Scott Skolnick's assistant, Bill Pass, came away with a victory over the red team, coached by Brad Prouty.

Check our classified ads in each edition ... AAN!!!

* * *



Outdoors New England

by Kent Servis
Outdoor Writer

According To The Calendar, Spring Is Here!!!

Well, it finally happened! The calendar has confirmed that spring has finally arrived. This year's lack of heavy snowfall means that the annual spring run-off and flooding of streams and rivers will be fairly insignificant.

Trout have been stocked by the Division in most Valley ponds and streams. Connecticut anglers will have to wait until the 15th of April for the opening of their fishing season. Many lakes and ponds are open for bass and other species, but the regs vary in Connecticut according to the body of water. Check the rules to be sure.

Striper fishermen will be looking at a slot limit this year in Connecticut. Recreational anglers will be able to keep one fish between 24 and 30 inches, plus one fish over 40 inches.

The new size limit on fluke is 15½ inches, with a limit of eight fish per day. The season on fluke begins on May 10th and runs until October 2nd.

MAWAGA CLUB LUNKER DERBY SET FOR SUNDAY, APRIL 9TH

The Mawaga Sporting Club will hold its annual Lunker Derby on Sunday, April 9th, at the club pond. Hundreds of dollars in prize money and prizes will await the many winners. This is always

Mawaga Club's Year 2000 Lunker Derby Has Been Scheduled For Sunday, April 9th

The Mawaga Club will be holding its year 2000 Lunker Derby on Sunday, April 9th, at the club grounds on Adams Street, Agawam.

A \$15 donation includes fishing from 9:00 a.m. to 1:00 p.m., as well as free lunch for ticketholders.

Record cash prizes for the largest trout will be

a fun event for the whole family, and the food is always great!

For more information, call 789-3359.

FISH REPORTS SALT WATER

Offshore cod trips are taking larger fish and in somewhat greater numbers. Trips to Cashes Ledge and offshore wrecks are producing for party boat fishermen when the weather permits the boats to go out.

Flounder action should start to pick up in the coming weeks. Be sure to check the regulations of the state whose waters you will be fishing in! There may be some changes on size and bag limits.

Schoolie stripers are showing up at the mouth of the Connecticut River and upstream as well. Flat-head bucktail jigs dressed with a pork rind trailer, fished around rock piles, are taking some decent numbers of school-sized stripers, with an occasional larger fish mixed in.

The Thames River continues to produce schoolies, and reports have it that some of the flyrodders are having a ball.

FRESHWATER REPORT

Valley waters are continuing to give up some nice bass. Slow-moving jerk baits seemed to be the ticket to a couple of "wall hangers" that were rumored to have come out of South Pond at Congamond Lakes.

White perch are still in the coves and backwaters of the Connecticut River, from the mouth to Hamburg Cove upstream. The bait and wait crowd seems to be doing all right on grass shrimp, and anglers tossing jigs seem to be doing equally well. White and chartreuse seem to be the preferred colors in small twister tail grubs.

Trout fishing will continue to produce some nice fish. Early morning and evening trolling is paying off. Power Bait and worms are the two hot baits for shore-bound anglers.

available: \$200 for first, \$100 for second, \$50 for third, and \$25 for fourth. What's more, there will be a gigantic raffle and door prizes.

Prior to the fishing, a continental breakfast will take place from 7:00 to 9:00 a.m.

For further information, call 789-3359.

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Daggett's Men Compete At States

The 18 young men of the Tim Daggett Gold Medal Gymnastics Team recently competed for State Championship titles at the Sterling Gymnastics Academy in Sterling. All competitive skill levels, 1 through 6, included athletes from the Agawam gym.

Saturday was devoted to the Class 6, who are the more numerous and younger boys. Sunday's session had the higher skill levels squaring off. Classes were further broken down into age groups.

In Class 1, Patrick McFarlin of Longmeadow led the team, capturing a first on Pommel Horse with a 9.50, three seconds on Floor Exercise, Parallel Bars, and Vault, and two thirds on High Bar and Still Rings. In the All-Around, Patrick's 53.05 total earned a second-place finish.

Teammate Jamey Houle, also of Longmeadow, led on the High Bar with a 9.65, and Still Rings with an 8.4. He followed closely on Parallel Bars, and finished third in the All-Around with a 50.75 total.

Zac Rimler of Rockville, Connecticut, had his best placement on Rings in fifth, but scored better in both Vault and High Bar with an 8.95 and an 8.0, both earning sixths. Dan Messier of Feeding Hills also scored well on Vault and Parallel Bars.

Two athletes, Alan Parsons of Suffield, CT, and R.J. Heflin of Norfolk, competed in Class 2. Heflin took first on Vault with a 9.0, second on Pommel Horse, and two thirds on Parallel Bars and High Bar. Parsons brought home two seconds, on Floor Exercise and Still Rings, and a third on Pommel Horse. In the All-Around, Heflin earned second place while Parsons took third.

Class 3 had competitors in two age groups. In the 14-15 year-old, Drew Ignoto of Southwick placed second on Still Rings, third on Pommel Horse, fourth on Floor, and fifth on Vault (not consecutively). Alex Smith of Suffield took a sixth on Pommel Horse and scored an 8.1 on Vault.

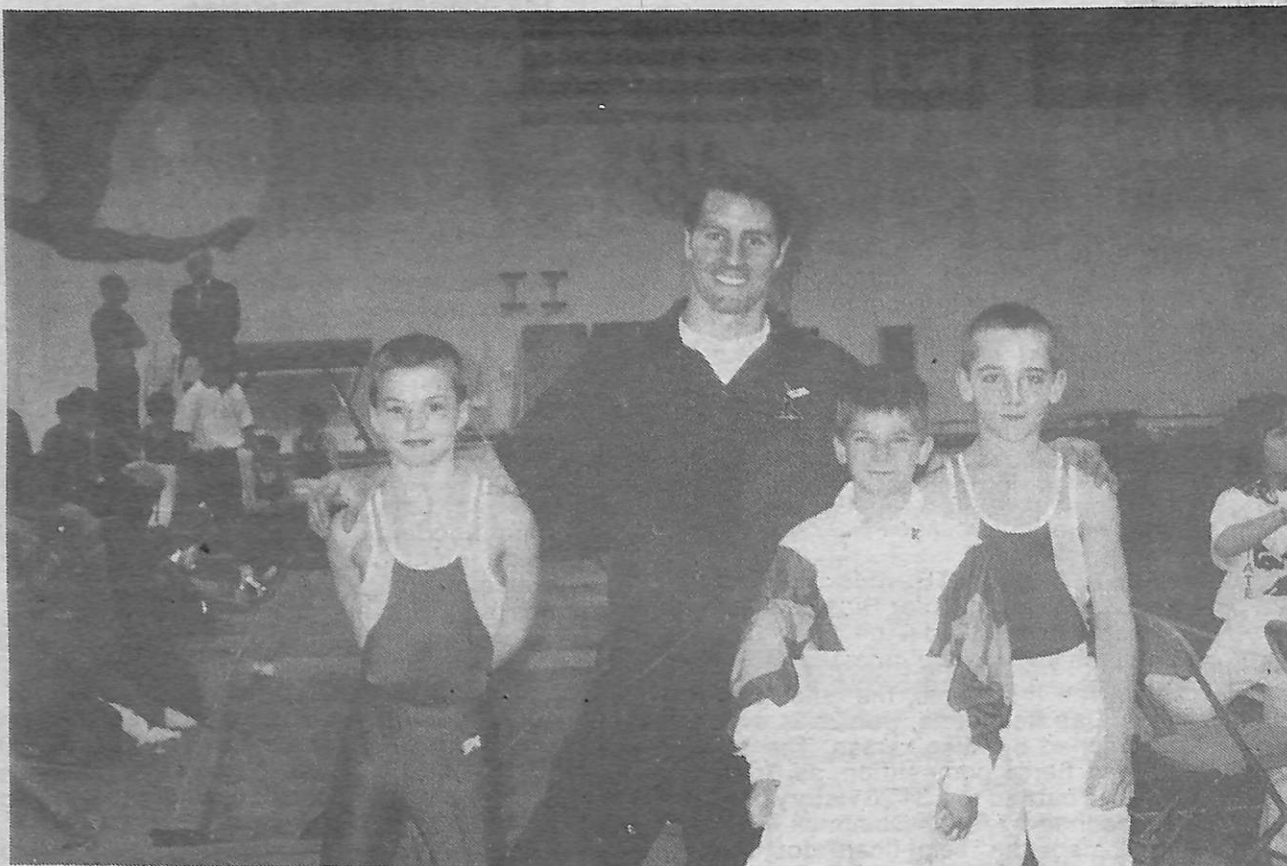
In the 12-13 year-old age group, Mike Marino of Ellington, CT, won the Still Rings event and took fifth on High Bar and All-Around. Dan Liebowitz of Avon, CT, also did well on Rings to capture fourth place, while Mark Parzych of Springfield scored an 8.75 for third on Vault and an 8.7 for fifth on Floor.

Darren Parzych, the younger brother of Mark, competed later in Class 4, earning a first place on High Bar, second on Floor, and fourth places on Pommel Horse, Rings, and Vault, and in the All-Around.

In Class 5, Eric Parsons, brother of Alan, had a great meet with four second placements in Floor, Rings, Parallel Bars, High Bar, and a high score in Vault, which combined for a 48.3 All-Around third place.

In Class 6, ages 10-11, Kyle Levreault of Southwick scored an outstanding 52.0 in the All-Around, helped by scores in the eights and nines in all events and placing best in Rings, third, Parallel Bars, fourth, and Floor Exercise, fourth.

In the 7-9 group, Steven Lucia of Agawam scored well on Vault, earning a 9.2, and consistently well in other events for a 44.7 in All-Around. Kevin Dwyer of West Springfield scored high numbers on Rings, 8.0, and Vault, 8.8, and earned a combined All-Around score of 44.0.



TODD HENRY, a coach for Tim Daggett Gold Medal Gymnastics in Agawam, with three of his Level 6 competitors at the men's State Championships in Sterling (from left to right): Steve Lucia of Agawam, Kevin Dwyer of West Springfield, and Kyle Levreault of Southwick.

Lauren Powell Of Daggett's Takes Women's Gymnastics States

Lauren Powell of Feeding Hills, representing Tim Daggett Gold Medal Gymnastics of Agawam, took first place in the recent Women's Level 10 State Gymnastics Championship. She was one of 35 gymnasts from 20 Massachusetts gymnastics schools competing in the highest skill level of USA Gymnastics Junior Olympic Program.

The meet took place at the Blake Arena at Springfield College and included the Level 9 State Championships as well. Lauren excelled in the Uneven Bar competition, scoring 9.45 for a first, on Floor Exercise with a 9.40 for third, and 9.25 on Beam for fourth. In All-Around scoring, she led the pack with a 37.0 total.

Leah Boccaccio of Enfield, CT, another Daggett's athlete, also scored well, taking sixth on the beam with an 8.65. Her All-Around totaled 34.25, over the required 34.0 to enable her to move onto the upcoming New England-New York Regional Championships.

Daggett's had four athletes competing in the Level 9 session. Jen Stack of Enfield and Brionne Lancour of Agawam earned the right to go to Regionals as well. Jen had her best scores on Floor and Vault with an 8.95 and 8.65, respectively. Brionne scored a 9.15 on Floor Exercise, which helped her 34.45 in the All-Around.

The other Daggett's athletes also did well on Vault. Andrea Babbin of Agawam took a first with an 8.825, while Kerri Sullivan took second with an 8.60.

In a separate event, five of Daggett's Level 5 Team girls competed in a Sectional Meet, which is a qualifier for their States.

In the 11-12 year-old group, Diana Forbes of Agawam scored an 8.90 on Vault, earning a third place, and 8.35 on Floor for a second. Rachel Foltz of East Longmeadow scored an 8.70 on Bars for a fourth place. Both qualified to move on.

In the 9-10 year-old group, Andrea Ouellette of Longmeadow scored well on Vault with an 8.65 for second place. Brittany Laflamme of Feeding Hills also had a strong Vault with an 8.60. Natalie Saimeri of East Longmeadow had strong, consistent scores, with her best achievement on Floor Exercise.

— ADVERTISER NEWS —

Agawam Housing Authority Executive Director

Agawam Housing Authority seeks an experienced housing professional for the Executive Director position.

Responsibilities & Duties:

- Oversee and implement policies and procedures directed by the Authority's Board of Commissioners.
- Management of 191 units of 667 elderly, 44 units of 200 Veterans. And 7 units of 705 family units; general admission of the Authority's fiscal responsibilities; supervision of personnel, maintenance of buildings; administration of all subsidy programs, compliance with all State regulations and laws, and other duties as assigned by the Board of Commissioners.

Applicants must have:

- At least 5 years experience in public housing (or related field), with progressive responsible management, administrative and supervisory duties of 3 or more employees. Bachelor's degree in public/business administration, social sciences or related field preferred. Experience in public or private housing management, public administration, including community affairs may be substituted. Public Housing Manager Certification (PHM) or ability to obtain within one year.
- Computer skills necessary, Corel Word Perfect a plus.

Successful candidate must pass a physical, and is subject to CORI by the Criminal Records Agency.

Salary in the mid \$30,000's subject to EOCD approval, benefit package.

Send cover letter, resume and references to:

Executive Director Search Committee, Agawam Housing Authority, 66 Meadowbrook Manor, Agawam, MA 01001-3128.

Application deadline:

- 4 P.M. Wednesday, April 5, 2000.
- NO FAX'S WILL BE ACCEPTED.

Agawam Housing Authority is an Equal Opportunity Affirmative Action Employer.

Coaches Baseball Camp At Sacred Heart

The Coaches Baseball Camp will be conducting a mini-camp at Sacred Heart Church during the April vacation.

The dates are Monday, April 17th through Wednesday, April 19th from 9:00 a.m. to 12:00

noon and the cost is \$45.

Registration is at the field the morning of April 19th. Participation ages include eight through 14.

For more information, contact Brian Rheault at 789-4792 or Lou Conte at 786-7729.

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Spring Calendar From Agawam Parks & Rec.

APRIL VACATION WEEK ACTIVITIES

*** TUESDAY & WEDNESDAY, APRIL 18TH & 19TH:** Open Swim, Agawam Junior High School, 12:30 to 2:30 p.m.; Open Gym, Agawam Junior High School, 12:30 to 2:30 p.m.

Open Swim and Open Gym at the Agawam Junior High School are free to all Agawam residents during the vacation week. Children under the age of 12 must be accompanied by an adult.

*** TUESDAY, APRIL 18TH: Kids Club/Ice Cream Party.** Grades 1-6, Agawam Junior High, 9:00 a.m. to 3:00 p.m. Cost: \$10 per child (limit 45).

Drop-off and pick-up is in the cafeteria. Please wear gym clothes and bring a bathing suit and towel. Please bring a lunch; snack will be provided.

*** WEDNESDAY, APRIL 19TH: Kids Club/Pizza Party.** Grades 1-6, Agawam Junior High, 9:00 a.m. to 3:00 p.m. Cost: \$10 per child (limit 45).

Drop-off and pick-up is in the cafeteria. Please wear gym clothes and bring a bathing suit and towel. Lunch and snack will be provided.

*** THURSDAY, APRIL 20TH: Kids Club/Movies.** Grades 1-6, Agawam Junior High, 9:00 a.m. to 2:45 p.m. Cost: \$10 per child (limit 45).

Pick-up children at Agawam Family Cinemas at 2:45 p.m. Please bring a lunch.

*** FRIDAY, APRIL 21ST: Boston Children's Museum Trip.** Cost: \$25 per person (limit 25). 9:00 a.m., bus departs from High School parking lot; 11:00 a.m. to 2:00 p.m., visit Children's Museum; 1:30 p.m., lunch; 2:00 p.m., board bus; 3:30 p.m., return to High School parking lot for pick-up. Please bring a lunch and a snack.

Registration for the Kids Clubs and Boston Trip will begin on Tuesday, April 4th, at 6:00 p.m. at the Agawam Junior High School, and will continue at the Recreation Office through Friday, April 14th. All registrations must be done in person.

Come and join us for a week full of exciting activities. Call the Recreation Office at 821-0513 for more information on these or any other programs.

SPRING/SUMMER 2000 SUMMER CAMPS

SESSIONS AND REGISTRATION: The following information applies to all camps. Session I: June 26th to July 7th (no camp on July 4th); Session II: July 10th to July 21st; Session III: July 24th to August 4th; Session IV: August 7th to August 18th.

The camps will meet rain or shine unless there is a severe weather situation. If camp needs to be cancelled, it will be announced on the Recreation Department recording at 821-0514.

Registration: Begins **Wednesday, April 26th, 6:00 to 8:30 p.m.**, Agawam Junior High School Cafeteria.

Limit: Agawam residents may register for a maximum of two sessions between April 25th and May 5th. Beginning Monday, May 8th, residents may register for any additional sessions. Non-residents may begin registering on Monday, May 22nd.

PRE-SCHOOL CAMP: Held at Perry Lane from 9:00 a.m. to 12:00 noon, Monday through Friday, and is for children ages four (by January 1, 2000) and five years-old.

Limit: 20 campers per session. Cost: \$70 per session.

PERRY LANE DAY CAMP: Held at Perry Lane from 9:00 a.m. to 3:30 p.m., Monday through Friday, and is for children ages six (by January 1, 2000, or must have completed kindergarten) through 11 years-old. Campers will be divided into age-appropriate groups.

Limit: 120 campers per session. Cost: \$115 per session.

TEEN CAMP: Held at Perry Lane from 9:00 a.m. to 3:30 p.m., Monday through Friday, and is for

children ages 11 (by January 1, 2000) through 15 years-old.

Limit: 30 campers per session. Cost: \$115 per session.

SUMMER SOCCER CAMP: The Agawam Parks & Recreation Department, in cooperation with the Golden Goal Soccer Camps, is offering this week-long soccer camp for soccer enthusiasts ages six to 14th.

For ages six through nine: July 10th to July 14th, 8:30 to 11:00 a.m., Phelps Athletic Field. Cost: \$70 prior to May 1st, \$80 after May 1st.

For ages 10 through 14: July 10th to July 14th, 8:30 a.m. to 12:30 p.m., Phelps Athletic Field. Cost: \$95 prior to May 1st, \$105 after May 1st.

Registration is now taking place at the Agawam Recreation Office (located in the rear of the Agawam High School). Maximum enrollment is 80 on a first come, first serve basis. A \$10 discount will also be given for siblings.

Participants must bring: a soccer ball, shin guards, a nutritional snack, and an attitude that is willing to learn and have fun. Water will be supplied, but non-carbonated beverages can be brought if desired.

YOUTH PROGRAMS

SWIMMING LESSONS: Youth Swimming Lessons will be offered this spring at the Agawam Junior High School. These lessons are one day a week and will last for seven weeks, beginning the week of April 24th and ending the week of June 5th.

Mondays or Wednesdays: 4:00 p.m. (ages 3-5) and 5:00 p.m. (ages 6 and older); Saturdays: 9:00 a.m. (ages 3-5) and 10:00 a.m. (ages 6 and older).

Cost: \$15 per person. Limit: 21 for 3-5 year-old classes; 26 participants for 6 and older classes.

Registration: Begins Tuesday, April 4th, 6:00 to 8:30 p.m. at the Agawam Junior High. Registration is limited and will be taken on a first come, first serve basis.

PUBLIC SWIM: The Agawam Junior High School Pool will be open for public swim on Friday evenings from 6:30 to 8:30 p.m. Children under the age of 12 must be accompanied by an adult. Flotation devices are not permitted. Disposable diapers are not permitted in the pool at any time. A cloth diaper with rubber pants or "swimmies" diapers are recommended.

Cost: \$2 age 6 and older; \$1 age 5 and younger.

YOUTH LACROSSE: The Youth Lacrosse Program is entering its third year of play. Boys and girls in grades 5-8 are welcome. Practice began on March 27th for the boys, and will begin on April 4th for the girls. Call the Recreation Office for more information.

Cost: \$50 per person. Registration: In the Recreation Office.

PERRY LANE NURSERY SCHOOL: The Town of Agawam runs a Nursery School for children ages 3-5 at Perry Lane.

Registration/enrollment for the 2000-2001 school year has begun and will continue at the Recreation Office until enrollment is full. Children must be three years-old by September 30, 2000 to be eligible for enrollment at Perry Lane.

Call the Recreation Department for more information.

PIRANHAS SWIM TEAM: The summer swim team begins on May 1st and runs through the end of July. This program is for children age five (by October 1, 1999) through age 18. Practices are held at the Junior High School pool and at Perry Lane pool once school is dismissed for the summer.

Days: Monday through Thursday. Cost: \$60 per person. Registration: Begins Tuesday, April 4th, 6:00 to 8:30 p.m., at the Agawam Junior High School Cafeteria.

TRACK PROGRAM: This six-week program is open to children in grades 1-8. Participants will

learn the fundamentals of track and field.

Days: Sundays, starting April 30th. Times: Grades 1-4, 1:00 to 3:00 p.m.; Grades 5-8, 3:00 to 5:00 p.m. Cost: \$25 per person. Registration: Begins Tuesday, April 4th, 6:00 to 8:30 p.m., at the Agawam Junior High School Cafeteria.

SUMMER STRENGTH & CONDITIONING: We will be offering a Summer Strength and Conditioning Program in July and August for all students entering grade nine through graduating seniors. Participants will get guided instruction in cardiovascular and weight training. Call the Recreation Office after May 30th for more information.

TENNIS LESSONS: The Parks & Recreation Department will offer tennis lessons again this summer. Watch the Community Channel and *The Agawam Advertiser News* for more details, or call the Recreation Office after May 30th for more details.

ADULT PROGRAMS

WOMEN'S VOLLEYBALL: For women age 18 and over. Mondays, 7:00 to 9:00 p.m., Agawam Junior High School. Cost \$3 per night.

MEN'S & CO-ED VOLLEYBALL: For men and women age 18 and over. Tuesdays, 7:00 to 9:00 p.m., Agawam High School. Cost: \$3 per night.

The drop-in fees for the volleyball programs are payable to the site supervisor each visit. The Agawam High School Sports Schedule takes precedent over drop-in volleyball; please check with the site supervisor or call the Recreation Office to see when the program is cancelled.

WALKING GROUP: Beginning Monday, April 24th, the High School track will be open for walking and jogging, Monday through Friday (weather permitting), from 6:30 to 8:30 p.m. There is no cost to join this group; however, the bleachers and the "playing field" will be closed, and people will not be permitted in these areas during this time.

BOSTON RED SOX TRIP: On Tuesday, August 15th, the Parks & Recreation Department and the Agawam Senior Center are sponsoring a trip to see the Red Sox play the Devil Rays. Bus will leave the Senior Center at 4:00 p.m. Cost: \$40 per person.

GENERAL INFORMATION: The Agawam Parks & Recreation Office is located in the rear of Agawam High School. Christopher Sparks, Director of Parks & Recreation, (413) 821-0514; Jennifer Kerr, Administrative Assistant, (413) 821-0513. Address: 760 Cooper Street, Agawam, MA 01001. Fax: (413) 789-2610.

REFUNDS: If a class is cancelled by the Recreation Department, a full refund or credit will be given. A \$15 fee will be charged for all refunds due to participant cancellation. There are NO MAKE-UPS FOR MISSED CLASSES.

BOUNCED CHECK FEES: The Town of Agawam will impose a \$25 fee on checks returned due to insufficient funds.

REGISTRATION: Registration must be done in person. No phone registrations will be accepted. Enrollment for all programs is limited on a first come, first serve basis. Registration with payment for all courses is required; make checks payable to "Town of Agawam." A parent's or legal guardian's signature is required for all youth programs.

INCLEMENT WEATHER POLICY: In the case of severe weather conditions, the Recreation Department will list all cancellations on the Recreation Department answering machine. Please call the Recreation Office at 821-0514.

INSURANCE: The Town of Agawam does not carry insurance to cover hospitalization or medical costs for anyone injured in or watching any of our Parks & Recreation programs. Program participants must sign a grant of permission and release waiver to participate in Recreation Department-sponsored activities.

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Agawam High School's Spring Athletic Schedule

Freshman Boys' Baseball

Coach: Kevin Daley

4/10: Home, Minnechaug.
4/12: Away, Chicopee, 3:30 (Szot).
4/14: Away, South Hadley, 4:00.
4/17: Home, Westfield, 1:00.
4/19: Away, West Springfield, 1:00.
4/21: Away, Longmeadow, 1:00.
4/27: Home, East Longmeadow.
5/1: Away, Ludlow.
5/3: Home, Amherst, 4:00.
5/8: Away, Chicopee Comp. (Dulchinos).
5/10: Away, Cathedral.
5/12: Home, Holyoke.
5/15: Home, Central.
5/19: Home, Chicopee Comp.
5/22: Home, Cathedral.
5/24: Away, Holyoke (McKenzie).
5/26: Away, Central.

Boys' Baseball

Varsity Coach: Peter Clark

JV Coach: Chris Chechile

4/7: Home, Southwick.
4/10: Away, Minnechaug, 3:45.
4/12: Home, Chicopee.
4/14: Home, South Hadley.
4/17: Away, Westfield, 1:00.
4/19: Home, West Springfield, 1:00.
4/21: Home, Longmeadow, 1:00.
4/24: Home, Northampton.
4/26: Away, Pittsfield, 4:00.
4/27: Away, East Longmeadow.
5/1: Home, Ludlow.
5/3: Away, Amherst.
5/8: Home, Chicopee Comp.
5/10: Home, Cathedral.
5/12: Away, Holyoke, 5:30/7:00 (Crozier/McKenzie).
5/15: Away, Central.
5/19: Away, Chicopee Comp. (V/Duchinos; JV/Ash).
5/22: Away, Cathedral.
5/24: Home, Holyoke.
5/26: Home, Central.

Boys' Lacrosse

Coach: Nick St. George

JV Coach: Matt Desautels

Varsity Games At Stadium

JV Games At Jr. High

Time: 3:30

4/1: Home, Jamboree, 10:00 a.m. (Cheshire, Souhegan, St. Joe, Amherst Jr. High).
4/4: Away, Malden Catholic, 4:00.
4/7: Away, Northampton, JFK Middle (JV at Longmeadow, 4:00).
4/11: Away, East Longmeadow.
4/14: Away, Amherst, 4:00.
4/17: Home, Brattleboro, 11:00 a.m.
4/18: Home, Rockville, 4:30.
4/20: Away, West Springfield, 11:00 a.m.
4/28: Home, Minnechaug, 4:00.
5/2: Away, Longmeadow, 4:00.
5/5: Home, East Longmeadow.
5/9: Home, West Springfield.
5/12: Home, Westfield.
5/16: Home, Northampton (varsity only).
5/19: Home, Hoosatic, 5:30.
5/23: Home, South Hadley, 4:00.
5/26: Home, Amherst, 4:00.
6/1: Away, Minnechaug, 4:00.

PLEASE PICK UP YOUR "OLD" PHOTOS:
If you've brought photos to our office for wedding announcements, scouting events, athletic teams, etc., we encourage you to pick them up during the month of April. As of April 30th, we will be disposing of all unclaimed photographs.

* * *

Girls' Lacrosse

Coach: Cindy Grieve

Asst. Coach: Armando Ramos

Time: 3:30

4/4: Home, Amherst, 4:00.
4/6: Away, Westfield.
4/11: Home, Minnechaug.
4/14: Home, Northampton.
4/20: Home, South Hadley, 10:00 a.m.
4/25: Home, Longmeadow.
4/28: Away, East Longmeadow.
5/2: Away, West Springfield.
5/5: Away, Amherst.
5/10: Home, Westfield.
5/11: Away, Minnechaug.
5/16: Away, Northampton (Jackson St. School).
5/20: Away, Martha's Vineyard.
5/21: Away, Sandwich.
5/23: Away, South Hadley, 4:00.
5/26: Away, Longmeadow.
5/30: Home, East Longmeadow.
6/1: Home, West Springfield.

Freshman Softball

Coach: Al O'Quinn

Time: 3:30

4/7: Away, Central (Blunt Park).
4/10: Away, South Hadley, 4:00.
4/14: Home, Central, 4:00.
4/17: Home, Ludlow, 1:00.
4/19: Home, Holyoke, 1:00.
4/24: Away, Holyoke (Crozier).
4/28: Away, East Longmeadow.
5/5: Home, Westfield.
5/10: Home, Amherst, 4:00.
5/12: Home, East Longmeadow.
5/15: Away, West Springfield.
5/17: Away, Westfield.
5/22: Away, Amherst.
5/26: Home, West Springfield.

Softball

Coach: Debbie Lickley

JV Coach: Lynda Kunasek

Time: 3:30

4/3: Away, Longmeadow.
4/5: Home, Chicopee.
4/7: Home, Central.
4/10: Home, South Hadley, 4:00.
4/13: Home, Chicopee Comp.
4/17: Away, Ludlow, 1:00 (JV - Vet/V-Whitney).
4/21: Away, Northampton, 11:00 a.m.
2/24: Home, Holyoke.
4/28: Home, Minnechaug.
5/3: Away, Cathedral.
5/5: Away, Westfield.
5/8: Home, Cathedral.
5/10: Away, Amherst, 5:30/7:00.
5/12: Away, East Longmeadow.
5/15: Home, West Springfield.
5/17: Home, Westfield.
5/22: Home, Amherst, 4:00.
5/26: Away, West Springfield.

Boys' Tennis

Varsity Coach: Bill Spear

Time: 3:30

4/6: Away, East Longmeadow.
4/10: Home, Cathedral.
4/18: Home, South Hadley, 4:00.
4/20: Away, Ludlow, 10:00 a.m.
4/26: Home, Chicopee Comp.
4/28: Home, Chicopee.
5/1: Away, Central.
5/3: Away, Westfield.
5/5: Away, Chicopee Comp. (HS).
5/8: Away, Chicopee.
5/10: Home, Central.
5/12: Home, Westfield.
5/19: Home, Holyoke.

Girls' Tennis

Varsity Coach: Mary Wolochowicz

Time: 3:30

4/6: Home, East Longmeadow.
4/10: Away, Cathedral.
4/12: Away, Palmer.
4/14: Away, Commerce (Van Horn).
4/18: Away, South Hadley, 4:00 (Mt. Holyoke).
4/20: Home, Ludlow, 10:00 a.m.
4/24: Home, Commerce.
4/26: Away, Chicopee Comp. (HS).
4/28: Away, Chicopee (Szot).
5/1: Home, Central.
5/5: Home, Chicopee Comp.
5/8: Home, Chicopee (Szot).
5/10: Away, Central.
5/12: Away, Westfield.
5/17: Home, Palmer.
5/19: Away, Holyoke (Crozier).
5/22: Home, Westfield.

Boys' Track

Coach: Bill Dillon

Asst. Coach: Joe Bianca

Time: 3:30

4/11: Away, Holyoke (HCC).
4/13: Away, Minnechaug.
4/18: Home, West Springfield, 1:00.
4/24: Home, Westfield.
4/29: Steele Relays (TBA).
5/1: Home, Central.
5/4: Home, Cathedral.
5/8: Away, Longmeadow.
5/11: Home, Sci Tech.
5/15: Away, Chicopee Comp, 4:00.
5/20: PVIAC (TBA).
5/27: WMASS (TBA).
6/3: STATES (TBA).

Girls' Track

Coach: Dean Vecchiarelli

Asst. Coach: Dan Pryce

Time: 3:30

4/10: Home, Amherst, 4:00.
4/13: Home, Minnechaug.
4/18: Away, West Springfield, 1:00.
4/24: Away, Westfield.
4/29: Steele Relays (TBA).
5/2: Away, Central, 4:30.
5/5: Home, Cathedral.
5/9: Away, Longmeadow.
5/11: Away, Sci Tech.
5/15: Home, Northampton.
5/20: PVIAC (TBA).
5/27: WMASS (TBA).
6/3: STATES (TBA).

Boys' Volleyball

Coach: Pat Demers

JV Coach: Jennifer Ellis

Time: 3:30

3/31: Away, Pioneer Valley.
4/5: Home, Sci Tech.
4/7: Home, Belchertown.
4/10: Away, Westfield.
4/12: Home, Central.
4/14: Home, Commerce.
4/18: Home, East Longmeadow, 11:00 a.m.
4/20: Away, West Springfield.
4/26: Away, Putnam (varsity).
5/3: Away, Sci Tech.
5/5: Away, Belchertown.
5/8: Home, Westfield.
5/10: Away, Central (varsity).
5/12: Away, Commerce (varsity).
5/15: Away, East Longmeadow.
5/17: Home, West Springfield.
5/22: Home, Putnam (varsity).
5/23: Home, Pioneer Valley.

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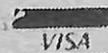


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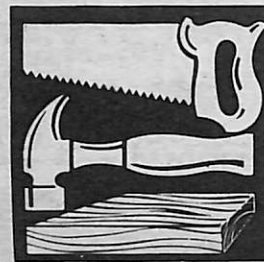


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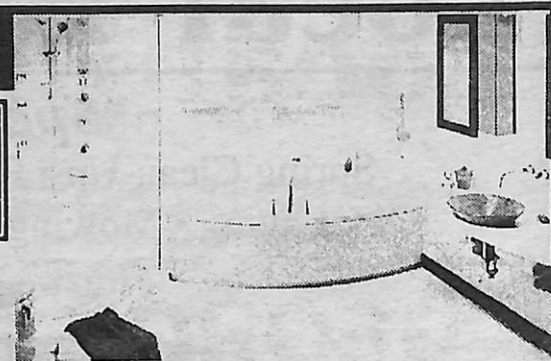
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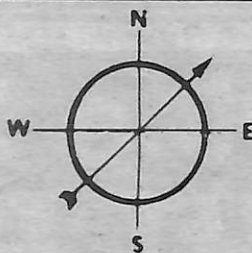
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